

The basic liquid - bosons with short ranged
repulsive interactions.

Eg: Liquid He-4.

Model by the Hamiltonian

$$H = \int d^3x \hat{\psi}^\dagger(x) \left(-\frac{\nabla^2}{2m} - \mu \right) \hat{\psi}(x) + u \hat{\psi}^\dagger(x) \hat{\psi}^\dagger(x) \hat{\psi}(x) \hat{\psi}(x)$$

1st term = kinetic energy

2nd term = chemical potential

3rd term = short ranged repulsive interaction.

First analyse in an approximate way.

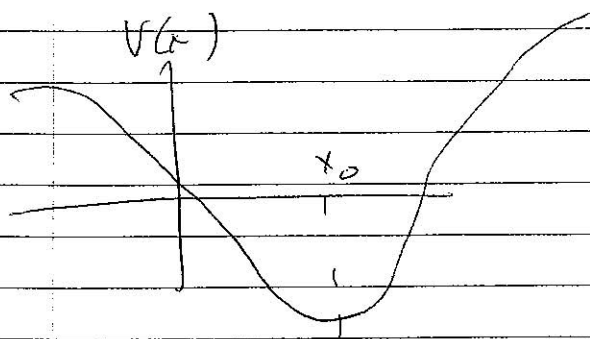
- assume that operators $\hat{\psi}$, $\hat{\psi}^\dagger$ may be simply

treated as c-numbers & minimize H to find optimal
value of ψ , ψ^\dagger .

Later one can analyse ϕ role of small quantum
fluctuations about the "classical minimum".

[Simpler example: Single pticle QM with a Hamiltonian

$$H = \frac{p^2}{2m} + V(x)$$



As an approximate solution,
first find classical minimum
 x_0 , then study QM of small
oscillations about classical minimum

- qualitatively correct picture of ground state wavefn]

$$H_{\text{classical}} = \int d^3x \quad \psi^* \left(-\nabla^2/2m - \mu \right) \psi + u |\psi|^4$$

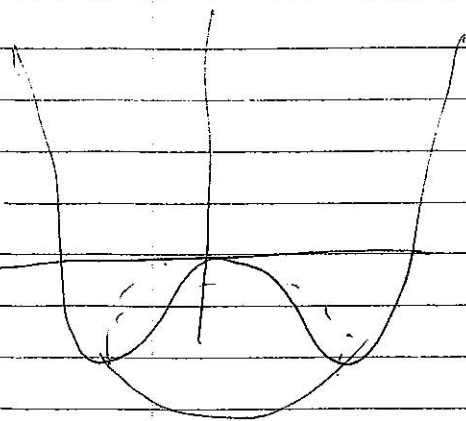
Clearly H_{cl} minimized when $\psi(x) = \psi_0$ independent of x .

$$\frac{E}{V} = -\mu |\psi_0|^2 + u |\psi_0|^4$$

→ (Mexican hat potential)

Minimized by $\psi_0 = |\psi_0| e^{i\theta}$

$$|\psi_0|^2 = \frac{+\mu}{2u}, \quad \theta \text{ arbitrary} \quad (\text{if } \mu > 0)$$



This is an example of the phenomenon of spontaneously broken symmetry. To understand it better, first understand the symmetry properties of the system.

Clearly the Hamiltonian is invariant under translation/spatial rotation, etc.

It is also invariant under $\hat{\psi}(x) \rightarrow e^{i\alpha} \hat{\psi}(x)$
 $\hat{\psi}^\dagger(x) \rightarrow e^{-i\alpha} \hat{\psi}^\dagger(x)$.

with α independent of x .

Clearly this is because all the terms in the action have equal # of $\hat{\psi}$'s and $\hat{\psi}^\dagger$'s.

(Eg: There are no terms like $\hat{\psi}^\dagger \hat{\psi}^2$, etc.)

Thus this "U(1) phase rotation" symmetry is tied to conservation of ^{total} particle #

(i.e. each term in the Hamiltonian involves no change in total particle # as it has equal # of $\hat{\psi}$'s and $\hat{\psi}^\dagger$'s).

In the classical ground state for $\mu > 0$, the system has a choice of picking any minimum at the bottom of the Mexican hat potential.

