



Climate Change, Human and Planetary Health through the Lens of Water

Susan Murcott

D-Lab: Water, Climate Change and Health



16 year-old Greta Thunberg at the Davos World Economic Forum Jan. 25, 2019



<https://www.weforum.org/agenda/2019/01/our-house-is-on-fire-16-year-old-greta-thunberg-speaks-truth-to-power/>

Greta Thunberg, Stockholm

School strike for climate - save the world by changing the rules



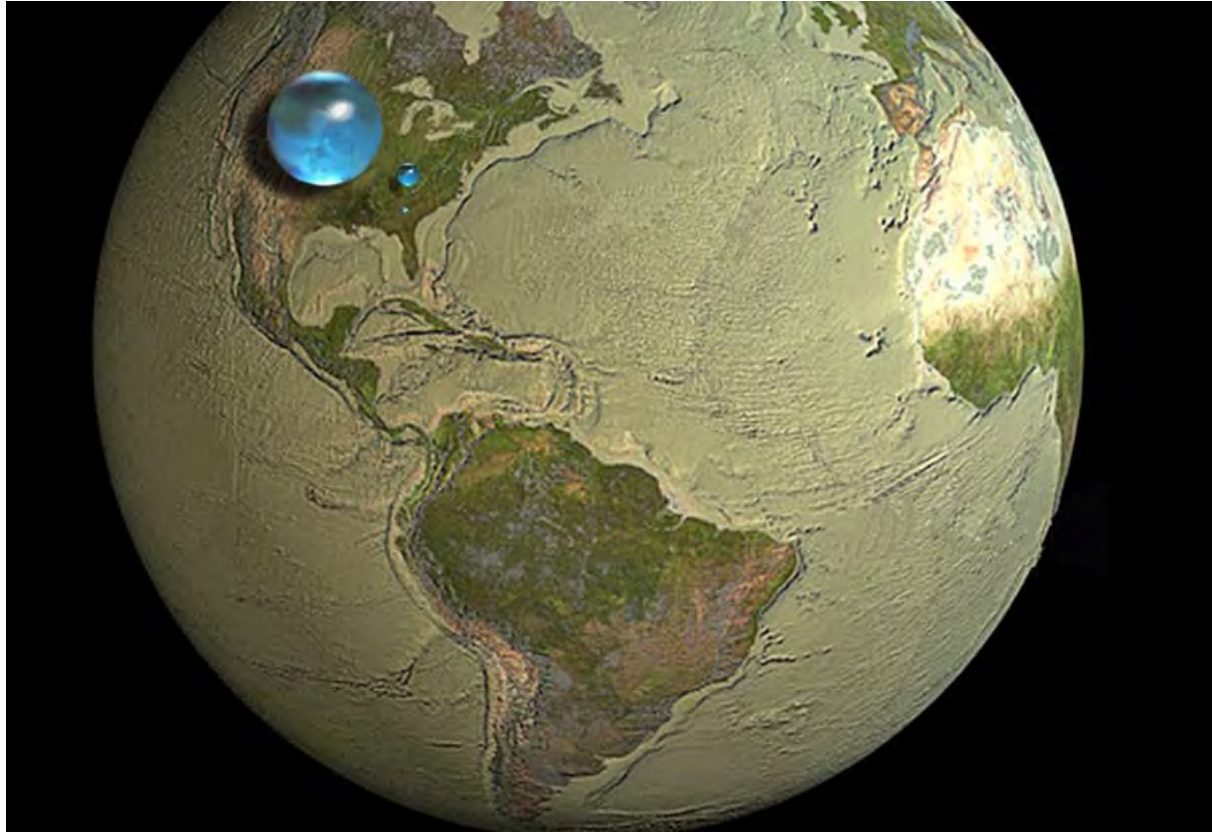
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<https://www.youtube.com/watch?v=EAmUIEsN9A>

Lecture Outline

- How much water on Earth?
- A Living Planet? What is Life?
- Some Conditions for Life on Earth
- Climate Change Impacts, esp. the Role of Water
- Human Health, Planetary Health
- Solutions
- Water, Climate Change & Health Actions
 - Puerto Rico
 - Nepal

How much Water on Earth?



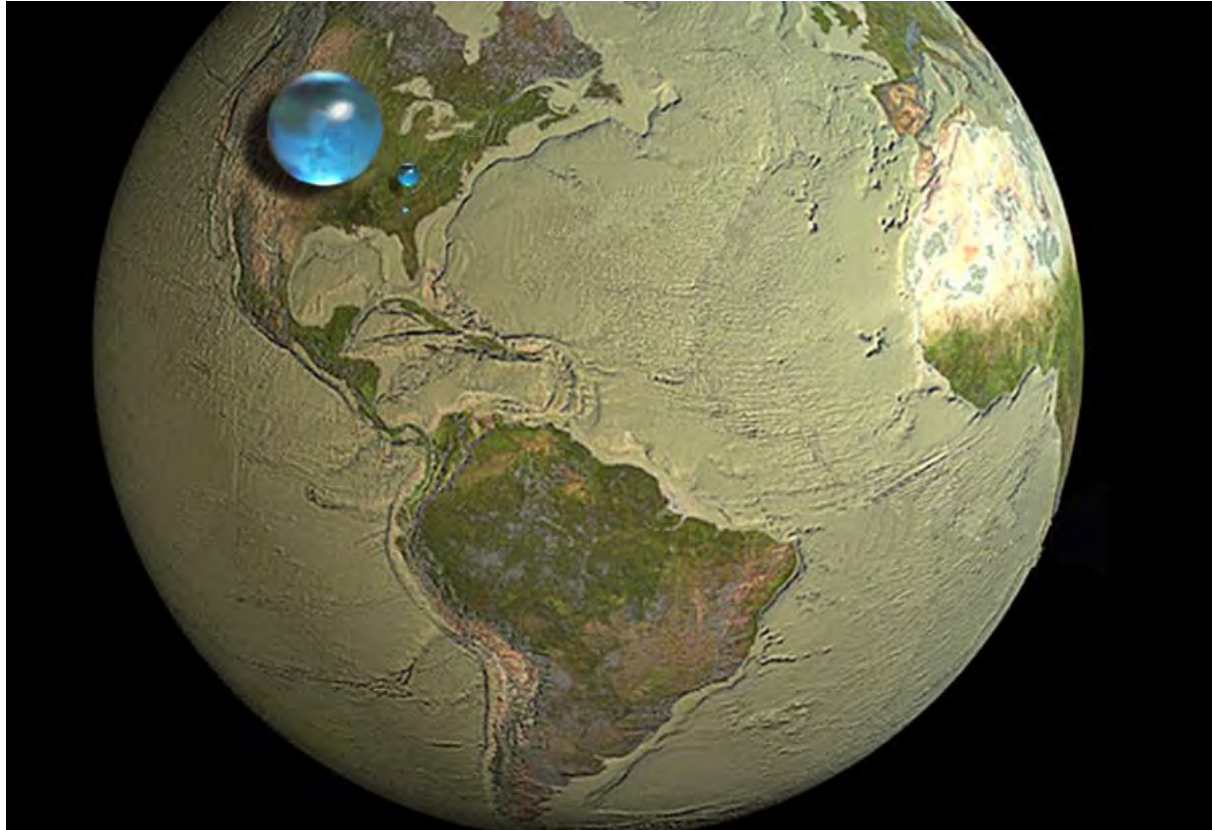
- Large sphere= all water on earth; 860-miles in diameter sphere (1.4 Billion km^3).
- Medium sphere = freshwater on earth = groundwater & surface water; 170 miles in diameter (11 Million km^3).
- Small sphere = surface fresh water on earth; 34.9 miles in diameter (93,000 km^3).
- Ave. depth of ocean \approx 1.7 mi. (2.7 km)

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How much Water on Earth? (MORE DETAIL)

Large sphere= all water on earth (1.4 Billion km³). Medium sphere = freshwater on earth (11 Million km³) . Small sphere = surface fresh water on earth (93,000 km³).



- Large sphere: represents all the water on earth – in oceans, ice caps, lakes, rivers, groundwater, the atmosphere, and living things. It has a diameter of about 860 miles. That 860-mile-high sphere is the largest bubble in the picture, which stretches from Salt Lake City, Utah to Topeka, Kan. It has a volume of over 332 million cubic miles.
- The 2nd, smaller blue sphere, over Kentucky – is about 170 miles in diameter. It represents the world's liquid freshwater, including groundwater, lakes, swamp water, and rivers. However, 99 percent of that sphere is groundwater, much of which is not accessible to humans.
- The smallest sphere, represents the freshwater, all the lakes and rivers on the planet. Most of the water that people and ecosystems use every day comes from these surface-water sources. The diameter of this sphere is a mere 34.9 miles, with a volume of a little over 22,000 cubic miles.

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Blue Marble – A Living Planet?

Earth seen from
Apollo 17 on
Dec. 7, 1972



Courtesy of NASA. Image is in the public domain.

What is life?

- Physicist's view: a reduction in entropy
- Neo-Darwinist's view: organic growth and reproduction, with errors corrected through natural selection
- Biochemist's view: able to utilize energy, either from sunlight or food and to grow according to genetic instructions
- Geophysicologist's view: a bounded homeostatic system, keeping its internal conditions constant, despite changing external conditions.

Characteristics of Life Forms

Characteristic	Bacteria	Mammal	Tree	Beehive	Living Planet Earth
Reproduction	+	+	+	-	-
Metabolism	+	+	+	+	+
Evolution	+	+	+	+	+
Thermostasis	-	+	-	+	+
Chemostatis	+	+	+	-	+
Self-healing	+	+	+	+	+

Some Conditions for Life on Earth

- Earth must be a certain distance from the sun for sufficient sunlight and heat
- Relatively narrow temperature range
- A supply of needed elements
- Living creatures primarily composed of 4 elements: carbon, nitrogen, oxygen and hydrogen.
- Life requires materials that move about, permitting cycles.
- Continual access to new sources of materials and the movement of used materials we call “wastes” to species that can use them for their own purposes
- 4 great cycles

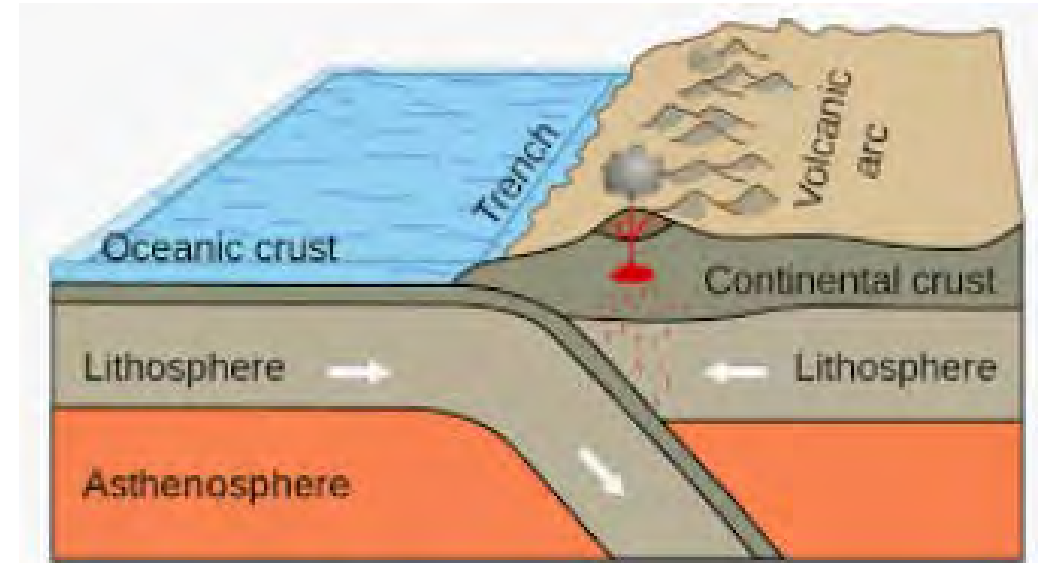
4 Great Cycles on Earth

- Lithosphere,
- Hydrosphere
- Atmosphere
- Biosphere

Lithosphere, rock cycle

- The lithosphere lies below the crust.
- Magma erupts from the lithosphere. Crust thickens and forms tectonic plates. Plates edges pushed up or under other plates, melting magma, which again erupts.

