

## Continue and Break

Break and continue both stop the execution of loop code. However, break jumps out of the entire loop, whereas continue jumps to the next iteration of the loop.

eg.

```
for (int i = 0; i < 5; i++) {  
    if (i == 3) break;  
    else System.out.print(i);  
}  
this prints out 0 1 2
```

If we change the "break" to a "continue" it will print 0 1 2 4 5