But ~~any~~ any such minimum is not invariant under $\psi \rightarrow e^{i\alpha} \psi$; rather it transforms into a different equivalent minimum \Rightarrow any choice of θ in $\psi_0 = |\psi_0| e^{i\theta}$ breaks the phase rotation symmetry.

Note that for any choice, θ is independent of x

i.e. in any one of these classical ground states,

if you know θ in one region of space, you know

θ arbitrarily far away - this is known as

"long range order" (measurements in one region of space reveal ^{some} information about what is happening even very far away)

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Small harmonic fluctuations about the classical minimum

$$\text{Write } \hat{\psi}(x) = \psi_0 + \hat{\phi}(x)$$

$$\hat{\psi}^\dagger(x) = \psi_0 + \hat{\phi}^\dagger(x)$$

(assume ψ_0 real for concreteness)

$$[\phi(x), \phi^\dagger(x')] = \delta(x-x')$$

Expand Hamiltonian to 2nd order in $\hat{\phi}$:

$$H \approx E_{cl}^{gd} + \int d^d x \hat{\phi}^\dagger(x) \left(-\frac{\nabla^2}{2m} \right) \hat{\phi}(x) - \mu \hat{\phi}^\dagger \hat{\phi} + u \left(4\psi_0^2 \hat{\phi}^\dagger \hat{\phi} + \psi_0^2 (\hat{\phi}^2 + \hat{\phi}^{\dagger 2}) \right)$$

E_{cl}^{gd} = Classical ground state energy

$$= -\mu \psi_0^2 + u \psi_0^4 = -\frac{\mu^2}{2u} + \frac{\mu^2}{4u} = -\frac{\mu^2}{4u}$$

$$\therefore H \approx -\frac{\mu^2}{4u} + \int d^d x \hat{\phi}^\dagger(x) \left(-\frac{\nabla^2}{2m} - \tilde{\mu} \right) \hat{\phi}(x) + \frac{\mu}{2} (\hat{\phi}^2 + \hat{\phi}^{\dagger 2})$$

where $\tilde{\mu} = \mu - 4u\psi_0^2$
 $= \mu - (4u) \frac{\mu}{2u} = -\mu$

$$H = \frac{-\mu^2}{4u} + \int d^d x \left[\phi^\dagger(x) \left(-\frac{\nabla^2}{2m} + \mu \right) \phi(x) + \mu/2 (\phi^2 + \phi^{\dagger 2}) \right]$$

To study go to Fourier modes

$$\phi(x) = \frac{1}{\sqrt{V}} \sum_{\mathbf{k}} e^{i\mathbf{k}\cdot\mathbf{x}} a_{\mathbf{k}}$$

$$\phi^\dagger(x) = \frac{1}{\sqrt{V}} \sum_{\mathbf{k}} e^{-i\mathbf{k}\cdot\mathbf{x}} a_{\mathbf{k}}^\dagger$$

$$[a_{\mathbf{k}}, a_{\mathbf{k}'}^\dagger] = \delta_{\mathbf{k}\mathbf{k}'}$$

$$[a_{\mathbf{k}}, a_{\mathbf{k}'}] = [a_{\mathbf{k}}^\dagger, a_{\mathbf{k}'}^\dagger] = 0$$

Then $H = \frac{-\mu^2}{4u} + \sum_{\mathbf{k}} a_{\mathbf{k}}^\dagger \left(\frac{k^2}{2m} + \mu \right) a_{\mathbf{k}} + \mu/2 (a_{\mathbf{k}} a_{-\mathbf{k}} + a_{\mathbf{k}}^\dagger a_{-\mathbf{k}}^\dagger)$

(65a)

Aside

More generally consider

$$H = \sum_k t_k a_k^\dagger a_k + \Delta_k (a_k a_{-k} + a_k^\dagger a_{-k}^\dagger)$$

In the present context

$$t_k = \epsilon_k + \mu, \quad \Delta_k = \mu/2$$

Diagonalize this by writing

$$a_k = u_k \gamma_k + v_k \gamma_{-k}^\dagger$$

$$a_k^\dagger = u_k \gamma_k^\dagger + v_k \gamma_{-k}$$

to find excitation energies.