Liebes Sidney et al., A Walk Through Time, 1998.

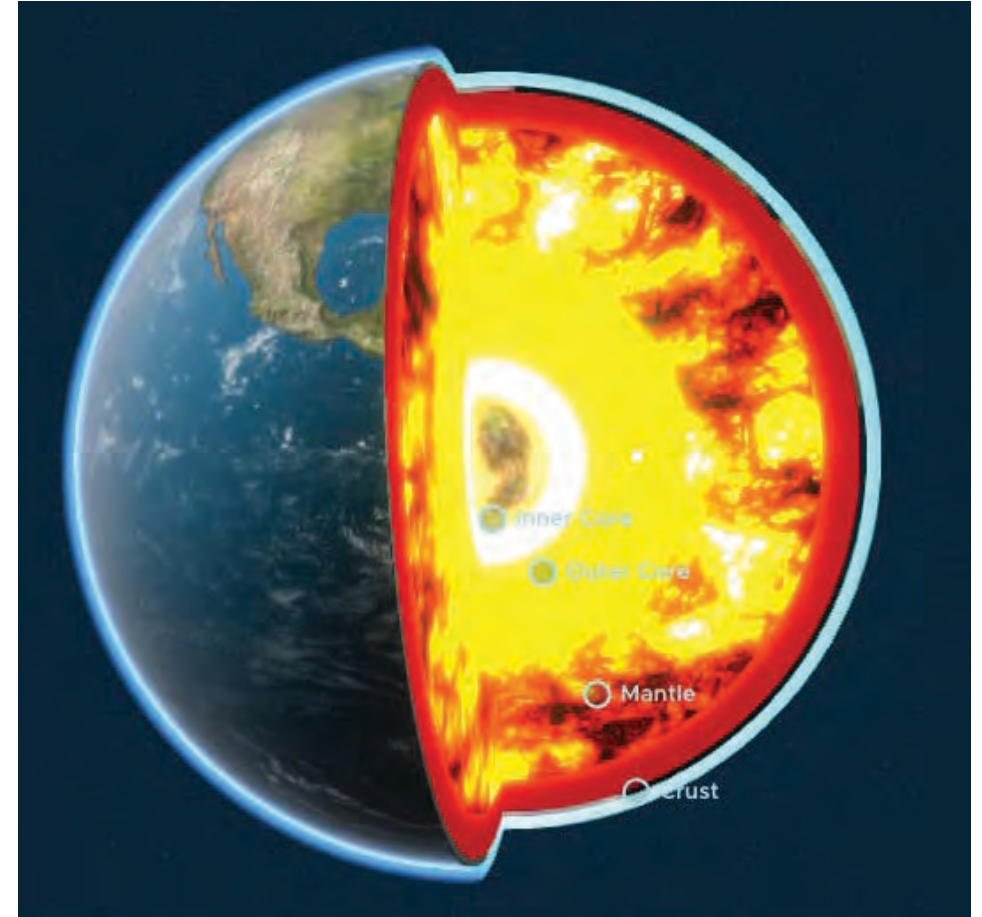


This work has been released into the public domain by its author, [Booyabazooka](#) at English Wikipedia.

<http://www.differencebetween.net/science/differences-between-the-earths-lithosphere-and-asthenosphere/>

Crust

- The Earth's crust ranges from 5–70 kilometres (3.1–43.5 mi) in depth and is the outermost layer. The thin parts are the oceanic crust, which underlie the ocean basins (5–10 km) and are composed of dense (mafic) iron magnesium silicate igneous rocks, like basalt.



Courtesy of NASA. Image is in the public domain.

Differences between the Earth's Lithosphere and Asthenosphere:

Lithosphere

The lithosphere concept was proposed in 1911

Lithosphere is composed of the crust and upper most solid mantle

Lies beneath the atmosphere and above the asthenosphere

The physical structure consists of a rigid outer layer that is divided by tectonic plates. It is regarded as rigid, brittle, and elastic.

Characterized as elastic and less ductile

Ranges from a depth of 80km and 200 km below the earth's surface

Approximate temperature of 400 degrees Celsius

Has a lower density than the asthenosphere

Allows for conductive heat transfer

Seismic waves travel at faster speeds across lithosphere

Rocks are under much less pressure forces

Chemical composition consists of 80 elements and approximately 2000 minerals

Asthenosphere

The asthenosphere concept was proposed in 1926

Asthenosphere is composed of the upper most weaker part of the mantle

Lies beneath the lithosphere and above the mesosphere

The physical structure is mostly solid with some regions containing partially molten rock, which exhibits plastic properties

Has a higher degree of ductility than the lithosphere

Extends to a depth of 700km below the earth's surface

Approximate temperature ranging from 300 to 500 degrees Celsius

Asthenosphere is denser than the lithosphere

Allows for advective heat transfer

Seismic waves travel 5 to 10% slower in asthenosphere than in lithosphere

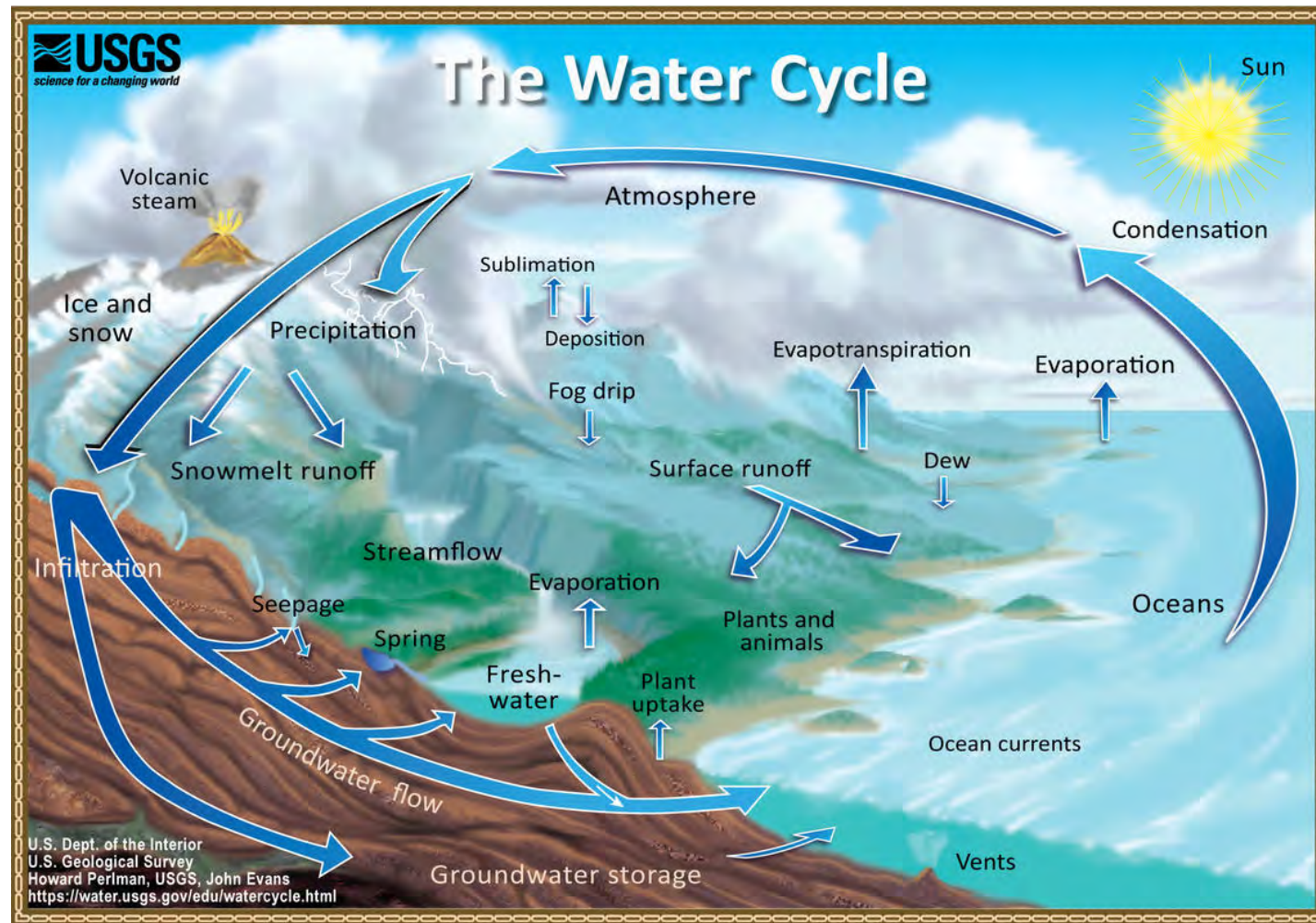
Rocks are under immense pressure forces

Asthenosphere is mainly composed of iron-magnesium silicates

Hydrosphere – Water Cycle

- Begins with steam released from magma. As the earth cools the steam condenses into rain. Rain forms rivers and pours into seas. As the seas form, the surface water evaporates into clouds under the Sun's heat, creating a cycle of weather driven by solar energy.
- Later, living systems take an active role in the weather cycle. H₂S gas, produced by plankton, rises into the atmosphere. The molecules of this gas form nuclei that attract water molecules and form raindrops. Thus plankton seed the clouds.
- Humans, huge consumers of plankton, keep it in check. But humans kill whales, while at the same time chemical runoff into the sea feed huge blooms of new ocean plankton.

