

# 4.401/4.464 Environmental Technologies in Buildings

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Lec 15 Ventilation

# Thermal Module

- Thermal Mass & Heat Flow
- Insulating Materials + Window Technologies
- Shading + Integrated Façade Design
- Ventilation
- Internal Gains & Load Calculations
- HVAC for Small Buildings
- HVAC for Large Buildings
- Simulation Game

# Weekly reading and tutorials

DIVA GH 8: DIVA/Archsim Single Zone

DIVA GH 10: Multi-Zone Thermal Modeling

DIVA GH 11: Natural Ventilation

# Ventilation

# *Why do we ventilate buildings?*

**To breathe**

**To maintain indoor environmental quality**

**To control temperature & relative humidity**

# Terminology

According to the ASHRAE Handbook of Fundamentals, Chapter 27:

“Air exchange of outdoor air with the air already in a building can be divided into two broad classifications: **ventilation and infiltration**.”

**Ventilation** air is air used to provide **acceptable indoor air quality**. It may be composed of forced or natural ventilation, infiltration, suitably treated re-circulated air, transfer air, or an appropriate combination. It includes the intentional introduction of air from the outside into a building and is further subdivided into natural ventilation and forced ventilation.

**Natural ventilation** is the flow of air through open windows, doors, grilles, and other planned building envelope penetrations.

**Forced ventilation** is the intentional movement of air into and out of a building using fans and intake and exhaust vents.

**Infiltration** is the flow of outdoor air into a building through cracks and other unintentional openings. Infiltration is also known as ‘air leakage’ into a building.”

# General Comments

- ❑ Infiltration and ventilation have to be controlled to provide thermal comfort and indoor air quality to building occupants.
- ❑ Indoor air quality issues relating to contaminants in the air (such as volatile organic compounds) will be addressed in a later lecture.
- ❑ **Commercial buildings** in the US tend to be ventilated using forced air. These buildings tend to be sealed (have no operable windows) and use **economizer cycles** to cool the air if desired. There always has to be a percentage of outside air of **at least 10%**.
- ❑ We will discuss different HVAC systems later this term.

*How much fresh air do we need?*



# Ventilation/Infiltration Rates

□ The amount of infiltration in a building is usually expressed in terms of **air exchanges per hour** (ACH), the number of times all air within a building is being exchanged with outside air over the course of an hour.

□ Hygienic fresh air requirements per person are expressed in 'feet<sup>3</sup>/minute person' or in 'liters/second person'. Typical fresh air supply requirements are:

**15 ft<sup>3</sup>/minute person or 10 liter/second person**

# Blower Door Tests

Left: photo courtesy of Natural Spaces Domes. Used with permission.

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- ❑ Are used to determine air leakage of building envelopes. Results are expressed in  $\text{m}^3/\text{m}^2\text{h}$  @ 50 Pa.
- ❑ There is a difference between  $\text{ACH}_{50}$  and  $\text{ACH}_{\text{nat}}$ . You want to reach an  $\text{ACH}_{50} < 3$ .
- ❑ An  $\text{ACH}_{50} < 1.5$  means that your house requires mechanical ventilation.

# Infiltration Values - Residential

Energy efficient houses have been found to have an average  $ACH_{nat}$  of  $0.5 \text{ h}^{-1}$  (range  $0.02 \text{ h}^{-1}$  to  $1.63 \text{ h}^{-1}$ ), compared to  $0.9 \text{ h}^{-1}$  for 'normal new construction houses'.

# Ventilation Losses

Energy loads on a building due to infiltration and ventilation are dependent on the amount of air changes per hour:

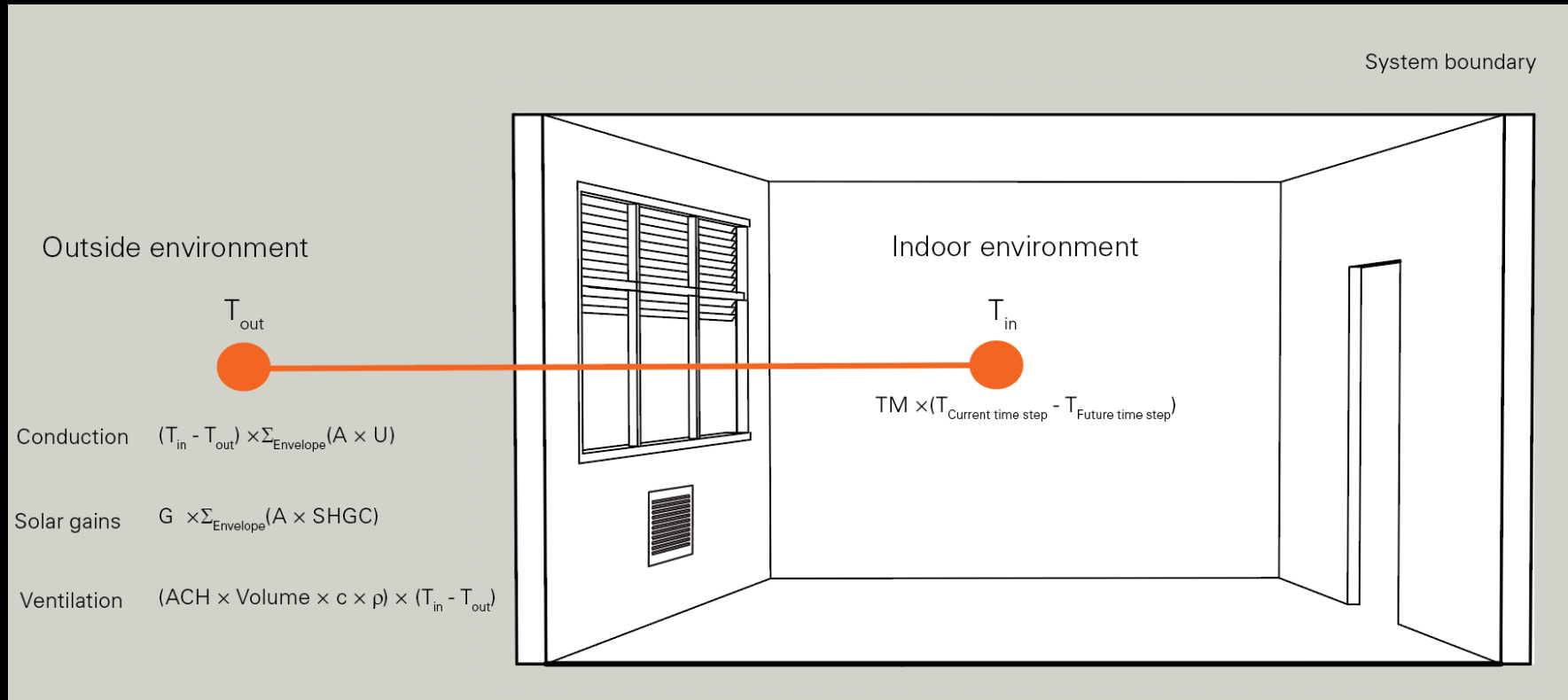
$$Q_{\text{infiltration}} = (\text{ACH} \times \text{volume} \times c \times \rho) \times (T_{\text{inside}} - T_{\text{outside}})$$

Where:

$\rho$  = Density of Air 1.2 kg/m<sup>3</sup>

$c$  = Specific Heat Capacity of Air (20° C) ~ 1000 J/kg K

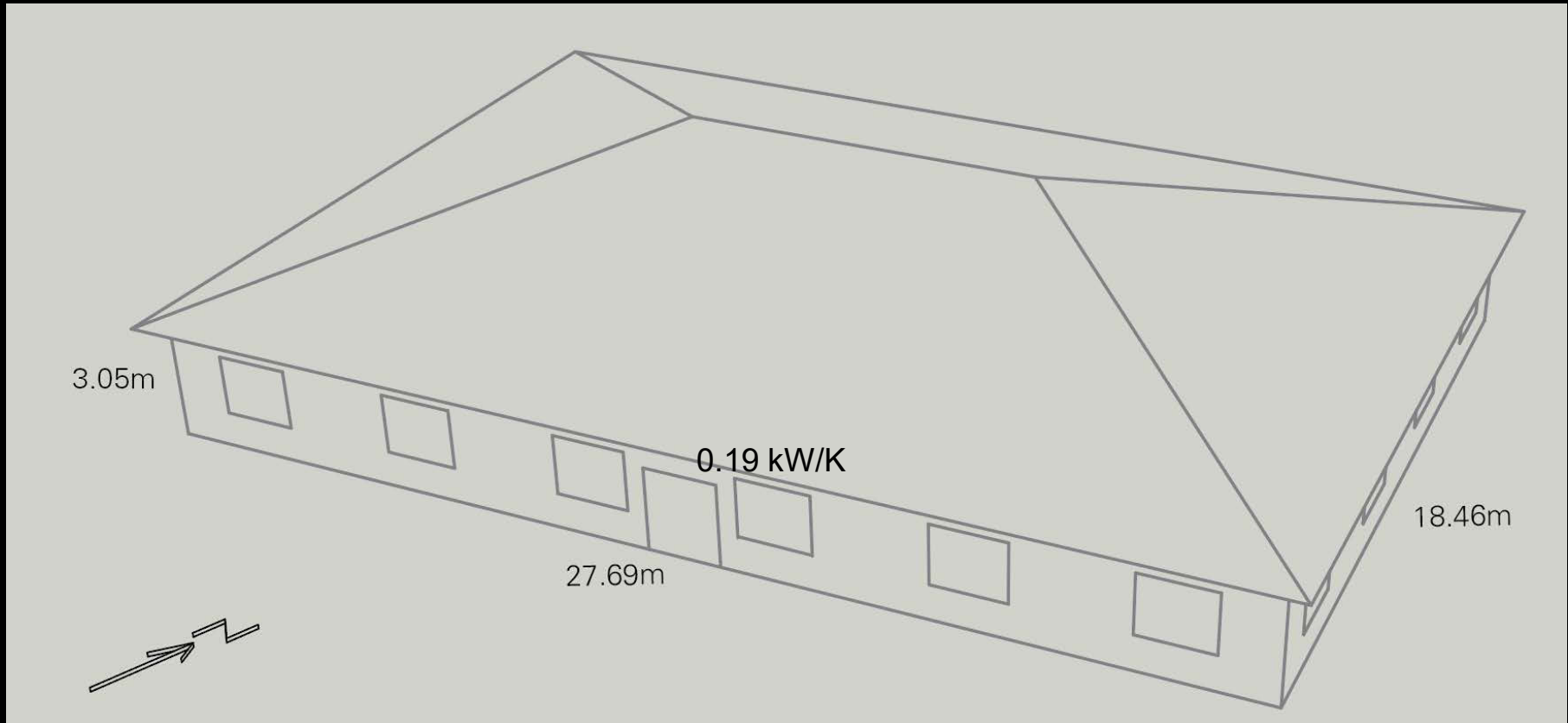
# Heat Balance Equation



ACH = Air change per hour

Volume = Volume of air in conditioned space

# US DOE Benchmark Small Office Building



Floor area: 511.1 m<sup>2</sup>

Wall area: 225.7 m<sup>2</sup>

Roof area: 511.1 m<sup>2</sup>

Window area: 55.8 m<sup>2</sup>

$TM_{\text{With concrete floor}} = 19.1 \text{ kWh/K}$

$\Sigma UA_{\text{Envelope}} = 11.6 \text{ kW}$

Ventilation Losses?

# Ventilation Losses for DOE Small Office

Energy loads on a building due to infiltration and ventilation are dependent on the amount of air changes per hour:

$$Q_{\text{infiltration}} = (\text{ACH} \times \text{volume} \times c \times \rho) \times (T_{\text{inside}} - T_{\text{outside}})$$