To diagonalize this let

$$a_k = u_k r_k + v_k r_{-k}^\dagger$$

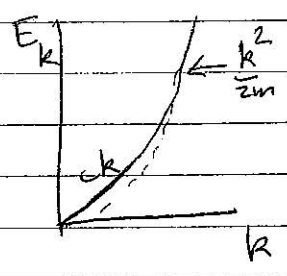
$$a_k^\dagger = u_k r_k^\dagger + v_k r_{-k} \quad \text{to express}$$

$$H = \text{const.} + \sum_k E_k r_k^\dagger r_k$$

this gives (see Prob 2 in HW 3)

$$E_k = \sqrt{\left(\frac{k^2}{2m} + \mu\right)^2 - \mu^2}$$

$$= \sqrt{\left(\frac{k^2}{2m}\right) \left(\frac{k^2}{2m} + 2\mu\right)}$$



Thus the "normal" modes of ~~the~~ small oscillation ~~are~~ about the classical ground state ~~have~~ can be labelled by momentum \vec{k} & have excitation energy $E_k =$

As $k \rightarrow 0$, $E_k \sim k \sqrt{\frac{\mu}{m}}$

i.e the dispersion is linear & gapless ($E_k \rightarrow 0$ as $k \rightarrow 0$)

Aside

(66a)

Diagonalization of "Quadratic Bogoliubov Hamiltonian".

$$H = \sum_{k \neq 0} \left[\epsilon_k a_k^\dagger a_k + \mu/2 (a_k a_{-k} + a_k^\dagger a_{-k}^\dagger) \right]$$

with $\epsilon_k = \hbar^2 k^2 / 2m + \mu$.

To diagonalize let $a_k = u_k r_k + v_k r_{-k}^\dagger$

$$a_k^\dagger = u_k r_k^\dagger + v_k r_{-k}$$

$$[a_k, a_{k'}^\dagger] = \delta_{kk'}, \quad [a_k, a_{k'}] = 0, \text{ etc}$$

Also assume $[r_k, r_{k'}] = 0 = [r_k^\dagger, r_{k'}^\dagger]$

$$[r_k, r_{k'}^\dagger] = \delta_{kk'}$$

For both sets of commutation relations to be satisfied,

~~let~~ assume r commutators & examine a -commutators.

$$[a_k, a_{k'}] = \cancel{u_k v_{k'}} [a_k^\dagger, a_{k'}^\dagger] = 0 \text{ clearly.}$$

66b

$$[a_k, a_{k'}^\dagger] = u_k^2 \delta_{kk'} - v_k^2 \delta_{kk'} = \delta_{kk'}$$

$$\Rightarrow u_k^2 - v_k^2 = 1$$

$$\text{Let } u_k \equiv \cosh \alpha_k, \quad v_k \equiv \sinh \alpha_k$$

$$H = \sum_{k \neq 0} \epsilon_k \left(u_k r_k^\dagger + v_k r_{-k} \right) \left(u_k r_k + v_k r_{-k}^\dagger \right)$$

$$+ \mu/2 \left[\left(u_k r_k + v_k r_{-k}^\dagger \right) \left(u_k r_{-k} + v_k r_k^\dagger \right) + h.c. \right]$$

$$= \sum_{k \neq 0} \epsilon_k \left[u_k^2 r_k^\dagger r_k + v_k^2 r_{-k} r_{-k}^\dagger \right]$$

$$+ \epsilon_k u_k v_k \left(r_k^\dagger r_{-k}^\dagger + r_k r_{-k} \right)$$

$$+ \mu \frac{u_k v_k}{2} \left[r_k r_k^\dagger + r_{-k}^\dagger r_{-k} + h.c. \right]$$

$$+ \mu/2 \left[u_k^2 r_k^\dagger r_{-k} + v_k^2 r_{-k}^\dagger r_k + h.c. \right]$$