Water is a Vital Component of the Climate Cycle



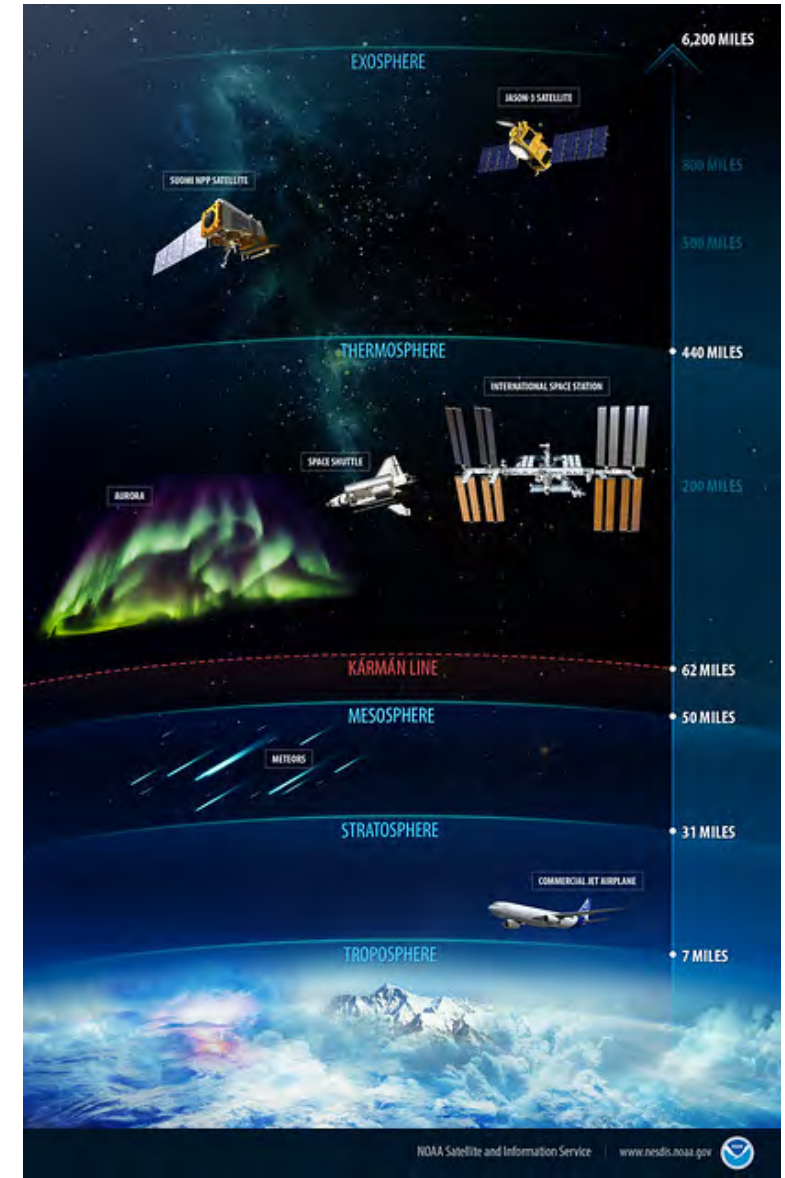
Courtesy of USGS. Image is in the public domain.

Oceans contain over 97% of Earth's water, 2% is in glacial ice, less than 1% in all the rest of Earth's reservoirs.

The hydrologic cycle, the continual recycling of water among all these reservoirs, including much smaller amounts cycling in the atmosphere, in plants, in lakes, in rivers, and in soil, is vital to the operation of the climate system.

Atmosphere

- Early Earth atmosphere may have been hot and loaded with methane, ammonia, nitrogen, carbon dioxide and water (scientists differ on its composition).
- Large organic molecules formed from the early compounds.
- Today's atmospheric composition is dramatically different, as it is breathed in and out by living systems



Courtesy of NOAA. Image is in the public domain.

Biosphere

- Science has been largely reductionist, focusing on individual units, on parts of system.
- James Hutton, in 1785 called the Earth a living superorganism.
- Another exception is the Russian geologist Vladimir Vernadsky, who defined life as a geochemical process, Earth's crustal rock in solid form or as sand and dust transforming into living matter, then back into rock, a kind of planetary metabolism or biochemical process.
- James Lovelock updated these ideas with his controversial "Gaia hypothesis," stating that living and non-living systems of Earth are tightly coupled and that life creates its optimal conditions by regulating surface temperatures and chemical balance in soils, seas and atmosphere.

Liebes Sidney et al., A Walk Through Time, 1998.

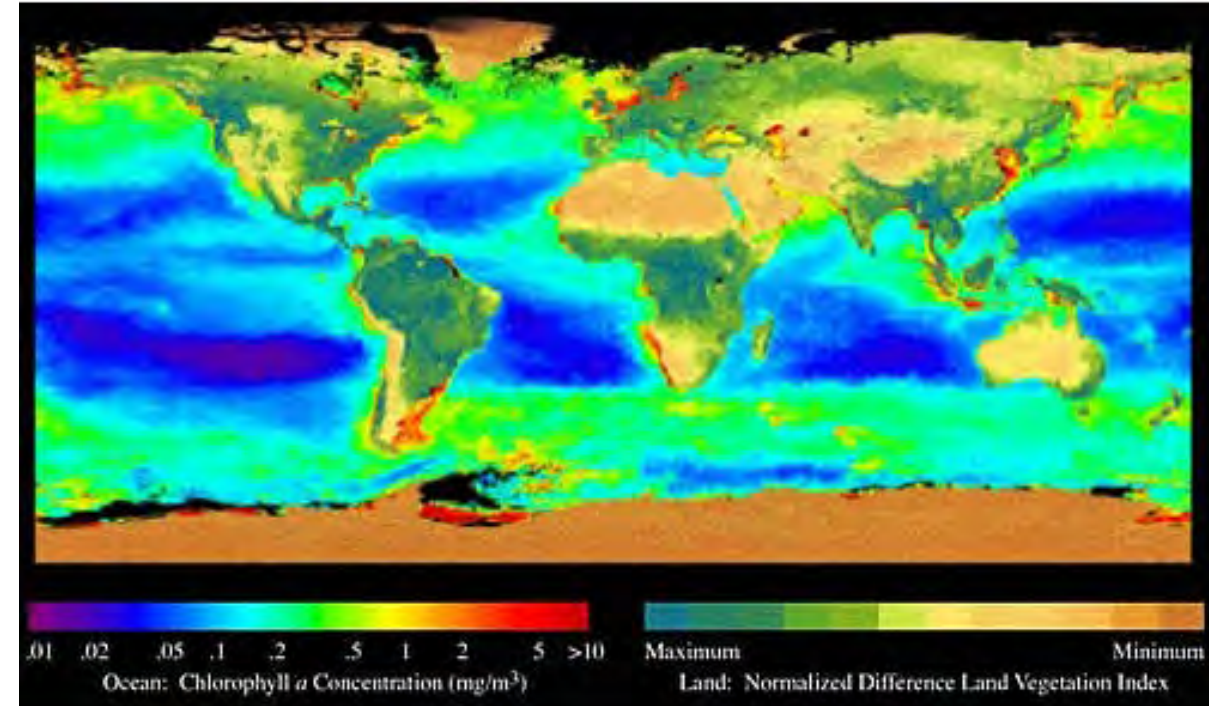


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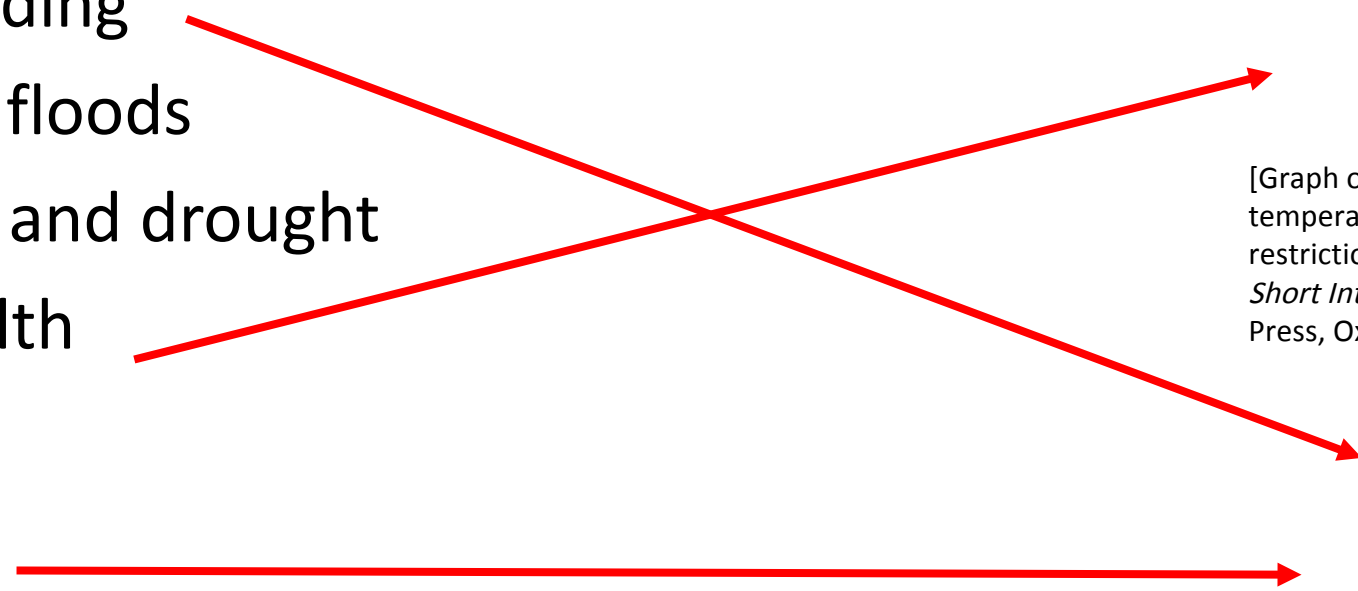
This view of Earth highlights biological activity - specifically, the amount of photosynthesis happening. Higher chlorophyll concentrations in the ocean are indicated with green, yellow, and red colors. The amount of vegetation on land is indicated with increasingly deep shades of green. (SeaWiFS Project, NASA/Goddard)

Climate Change Impacts, especially the Role of Water

Climate Change Impacts

M. Maslin, Ch. 5.

- Coastal flooding
- Storms and floods
- Heat waves and drought
- Human health
- Biodiversity
- Agriculture
- Ocean acidification



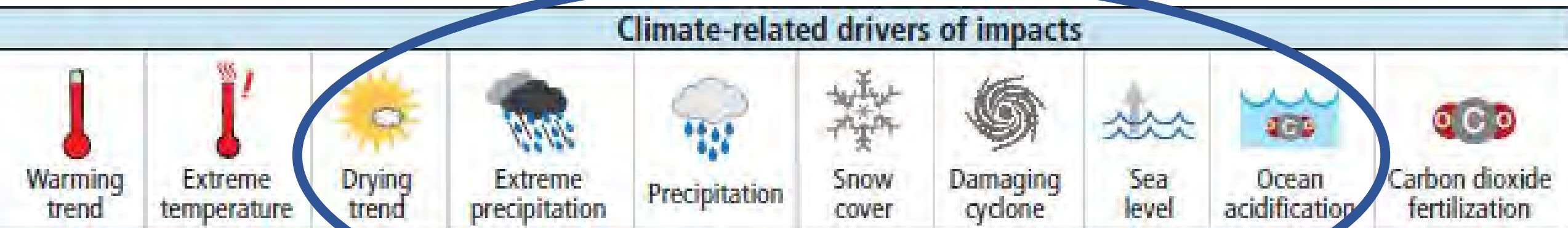
[Graph of hunger, malaria, and flooding risk vs. global temperature increase removed due to copyright restrictions. Maslin, Mark. *Climate Change: A Very Short Introduction*. 3rd Edition. Oxford University Press, Oxford, UK, 2014. Ch. 5.]

Climate Change Impacts Risk of Water Shortage M. Maslin, Ch. 5. p. 70

This figure shows that the risk of water shortage changes dramatically at a global temperature increase above pre-industrial levels over 2 degrees C.