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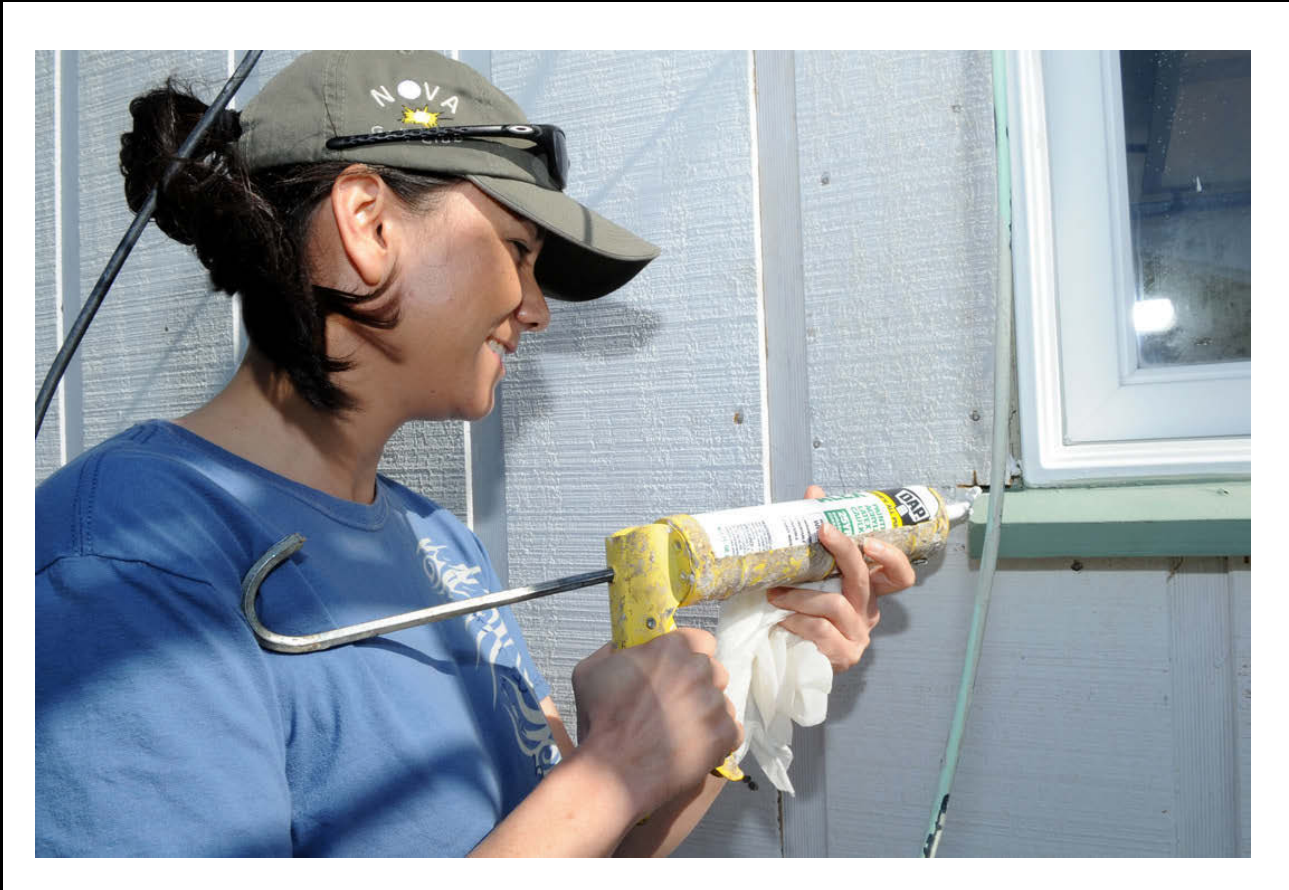
For the US DOE Small Office Building: **This is very low.**

Assuming an ACH of **0.36/h** and a volume of 1559 m<sup>3</sup>

$$Q_{\text{infiltration}} = (0.36/\text{h} \times 1559 \text{ m}^3 \times 1000 \text{ J/kgK} \times 1.2 \text{ kg/m}^3 \times \Delta T)$$

$$= 673,488,680 \text{ J/hK} \times \Delta T = 0.2 \text{ kW/K} \times \Delta T$$