Require that all $r_k r_{-k}$ terms have zero coefficient

$$\Rightarrow \epsilon_k u_k v_k + \mu \left(\frac{u_k^2 + v_k^2}{2m} \right) = 0$$

$$\Rightarrow 2\epsilon_k \cosh \alpha_k \sinh \alpha_k = -\mu (\cosh^2 \alpha_k + \sinh^2 \alpha_k)$$

$$\Rightarrow \epsilon_k \sinh 2\alpha_k = -\mu \cosh 2\alpha_k$$

$$\Rightarrow \tanh 2\alpha_k = \frac{-\mu}{\epsilon_k} = \frac{-\mu}{\frac{k^2}{2m} + \mu}$$

$$\text{Then } H = \sum_{k \neq 0} \epsilon_k \left[\frac{u_k^2}{2} r_k^+ r_k + \frac{v_k^2}{2} r_{-k}^+ r_{-k} - \frac{v_k^2}{2} \right]$$

$$+ \mu \frac{u_k v_k}{2} \left[1 + r_k^+ r_k + r_{-k}^+ r_{-k} \right]$$

★

$$= \text{const.} + \sum_{k \neq 0} \left[\epsilon_k \left(\frac{u_k^2 + v_k^2}{2} \right) + 2\mu \frac{u_k v_k}{2} \right] r_k^+ r_k$$

$$\Rightarrow \epsilon_k = \epsilon_k \left(\frac{u_k^2 + v_k^2}{2} \right) + 2\mu \frac{u_k v_k}{2}$$

66d

$$\Rightarrow E_k = \epsilon_k \cosh 2\alpha_k + \mu \sinh 2\alpha_k$$

$$= \epsilon_k (\cosh 2\alpha_k) + \mu \sinh 2\alpha_k$$

$$= (\cosh 2\alpha_k) \left(\epsilon_k - \frac{\mu^2}{\epsilon_k} \right) = (\cosh 2\alpha_k) \left(\frac{\epsilon_k^2 - \mu^2}{\epsilon_k} \right)$$

$$\tanh(2\alpha_k) = \frac{\mu}{\epsilon_k} \Rightarrow \frac{\cosh^2 2\alpha_k - 1}{\cosh^2 2\alpha_k} = \left(\frac{\mu}{\epsilon_k} \right)^2$$

$$\Rightarrow 1 - \frac{1}{\cosh^2 2\alpha_k} = \left(\frac{\mu}{\epsilon_k} \right)^2$$

$$\Rightarrow \frac{1}{\cosh^2 2\alpha_k} = 1 - \left(\frac{\mu}{\epsilon_k} \right)^2 \Rightarrow \cosh 2\alpha_k = \frac{1}{\sqrt{1 - \frac{\mu^2}{\epsilon_k^2}}}$$

$$\Rightarrow E_k = - \left(\frac{\epsilon_k}{\epsilon_k + \mu} \right) \left(\frac{\epsilon_k^2 - \mu^2}{\epsilon_k} \right)$$

$$= - \left(\frac{\epsilon_k - \mu}{\epsilon_k} \right) \sqrt{\epsilon_k + \mu}$$

(66e)

$$\Rightarrow \cosh 2\theta_k = \frac{E_k}{\sqrt{E_k^2 - \mu^2}}$$

So that $E_k = \sqrt{E_k^2 - \mu^2}$

Can also determine u_k, v_k in terms of E_k & μ :

$$\cosh 2\theta_k = \cosh^2 \theta_k + \sinh^2 \theta_k = 2 \cosh^2 \theta_k - 1$$

$$= 2u_k^2 - 1 = \frac{E_k}{\sqrt{E_k^2 - \mu^2}} \equiv E_k/E_k$$

$$\Rightarrow u_k^2 = \frac{1}{2} \left(1 + \frac{E_k}{E_k} \right) \Rightarrow u_k = \sqrt{\frac{1}{2} \left(1 + \frac{E_k}{E_k} \right)}$$

$v_k = \sinh \theta_k$ satisfies $v_k^2 = \frac{1}{2} \left(-1 + \frac{E_k}{E_k} \right) \geq 0$

Note that $v_k < 0$ (so that $\tanh 2\theta_k < 0$)

$$\Rightarrow v_k = - \sqrt{\frac{1}{2} \left(\frac{E_k}{E_k} - 1 \right)}$$

For small k , $E_k \approx \sqrt{\frac{k^2}{2m} (2\mu)} \approx ck$ with $c = \sqrt{\mu/m}$