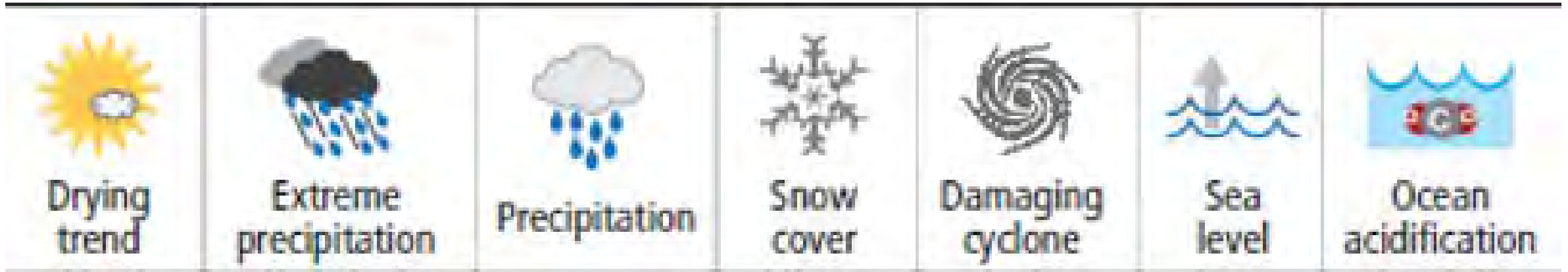
[Graph of water shortage risk vs. global temperature increase removed due to copyright restrictions.
Maslin, Mark. *Climate Change: A Very Short Introduction*. 3rd Edition. Oxford University Press, Oxford, UK, 2014. Ch. 5.]

IPCC 2014 Climate-Related Drivers of Impacts



- 7 of 10 climate-related drivers of impacts pertain directly to water.
- This suggests that it is vitally important to understand the role of water in climate change.

Water-Related Drivers of Impacts (subset from previous slide)



- Drying trends
- Precipitation / Extreme precipitation
- Snow cover
- Damaging cyclones
- Sea level rise
- Ocean acidification

Assessment Box SPM.2 Table 1, IPCC_AR5_WG2_pp.21-25

- Stress on water resources
- Stress on freshwater and terrestrial ecosystems
- Food production
- Vector and water borne diseases
- Flooding
- Water availability in arid and glacial meltwater areas

Assessment Box SPM.2 Table 1 | Key regional risks from climate change and the potential for reducing risks through adaptation and mitigation. Each key risk is characterized as very low to very high for three timeframes: the present, near term (here, assessed over 2030–2040), and longer term (here, assessed over 2080–2100). In the near term, projected levels of global mean temperature increase do not diverge substantially for different emission scenarios. For the longer term, risk levels are presented for two scenarios of global mean temperature increase (2°C and 4°C above preindustrial levels). These scenarios illustrate the potential for mitigation and adaptation to reduce the risks related to climate change. Climate-related drivers of impacts are indicated by icons.

Africa				
Key risk	Adaptation issues & prospects	Climatic drivers	Timeframe	Risk & potential for adaptation
<p>Compounded stress on water resources facing significant strain from overexploitation and degradation at present and increased demand in the future, with drought stress exacerbated in drought-prone regions of Africa (<i>high confidence</i>)</p> <p>[22.3-4]</p>	<ul style="list-style-type: none"> Reducing non-climate stressors on water resources Strengthening institutional capacities for demand management, groundwater assessment, integrated water-wastewater planning, and integrated land and water governance Sustainable urban development 			Very low Medium Very high
			Present	
			Near term (2030–2040)	
			Long term (2080–2100)	2°C 4°C
<p>Reduced crop productivity associated with heat and drought stress, with strong adverse effects on regional, national, and household livelihood and food security, also given increased pest and disease damage and flood impacts on food system infrastructure (<i>high confidence</i>)</p> <p>[22.3-4]</p>	<ul style="list-style-type: none"> Technological adaptation responses (e.g., stress-tolerant crop varieties, irrigation, enhanced observation systems) Enhancing smallholder access to credit and other critical production resources; Diversifying livelihoods Strengthening institutions at local, national, and regional levels to support agriculture (including early warning systems) and gender-oriented policy Agronomic adaptation responses (e.g., agroforestry, conservation agriculture) 			Very low Medium Very high
			Present	
			Near term (2030–2040)	
			Long term (2080–2100)	2°C 4°C
<p>Changes in the incidence and geographic range of vector- and water-borne diseases due to changes in the mean and variability of temperature and precipitation, particularly along the edges of their distribution (<i>medium confidence</i>)</p> <p>[22.3] 25</p>	<ul style="list-style-type: none"> Achieving development goals, particularly improved access to safe water and improved sanitation, and enhancement of public health functions such as surveillance Vulnerability mapping and early warning systems Coordination across sectors Sustainable urban development 			Very low Medium Very high
			Present	
			Near term (2030–2040)	
			Long term (2080–2100)	2°C 4°C

Assessment Box SPM.2 Table 1, IPCC_AR5_WG2_pp.21-25

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North America

Key risk	Adaptation issues & prospects	Climatic drivers	Timeframe	Risk & potential for adaptation
<p>Wildfire-induced loss of ecosystem integrity, property loss, human morbidity, and mortality as a result of increased drying trend and temperature trend (<i>high confidence</i>)</p> <p>[26.4, 26.8, Box 26-2]</p>	<ul style="list-style-type: none"> Some ecosystems are more fire-adapted than others. Forest managers and municipal planners are increasingly incorporating fire protection measures (e.g., prescribed burning, introduction of resilient vegetation). Institutional capacity to support ecosystem adaptation is limited. Adaptation of human settlements is constrained by rapid private property development in high-risk areas and by limited household-level adaptive capacity. Agroforestry can be an effective strategy for reduction of slash and burn practices in Mexico. 		Present	Very low Medium Very high
			Near term (2030–2040)	Very low Medium Very high
			Long term (2080–2100) 2°C 4°C	Very low Medium Very high
<p>Heat-related human mortality (<i>high confidence</i>)</p> <p>[26.6, 26.8]</p>	<ul style="list-style-type: none"> Residential air conditioning (A/C) can effectively reduce risk. However, availability and usage of A/C is highly variable and is subject to complete loss during power failures. Vulnerable populations include athletes and outdoor workers for whom A/C is not available. Community- and household-scale adaptations have the potential to reduce exposure to heat extremes via family support, early heat warning systems, cooling centers, greening, and high-albedo surfaces. 		Present	Very low Medium Very high
			Near term (2030–2040)	Very low Medium Very high
			Long term (2080–2100) 2°C 4°C	Very low Medium Very high
<p>Urban floods in riverine and coastal areas, inducing property and infrastructure damage; supply chain, ecosystem, and social system disruption; public health impacts; and water quality impairment, due to sea level rise, extreme precipitation, and cyclones (<i>high confidence</i>)</p> <p>[26.2-4, 26.8]</p>	<ul style="list-style-type: none"> Implementing management of urban drainage is expensive and disruptive to urban areas. Low-regret strategies with co-benefits include less impervious surfaces leading to more groundwater recharge, green infrastructure, and rooftop gardens. Sea level rise increases water elevations in coastal outfalls, which impedes drainage. In many cases, older rainfall design standards are being used that need to be updated to reflect current climate conditions. Conservation of wetlands, including mangroves, and land-use planning strategies can reduce the intensity of flood events. 		Present	Very low Medium Very high
			Near term (2030–2040)	Very low Medium Very high
			Long term (2080–2100) 2°C 4°C	Very low Medium Very high

Assessment Box SPM.2 Table 1 | Key regional risks from climate change and the potential for reducing risks through adaptation and mitigation. Each key risk is characterized as very low to very high for three timeframes: the present, near term (here, assessed over 2030–2040), and longer term (here, assessed over 2080–2100). In the near term, projected levels of global mean temperature increase do not diverge substantially for different emission scenarios. For the longer term, risk levels are presented for two scenarios of global mean temperature increase (2°C and 4°C above preindustrial levels). These scenarios illustrate the potential for mitigation and adaptation to reduce the risks related to climate change. Climate-related drivers of impacts are indicated by icons.

Central and South America
















Key risk	Adaptation issues & prospects	Climatic drivers	Timeframe	Risk & potential for adaptation
Water availability in semi-arid and glacier-melt-dependent regions and Central America; flooding and landslides in urban and rural areas due to extreme precipitation (<i>high confidence</i>) [27.3]	<ul style="list-style-type: none"> • Integrated water resource management • Urban and rural flood management (including infrastructure), early warning systems, better weather and runoff forecasts, and infectious disease control 			Very low Medium Very high
			Present	
			Near term (2030–2040)	
Decreased food production and food quality (<i>medium confidence</i>) [27.3]	<ul style="list-style-type: none"> • Development of new crop varieties more adapted to climate change (temperature and drought) • Offsetting of human and animal health impacts of reduced food quality • Offsetting of economic impacts of land-use change • Strengthening traditional indigenous knowledge systems and practices 			Very low Medium Very high
			Present	
			Near term (2030–2040)	
Spread of vector-borne diseases in altitude and latitude (<i>high confidence</i>) [27.3]	<ul style="list-style-type: none"> • Development of early warning systems for disease control and mitigation based on climatic and other relevant inputs. Many factors augment vulnerability. • Establishing programs to extend basic public health services 			Very low Medium Very high
			Present	
			Near term (2030–2040)	
			Long term 2°C (2080–2100)	not available
			Long term 4°C (2080–2100)	not available

Assessment Box SPM.2 Table 1, IPCC_AR5_WG2_pp.21-25

Small Islands				
Key risk	Adaptation issues & prospects	Climatic drivers	Timeframe	Risk & potential for adaptation
<p>Loss of livelihoods, coastal settlements, infrastructure, ecosystem services, and economic stability (<i>high confidence</i>)</p> <p>[29.6, 29.8, Figure 29-4]</p>	<ul style="list-style-type: none"> • Significant potential exists for adaptation in islands, but additional external resources and technologies will enhance response. • Maintenance and enhancement of ecosystem functions and services and of water and food security • Efficacy of traditional community coping strategies is expected to be substantially reduced in the future. 			<p>Very low Medium Very high</p>
			Present	
			Near term (2030–2040)	
			Long term 2°C (2080–2100)	
			4°C	
<p>The interaction of rising global mean sea level in the 21st century with high-water-level events will threaten low-lying coastal areas (<i>high confidence</i>)</p> <p>[29.4, Table 29-1; WGI AR5 13.5, Table 13.5]</p>	<ul style="list-style-type: none"> • High ratio of coastal area to land mass will make adaptation a significant financial and resource challenge for islands. • Adaptation options include maintenance and restoration of coastal landforms and ecosystems, improved management of soils and freshwater resources, and appropriate building codes and settlement patterns. 			<p>Very low Medium Very high</p>
			Present	
			Near term (2030–2040)	
			Long term 2°C (2080–2100)	
			4°C	

Assessment Box SPM.2 Table 1, IPCC_AR5_WG2_pp.21-25

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Polar Regions				
Key risk	Adaptation issues & prospects	Climatic drivers	Timeframe	Risk & potential for adaptation
<p>Risks for freshwater and terrestrial ecosystems (<i>high confidence</i>) and marine ecosystems (<i>medium confidence</i>), due to changes in ice, snow cover, permafrost, and freshwater/ocean conditions, affecting species' habitat quality, ranges, phenology, and productivity, as well as dependent economies</p> <p>[28.2-4]</p>	<ul style="list-style-type: none"> Improved understanding through scientific and indigenous knowledge, producing more effective solutions and/or technological innovations Enhanced monitoring, regulation, and warning systems that achieve safe and sustainable use of ecosystem resources Hunting or fishing for different species, if possible, and diversifying income sources 			Very low Medium Very high
			Present	
			Near term (2030–2040)	
			Long term (2080–2100)	2°C  4°C 
<p>Risks for the health and well-being of Arctic residents, resulting from injuries and illness from the changing physical environment, food insecurity, lack of reliable and safe drinking water, and damage to infrastructure, including infrastructure in permafrost regions (<i>high confidence</i>)</p> <p>[28.2-4]</p>	<ul style="list-style-type: none"> Co-production of more robust solutions that combine science and technology with indigenous knowledge Enhanced observation, monitoring, and warning systems Improved communications, education, and training Shifting resource bases, land use, and/or settlement areas 			Very low Medium Very high
			Present	
			Near term (2030–2040)	
			Long term (2080–2100)	2°C  4°C 
<p>Unprecedented challenges for northern communities due to complex inter-linkages between climate-related hazards and societal factors, particularly if rate of change is faster than social systems can adapt (<i>high confidence</i>)</p> <p>[28.2-4]</p>	<ul style="list-style-type: none"> Co-production of more robust solutions that combine science and technology with indigenous knowledge Enhanced observation, monitoring, and warning systems Improved communications, education, and training Adaptive co-management responses developed through the settlement of land claims 			Very low Medium Very high
			Present	
			Near term (2030–2040)	
			Long term (2080–2100)	2°C  4°C 

Climate Change, Water & Sanitation (2016)

“Climate change represents the most significant challenge of the 21st c and poses a risk to water and sanitation” p. 253

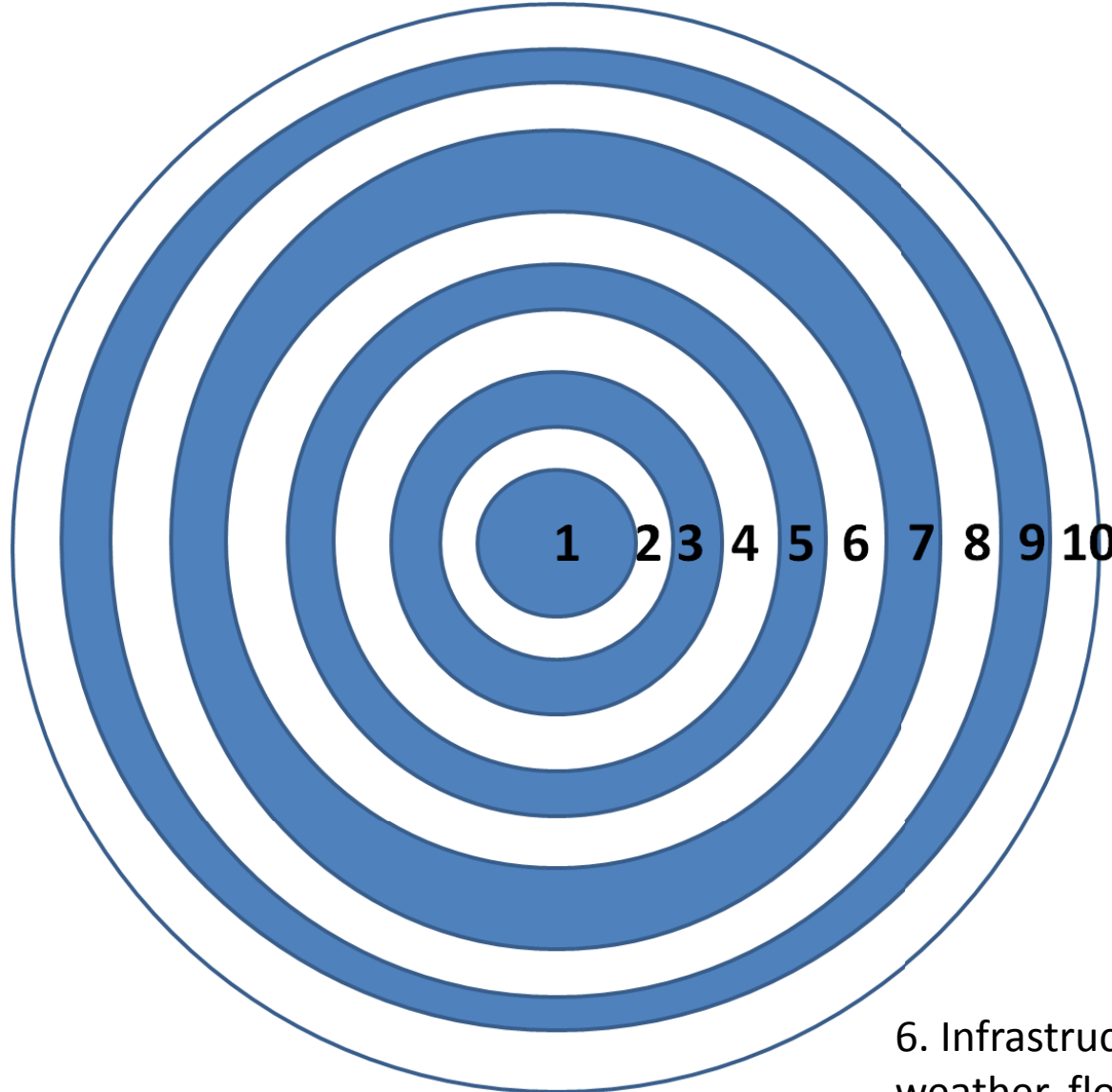
“Relatively little attention has been paid to how these threats will impact drinking water and sanitation, despite their importance to human health.” p. 255

Water Risks	Sanitation Risks
Flooding damage to water supply infrastructure	Flooding damage to sanitation infrastructure
Water scarcity (due to changing patterns of precipitation and increased demand pressure)	Reduced carrying capacity of bodies of water receiving wastewater
Water quality change	

Climate Change and Human Health

- Increased temperature -> increased diarrheal disease
- Extreme weather -> outbreaks due to drinking water contamination
- Climate change will likely increase cholera outbreaks in Bengal Delta
- Climate change may affect non-communicable diseases, such as hypertension (p 257)
- Significant association was found between patients with gastrointestinal disease and floods in Mass.

Some water-related & health-related risks from climate change, arranged on a scale, from human-scale to planetary- scale



- 1. Water-related diseases
- 2. Water & food shortages
- 3. Impact on water for multiple (productive) uses
- 4. Impact on surface and ground waters
- 5. Impacts on oceans & fisheries

- 6. Infrastructure damage from extreme weather, floods, sea level rise
- 7. Impact on watersheds, ecosystem services
- 8. Biodiversity
- 9. Impact on atmosphere
- 10. Impact on planetary health

Some Frameworks for Action on Climate Change Solutions

(1)

Drawdown: The Most Comprehensive Plan Ever Proposed to Reverse Global Warming

(2)

IPCC AR5,
WG2 & WG3

(3)

Stabilization Wedges:
Solving the Climate Problem for the Next 50 Years with Current Technologies

(4)

SUSTAINABLE DEVELOPMENT GOALS



- On September 25th 2015, 193 member countries adopted a set of goals to **end poverty, protect the planet,** and **ensure prosperity for all** as part of a new sustainable development agenda.
- Each goal has specific targets to be achieved over the next 15 years.

SDG Goal 6 – Clean Water and Sanitation



SDG 6 defines “safely managed drinking water” as:

- Located on premises
- Available when needed
- Free from fecal contamination and priority chemical contamination (e.g. arsenic and fluoride)

(5) Lancet Commission on Planetary Health Framework

Human Health is Dependent on Enabling Infrastructure and the Natural Environment (Planetary Health)

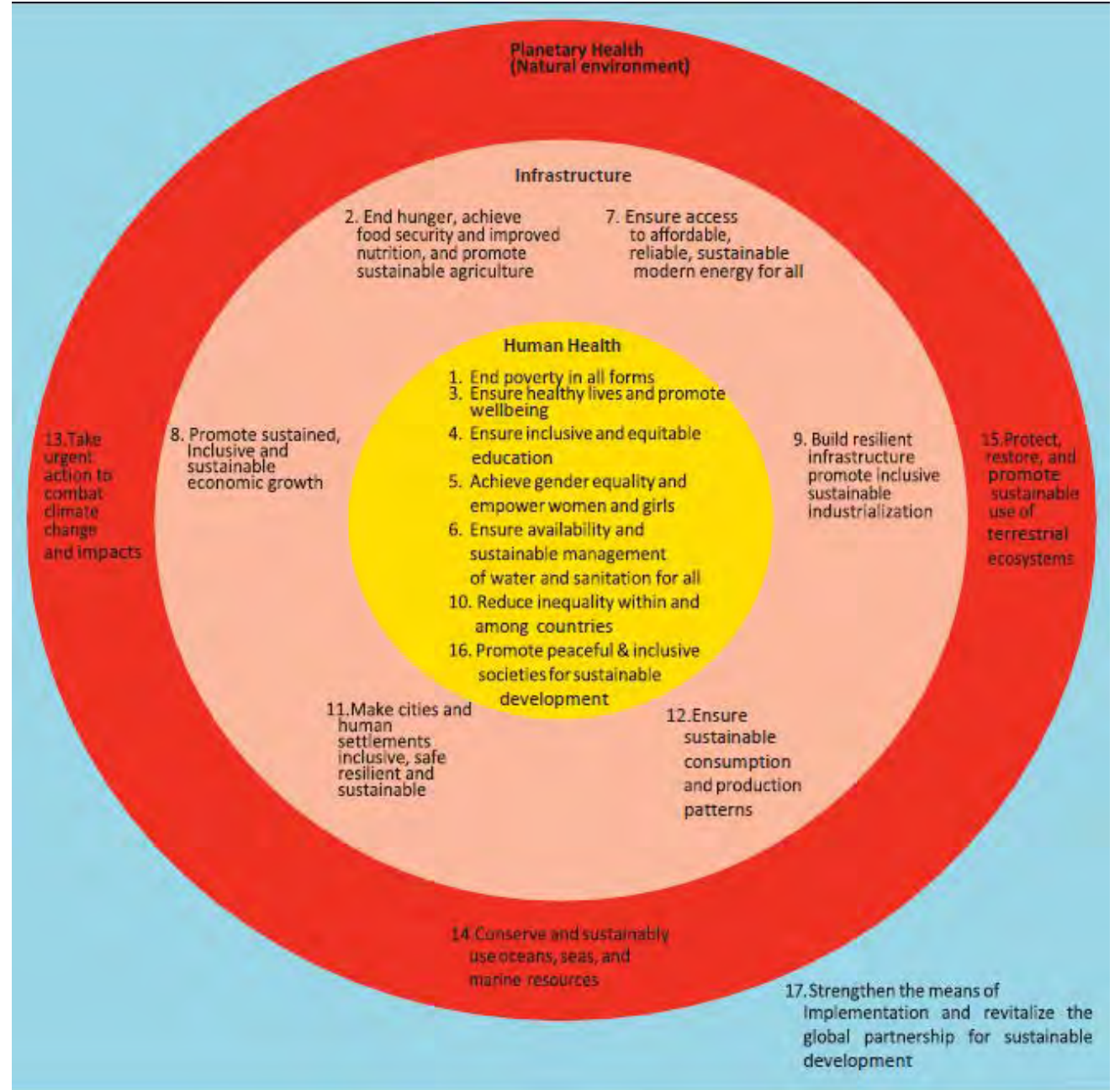


Fig. 20. Sustainable Development Goals Arranged by Themes --Human Health, Infrastructure and Natural Environment (Planetary Health)

Note: Goal 17 is outside the framework as it is an enabling goal. Adapted from Waage & colleagues.