66f

$$\Rightarrow u_k \approx \sqrt{\frac{1}{2} \left(1 + \frac{\mu}{ck} \right)} \approx \sqrt{\frac{\mu}{2ck}} \quad \text{as } k \rightarrow 0$$

$$v_k \approx -\sqrt{\frac{\mu}{2ck}} \quad \text{as } k \rightarrow 0$$

$$\therefore \text{As } k \rightarrow 0, \quad a_k \approx \sqrt{\frac{\mu}{2ck}} \left(r_k - r_{-k}^+ \right)$$

$$a_k^+ \approx \sqrt{\frac{\mu}{2ck}} \left(r_k^+ - r_{-k} \right)$$

(67)

To see the physical origin of this gapless linear spectrum more clearly, we will rederive it in different ways.

Clearly the existence of a manifold of degenerate classical ground states parametrized by θ ~~suggests~~ ^{implies} that a uniform phase rotation is a zero energy excitation.

This suggests that a "slow" phase change

$\psi(x,t) \approx e^{i\theta(x,t)} \psi_0$ with θ a slowly varying function of x ~~at~~ will ~~describe a mode~~ lead to an excitation with very low energy.

To make this more concrete, consider the real time coherent state path integral with action

$$S = \int d^d x dt \left[i\psi^* \frac{\partial \psi}{\partial t} - \psi^* \left(-\frac{\nabla^2}{2m} - \mu \right) \psi - u |\psi|^4 \right]$$

~~the~~ ~~classical~~ ~~extremum~~ Classical ^{extre} ~~minimum~~ is obtained by

letting $\psi = \psi_0 e^{i\theta}$ independent of x .

As before, $\psi_0 = \sqrt{\mu/2u}$

Note that $\psi_0 = \sqrt{\rho_0}$ where $\rho_0 = \text{density}$.

To study small fluctuations, let $\psi = \sqrt{\rho_0 + \delta\rho} e^{i\theta(x,t)}$ (68)

$$\Rightarrow \psi \approx \sqrt{\rho_0} \left(1 + \frac{\delta\rho}{2\rho_0}\right) e^{i\theta(x,t)}$$

$\delta\rho$ describes a small density fluctuation

θ is a fluctuation in the phase of ψ .

$$\text{Then } S = \int d^d x dt - (\rho_0 + \delta\rho) \frac{\partial\theta}{\partial t} + \frac{i}{2} \frac{\partial}{\partial t} (\rho_0 + \delta\rho)$$

$$- \frac{1}{2m} \left[(\nabla\sqrt{\rho})^2 + (\sqrt{\rho} \nabla\theta)^2 \right]$$

$$+ \mu(\rho_0 + \delta\rho) - u(\rho_0 + \delta\rho)^2$$

with $\rho = \rho_0 + \delta\rho = \text{density}$

Expand to quadratic order in small quantities $\delta\rho$.

~~$\delta\rho$~~

$$S \approx \int d^d x dt - (\rho_0 + \delta\rho) \frac{\partial\theta}{\partial t}$$

Also drop all terms that are total time derivatives.

Then $S \approx \int d^d x dt \left(-\rho \dot{\phi} - \frac{1}{2m} \left[\left(\frac{\nabla \rho}{\rho_0} \right)^2 + \rho_0 (\nabla \phi)^2 \right] - u(\rho)^2 \right) + \text{const.}$
 drop

Now vary w.r.t ρ, ϕ to get equations of motion:

Vary w.r.t ρ :

$$-\frac{\partial \rho}{\partial t} - 2u \rho + \frac{\nabla^2 \rho}{4m \rho_0} = 0$$

Vary w.r.t ϕ :

$$\frac{\partial \rho}{\partial t} + \frac{\rho_0}{m} \nabla^2 \phi = 0$$

Aside:
 \Rightarrow Identity $\vec{j} = \frac{\rho_0}{m} \nabla \phi$
 \Rightarrow irrotational "superfluid" flow

$$\partial_t (\text{1st eqn}) \Rightarrow -\frac{\partial^2 \rho}{\partial t^2} = 2u \frac{\partial \rho}{\partial t} - \frac{\nabla^2}{4m \rho_0} \frac{\partial \rho}{\partial t}$$

$$\Rightarrow -\frac{\partial^2 \rho}{\partial t^2} = -2u \frac{\rho_0}{m} \nabla^2 \phi + \frac{\nabla^4 \phi}{4m}$$

(70)

At long distances can drop ∇^4 compared to ∇^2

$$\Rightarrow \frac{\partial^2 \theta}{\partial t^2} = \frac{2u\beta_0}{m} \nabla^2 \theta$$

\Rightarrow wave equation with dispersion $\omega = ck$

with velocity $c = \sqrt{\frac{2u\beta_0}{m}}$

~~As the linear disp~~

How does SF behave?