(6) ONE HEALTH

Collaborative effort of multiple disciplines working locally, nationally and globally to attain optimal health for humans, animals and the environment

AVMA One Health Initiative Task Force
2008



Hellen Amuguni
Asst Prof. Infectious Diseases and Global Health
Cummings School of Veterinary Medicine, Tufts

Discussion Questions: Planetary Paradigms

- Copernicus and Galileo: Scientific evidence for a heliocentric solar system vs. Christian Biblical faith paradigm
- Scientific evidence for climate change vs. Political and financial and consumer material well-being dependent on fossil fuels.
- Why is “Gaia Hypothesis” controversial?

Two Water Case Studies (Susan's work)

- Puerto Rico – 2017-2018
- Nepal 2000-2005 & Jan. 2019

Case Study - Impacts of Hurricane Maria in Puerto Rico

Immediate/Short-term impacts:

- physical injury or death
- drowning

Medium- and long-term impacts:

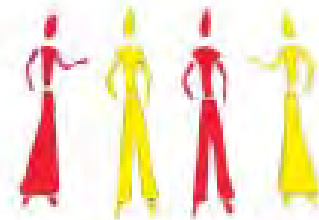
- limited access to food and safe water
- contamination of water and food sources from waste, debris, and other pollution
- disruption of services at hospitals, clinics, and other care facilities
- reduced ability to access health care, medicines or other essential health items
- increased risk from infectious diseases due to lack of safe water, adequate hygiene, and sanitation
- growing burden from unaddressed chronic disease care needs, such as cancer and diabetes
- mental health issues including stress, depression and suicide

Some Design & Development Definitions

Human-Centered Design/
User-Centered Design



Co-Creation/Participation



Creative Capacity Building



D-Lab Philosophy – Creative Capacity Building

design FOR



design WITH



design BY



Pertains to 2nd case study on the arsenic remediation done by Susan's MIT team, and especially by Lumbini Filter Industries

Arsenic Biosand Filter and the Kanchan Filter in Nepal

This picture shows a Terai-region school-girl drinking safe water from the Kanchan Arsenic Filter.

Having “discovered” arsenic in drinking water in the Terai region of Nepal, the arsenic biosand filter and the Kanchan filter was invented by my team to address it.





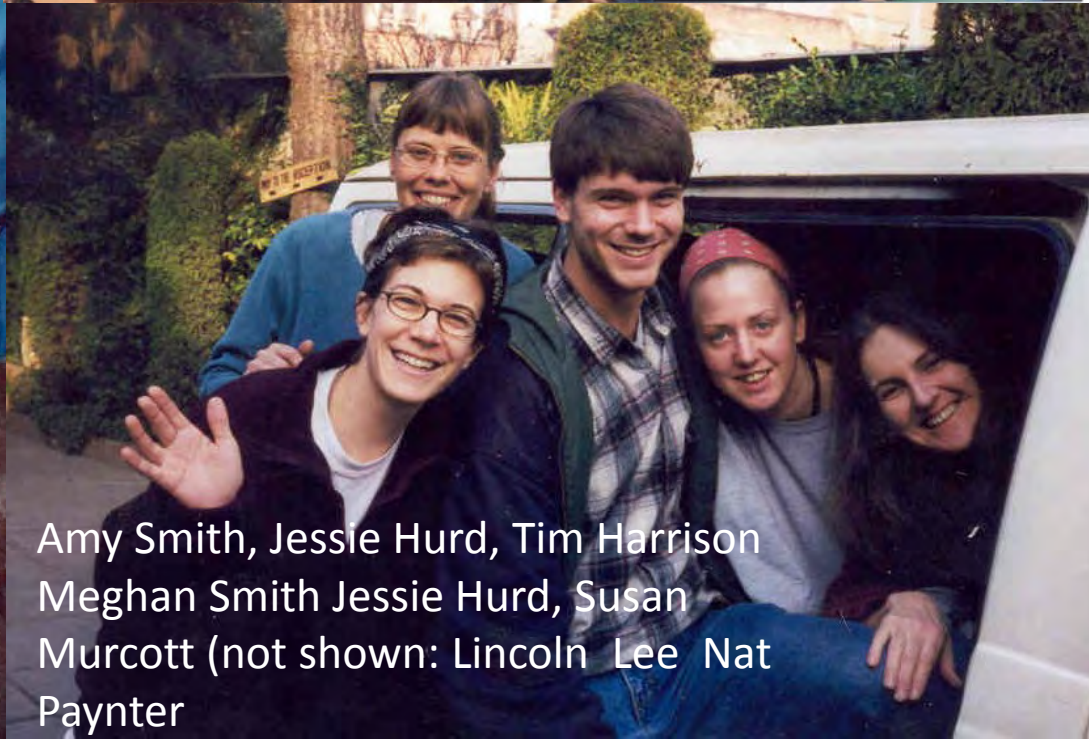
I learned about the need for safe and accessible water from these women and others like them

2nd Intern'l Women & Water Conference - Kathmandu, Nepal

September 1998



Parasi, Nepal, IAP, 2001



Amy Smith, Jessie Hurd, Tim Harrison
Meghan Smith, Jessie Hurd, Susan
Murcott (not shown: Lincoln Lee, Nat
Paynter)

Jan. 2001: Amy & Jessie lived here in Parasi, Lumbini Zone, Nawalparasi District during, mostly on the porch



By coincidence, the well in the back yard of this house in Parasi, Nepal, had the highest arsenic found to date at that time in Nepal.

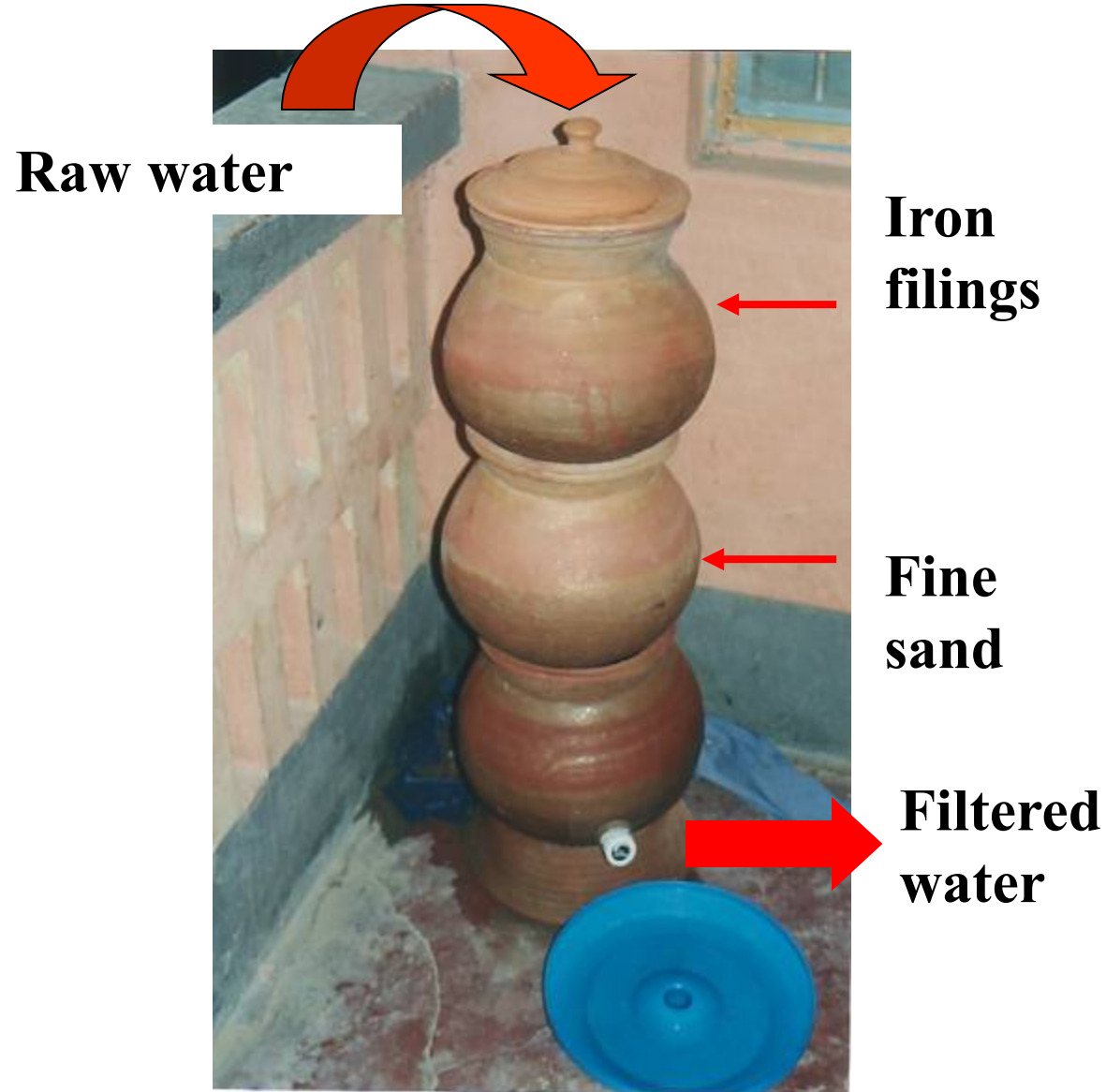


Jessie Hurd applied iron filings (from PA) in her arsenic treatment pilot study, the first arsenic remediation studies in Nepal, and Susan & Jessie searched for local iron products to substitute for the “imported” arsenic adsorption media



Local market street where Susan and Jessie shopped for appropriate for iron products

Jessie's Three-Kolshi (Gagri) System

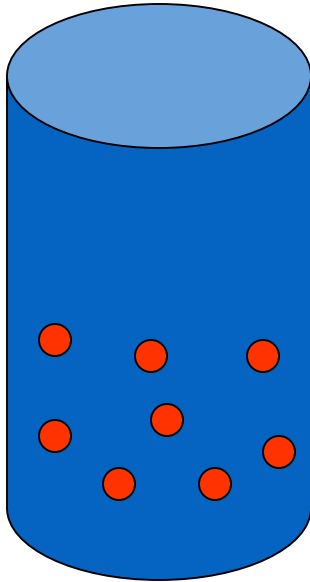


From 2001-2005, we researched and tested 8 different arsenic removal technologies

- (1) 3 *Kolshi* (in Nepali = 3 *Gagri* with zero valent iron filings);
- (2) Iron filings in jerry can;
- (3) Coagulation/Filtration (2-*Kolshi* based on Chakraborti's arsenic removal system);
- (4) Iron oxide coated sand;
- (5) Activated alumina metal oxide #1 (Apyron Inc.);
- (6) Activated alumina metal oxide #2 (Aquatic Treatment Systems Inc.);
- (7) Arsenic treatment plant;
- (8) *Kanchan*TM Arsenic Filter

Jerry Can

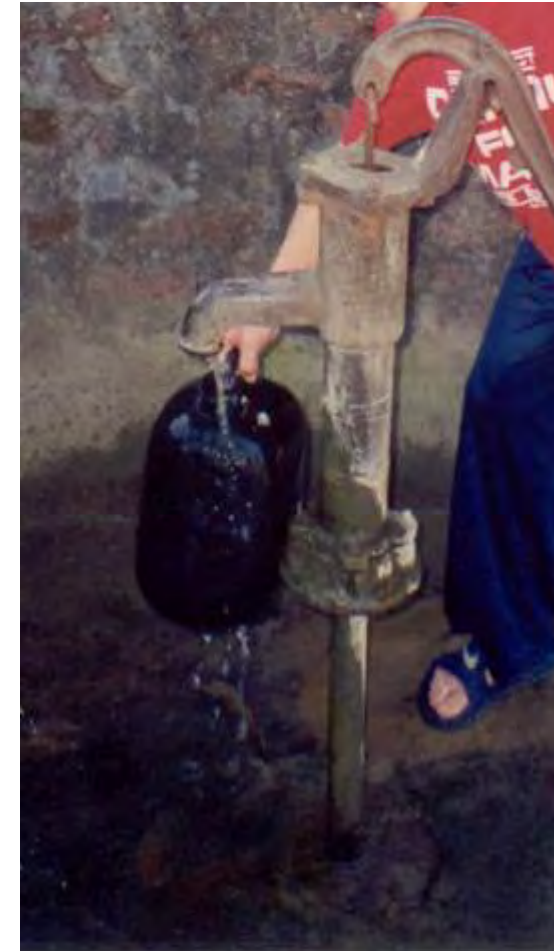
1. Fill 10 L plastic jug with raw water.