At long distances $SF = \frac{-1}{2u} \frac{\partial \theta}{\partial t} \Rightarrow \frac{\partial^2 SF}{\partial t^2} = \frac{1}{2} c^2 (\nabla^2 SF)$

\therefore The wave is an oscillation

\Rightarrow The linear dispersive wave mode may be regarded

either as a slow fluctuation of the phase θ of

the boson field or equivalently as a slow ~~dis~~

fluctuation of the boson density about its mean value

(\Rightarrow regard as a sound wave).

An equivalent procedure is as follows:

Start with the approximate partition function defined by

$S[\phi, \delta\phi]$:

$$Z = \int [D\phi \delta\phi] e^{i \int d^d x dt \left[(-S\phi) \partial_t^2 \phi - \frac{1}{2m} p_0 (\nabla\phi)^2 - u (\delta\phi)^2 \right]}$$

where I have dropped the $(\nabla\delta\phi)^2$ term as it is subdominant in the long distance limit.

Perform the Gaussian integral over $\delta\phi$ to get an effective action for ϕ .

~~$$S_{\text{eff}}[\phi]$$~~

$$Z = \int [D\phi] e^{i \int d^d x dt \left[\frac{(\partial_t \phi)^2}{4u} - \frac{p_0}{2m} (\nabla\phi)^2 \right]}$$

→ Low energy effective action for ϕ -modes is

$$S_{\text{eff}}[\phi] = \frac{(\partial_t \phi)^2}{4u} - \frac{p_0}{2m} (\nabla\phi)^2$$

Varying this w.r.t θ , directly get the sound wave equation of motion.

Note that all the microscopic information is contained in the 2 coefficients $\frac{1}{u}$ and ρ_s .

More generally write

$$S_{\text{eff}}[\theta] = \frac{\kappa}{2} \left(\frac{\partial \theta}{\partial t} \right)^2 - \frac{\rho_s}{2m} (\nabla \theta)^2$$

Later we will see that κ may be interpreted as the compressibility and ρ_s as the superfluid density. (At $T=0$ in the Galilean invariant system we are considering $\rho_s = \rho_0 = \text{total density}$).

The existence of such a gapless mode in the excitation spectrum is a rather general property of spontaneously broken continuous symmetry - the general result is known as Goldstone's theorem & the excitation mode is called the Goldstone boson.

Being gapless, the ~~Goldstone~~ ^{acoustic} modes

(Eg: Spin waves in magnets, phonons in solids, etc.)

Being gapless the sound waves strongly affect the low-T, long distance, or low energy physics of the superfluid state.

Eg: ~~At~~ At low-T, the sound waves, ^{modes} get populated according to the usual stat. mech. rules & affect the thermodynamic properties.

(See HW4 for an illustration in the specific heat of the superfluid).

As we will soon see, they also lead to depletion of the density in the condensate \Rightarrow they form a "normal" fluid (this is a rough statement!).

At finite T, the superfluid density $\rho_s <$ total density ρ .

(74)

Note that in the broken symmetry phase, to specify the macroscopic state of the system, we need to specify the value of $\langle \psi \rangle$ apart from all the usual thermodynamic variables (P, T , etc).

This extra variable that quantifies the amount of broken symmetry is known as the "order parameter".

In the superfluid context where the symmetry that is broken is the continuous $U(1)$ phase rotation symmetry, the fluctuations of the phase of the order parameter are slow & gapless at long wavelengths.

In the superfluid phase, we can essentially treat ~~the~~ classically the operator ψ classically (& correct for fluctuations later as done earlier in these lectures).