2. Add iron filings

3. Wait 3 hours

4. Decant treated water



Coagulation/Filtration (2-Kolshi)



Chemical packet



Raw Water



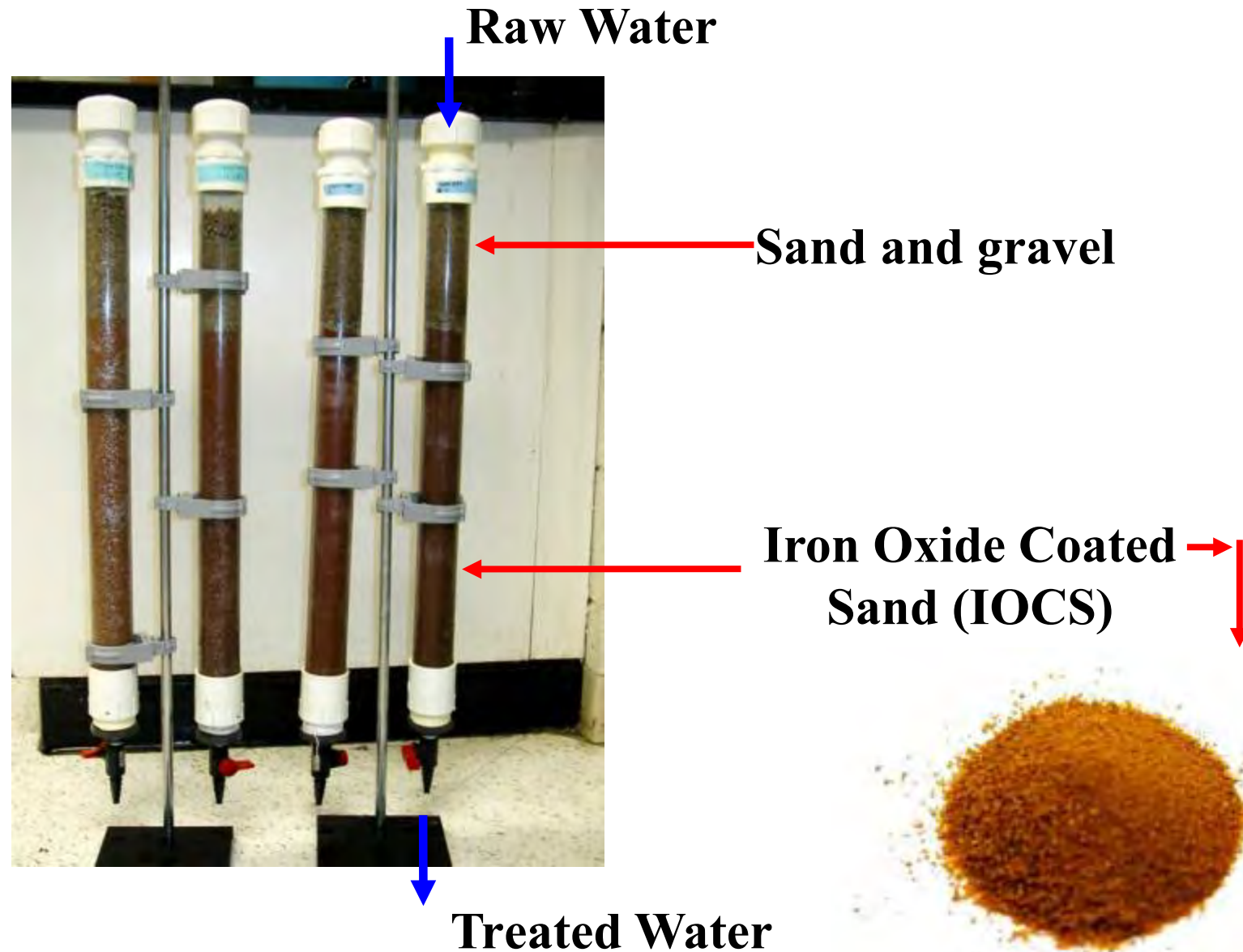
Mixing & Settling



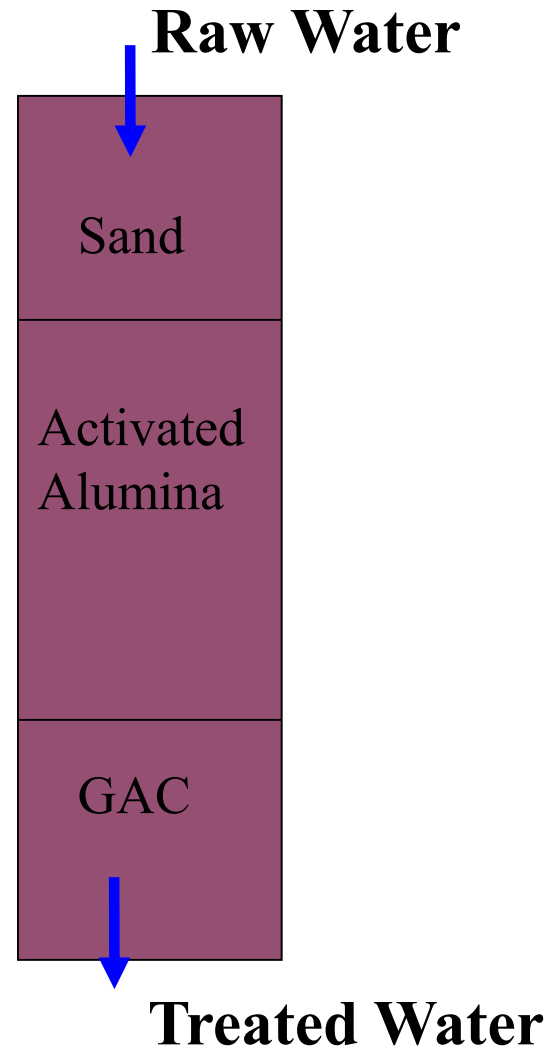
Filtration

Treated Water

Iron Oxide Coated Sand (IOCS)



Activated Alumina Metal Oxide #1 (Apyron Aqua-Bind Media)



Activated Alumina Metal Oxide #2

(Aquatic Treatment Systems, Inc.)



Raw Water

Alumina Manganese Oxide (A/M)

Treated Water

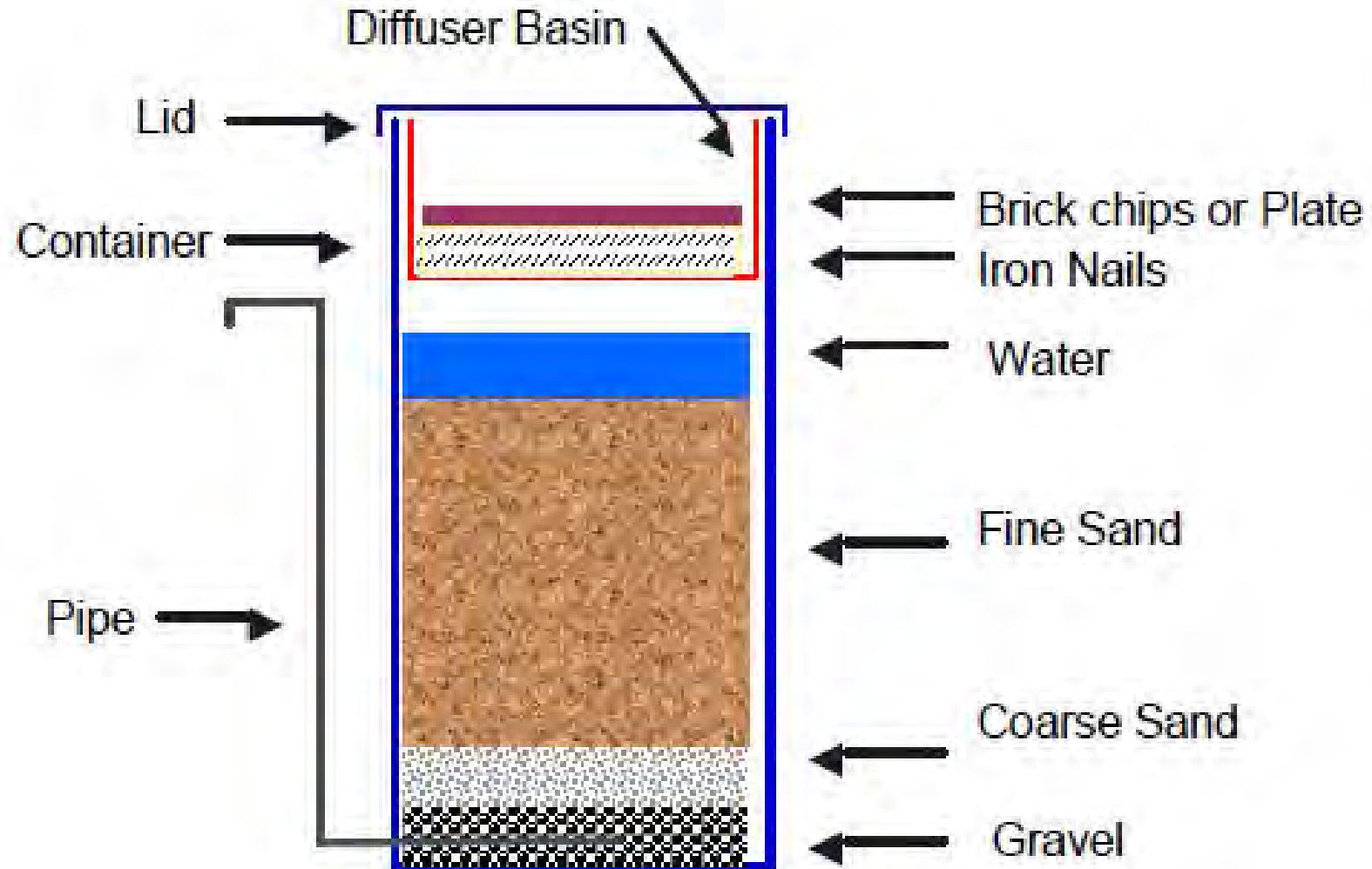
Arsenic Treatment Plants (ATPs)

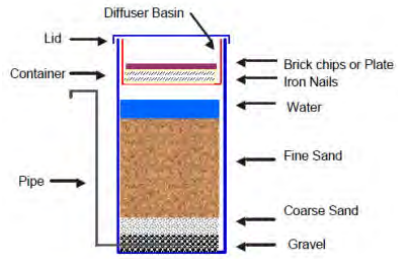


*Kanchan*TM Arsenic Filter (KAF) – invented by Tommy Ngai & team in 2002



Arsenic Biosand Filter Components





Plastic Version of the Arsenic Biosand Filter (branded "Kanchan")



12 Month Pilot Study of 3 Arsenic Removal Technologies

3 Kolshi

Arsenic
Biosand
Filter



Coagulation/
filtration
System
(2-Kolshi)

Phase II Evaluation Summary

	3-Kolshi	2-Kolshi	As Biosand
Arsenic removal	95-99%	80-90%	90-95%
Iron removal	Not tested	Not tested	93-99%
Flow rate	3-5L/hr	1-5L/hr	10-15L/hr
Materials availability	☀☀☀	☀	☀☀☀
Easy construction	☀☀☀	☀☀☀	☀☀☀
Simple O&M	☀☀	☀☀	☀☀☀
Long-term sustainability	☀☀	☀	☀☀☀
User acceptance	☀☀	☀	☀☀☀
Low initial cost	☀☀☀	☀☀☀	☀☀
Low running cost	☀☀	☀☀	☀☀☀
Overall Ranking	2nd	3rd	Best

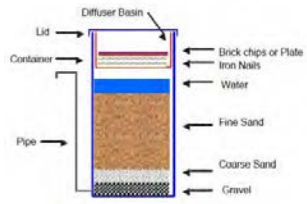
☀ = poor

☀☀ = moderate

☀☀☀ = good

Arsenic Biosand Filter 12 Mo. Pilot Study Results (n=16)

Technical Indicators	Average Results
Arsenic Removal	93 %
Total Coliform Removal	58 %
<i>E. Coli</i> Removal	64 %
Iron Removal	93 %
Flow Rate	14 L/hr



Entrepreneur factory yard – Nawalparasi, Nepal



The Arsenic Biosand Filter was recognized by various awards ...

- *MIT IDEAS Competitions – (2002, 2003, 2005)*
- *World Bank Development Marketplace Competition*
- * *Wall Street Journal
Technology Innovation Award –
Environment Category (2005)*
- * *St. Andrews Prize for the
Environment – 2nd Prize (2006)*
- * *Kyoto Water Prize - Top Ten
Finalists (2006)*

Tommy Ngai, Susan's former MIT MEng student, and Narayan Panday, one of the filter entrepreneurs Tommy trained in 2003-2007



Tommy Ngai and I visited Narayan Pandy & family on Jan. 29, 2019. Narayan's highly success social business is called "Lumbini Filter Industries."



2005 original home and business site of Narayan Pandey and Lumbini Filter Industries (left photo)

2019 mansion (same site – right photo)



2005 conveyance, by bike.
2019 conveyance, by truck



2005 filters painted blue
2019 filters with ceramic
tiles & safe storage container



Conveyor System for Arsenic Biosand Filter Transport – another indigenous innovation of Lumbini Filter Industries



Lumbini Filter Industries Phone Number on each unit. 10 Year Warrantee/Follow-up



Lumbini Filter Industries' Educational Posters on How the Filter Works and How to Operate It.

बायोस्याण्ड फिल्टरले जीवाणु हटाउने ४ प्रक्रियाहरू



१. अड्कने प्रक्रिया : बालुवाबाट पानीको प्रवाह हुँदा पानीमा भएका फोहोर र जीवाणुहरू बालुवाको माथिल्लो सतहको कणमा नै अड्कन्छन् ।

२. जीवाणुले जीवाणुलाई खाने प्रक्रिया : फिल्टरमा बिकास हुने बायोफिल्ममा रहेने ठूला जीवाणुहरूले अन्य जीवाणुहरूलाई खानाको रूपमा खान्छन् ।

३. टाँसिने प्रक्रिया : पानीमा रहेका केही जीवाणुहरू बालुवाका कणहरूमा टाँसिदा (+ र - चार्जको कारण) फिल्टर गरिएको पानीमा आउन सक्दैनन् ।

४. प्राकृतिक मृत्युको प्रक्रिया : केही जीवाणुहरू पर्याप्त खाना वा अक्सिजनको कमीले वा आयु सकिएर मर्दछन् ।

सुरक्षित पानी स्वस्थ जिन्दगानी । पिउने गरौं बायोस्याण्ड फिल्टरको पानी

थप जानकारीको लागि: बातावरण र जनस्वास्थ्य संस्था (एनफो) ११०/२५ आदर्शमार्ग, नयाँ बानेश्वर, काठमाडौं नेपाल
फोन नं. ९७७-०१-४४९३३०६, ४४९३३०७
फ्याक्स - ९७७-०१-४४९३३०६, Website: www.enpho.org



बायोस्याण्ड फिल्टर



धेरै वर्ष अघि देखि पानी प्रशोधन गर्ने गरिएको 'स्लो स्याण्ड फिल्ट्रेसन' (Slow Sand Filtration) प्रविधि को परिष्कृत रूपमा प्रयोगमा ल्याइएको 'बायोस्याण्ड फिल्टर' संसार भरि प्रचलनमा आएको छ । यस फिल्टरले खानेपानीमा भएको जीवाणु, फलामको मिश्रण, धमिलोपन र गन्ध पनि हटाउँछ । यो फिल्टर कडकफिट वा प्लास्टिकको भाँडामा सिँधी र बालुवाको तह मिलाएर राखी तालिम प्राप्त व्यक्तिले स्थानियस्तरमै बनाउन सकिन्छ । तराईका आर्सेनिक प्रभावित जिल्लाहरूमा पानीबाट आर्सेनिक हटाउन बायोस्याण्ड फिल्टरमा फलामको काँटी राखी प्रयोग गर्न पनि सकिन्छ । कडकफिट फिल्टरले प्रति घण्टा २५-३० लिटर र प्लास्टिक फिल्टरले प्रति घण्टा १५-२० लिटर पानी छान्छ, जुन ठूलो परिवारको लागि पनि पिउन र खाना पकाउन पर्याप्त हुन्छ । कडकफिट बायोस्याण्ड फिल्टर सिमेन्टबाट बनाउने भएकोले २५-३० वर्ष सम्म टिकाउ हुन्छ भने सभार गर्न पनि सहज छ ।

ध्यान दिनुपर्ने कुराहरू:

- फिल्टर समथर स्थानमा लेभल मिलाएर राख्नुपर्छ र जडान गरी निश्चित स्थानमा राखेपछि फिल्टरलाई सार्ने वा हल्लाउनु हुँदैन ।
- फिल्टरलाई जहिले पनि डस्कनले छोपी कोठा वा मान्छा भित्र धाम नपर्ने सुरक्षित र सफा ठाउँमा राख्नु पर्दछ ।
- फिल्टरमा डिफ्युजर प्लेट (Diffuser Plate) ताराशिकन कहिल्यै पानी खन्याउनु हुँदैन ।
- फिल्टरको बालुवाको सतह समथर हुनुपर्छ र बालुवाको सतह माथि सधैं २ इन्च (५ से.मी.) पानी रहिरहनु पर्दछ ।
- फिल्टर भैसकेको पानी सफा भाँडामा डस्कन लगाई भण्डारण गर्नुपर्छ साथै फिल्टर वरपर पनि सफा राख्नुपर्छ ।
- फिल्टरबाट पानी कम मात्रामा भर्न थालेमा फिल्टर सफा गर्ने बेला भएको बुझ्नु पर्दछ । फिल्टरबाट प्रति मिनेट ०.५ लिटर भन्दा बढी पानी आएमा फिल्टरसम्बन्धी प्राविधिकलाई सम्पर्क गर्नु पर्दछ ।
- फिल्टरमा निरन्तर पानी भरि राख्नु हुँदैन । फिल्टरमा एकपटक पानी भरे पछि २-३ घण्टा त्यसै छाडेमा पानी प्रशोधन प्रकृया सहज हुन्छ र प्रशोधित पानीको गुणस्तर पनि राम्रो हुन्छ ।



थप जानकारीको लागि:

लुम्बिनी फिल्टर उद्योग
रूपन्देही

वातावरण र जनस्वास्थ्य संस्था (एनफो)
नयाँ बानेश्वर, काठमाडौं

Local prosperous homes of Lumbini Filter Industries customers, each with their own private well in front year. Location: Rupendehi, Nepal.



Many impressive homes in this upwardly mobile neighborhood in Rupendehi, Nepal have Arsenic Biosand Filters from Lumbini Filter Industries



A filter producers association has standardized on a common diffuser basin of their own design, improving on the earlier the original MIT-ENPHO team recommended.



Rupendehi resident and customer of Lumbini Filter Industries



Local Shop in Parasi, Nepal selling Arsenic Biosand Filters, among other housewares



Gyanshampur Village, Nawalparasi District. The man on crutches has had his leg amputated due to the mistaken idea that it can cure him of his arsenicosis. Five family members suffer the same.



1st School with Arsenic Biosand scaled up system we visited. This one was working well.



Courtesy of Tommy Ngai. Used with permission.

Arsenic Treatment System -- 1st School We Visited



EXPO 2020
DUBAI, UAE
CANDIDATE CITY



Pictures showing well and public sink at 1st school with arsenic biosand filter we visited in Nawalparasi District



Arsenic Contamination in the World

- Worldwide estimated 226+ million people are exposed to arsenic contamination from drinking water or food. (Murcott, 2012)
- At least 105 countries in the world where people are potentially exposed to arsenic in drinking water or food.

Take-aways from Arsenic in Nepal Case Study

- Narayan Pandey has made “a biosand filter for every family in Nepal” his life work.
- Lumbini Filter Industries is an outstanding example of “design for/design with/design by,” having taken an original idea, innovated on it, and built his life around this innovation.
- There is still work to do in the region, people are still getting arsenicosis (arsenic poisoning).*
- Scale up is happening to address arsenic in drinking water in schools. Some successful, some less successful. More work is needed.
- Worldwide the arsenic contamination problem is largely invisible.

* Cutaneous manifestations (melanosis, keratosis, and cutaneous cancers) are essential clues in the diagnosis

Infiltration vs. Runoff & Erosion in a Rain Simulator



Notice 10 glass jars:

5 back jars receive infiltration water

5 front jars receive surface runoff

5 trays have varying degrees of tilled soil on right all the way to deeply rooted soil microbiology and plant life

Photo credit Benton James, Madison County Soil Conservation District, Tennessee

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Ray Archuleta, USDA scientist demonstrating the Soil Stability Test of two exact same soils, except...

On the left is 35 yr old conventionally farmed soil, with chemicals and fertilizer

On the right is 40 year old healthy soil with diverse biota.
See the difference when added to water columns



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- <https://www.facebook.com/drbuszkloot/videos/vb.197148037353808/707664362917959/?type=2&theater> (1 minute)

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