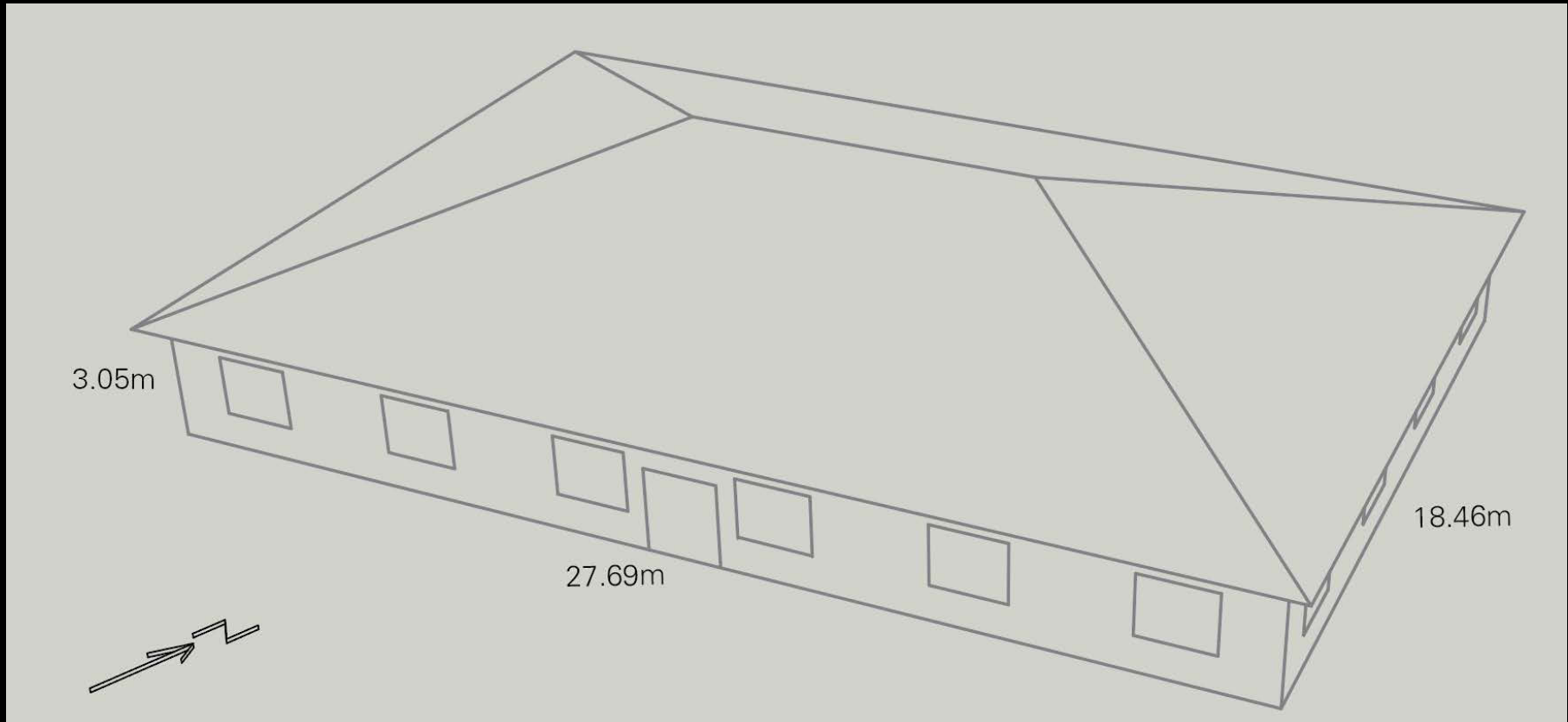
# Residential Weatherization Techniques



Reduce cracks in window and door frames etc.



# US DOE Benchmark Small Office Building



Floor area: 511.1 m<sup>2</sup>  
Wall area: 225.7 m<sup>2</sup>  
Roof area: 511.1 m<sup>2</sup>  
Window area: 55.8 m<sup>2</sup>

$TM_{\text{With concrete floor}} = 19.1 \text{ kWh/K}$   
 $\Sigma UA_{\text{Envelope}} = 11.6 \text{ kW}$   
 $ACH \times Vol \times c \times \rho = 0.2 \text{ kW}$

# Do we need additional ventilation?

Assuming an ACH of 0.36/h, a volume of 1559 m<sup>3</sup> and 27 occupants, the fresh air supply per person [pp] is:

$$1559 \text{ m}^3 \times 0.36/\text{h} / 27 \text{ pp} = 20.1 \text{ m}^3/\text{h pp}$$

A 1000 liter of air = 1m<sup>3</sup> of air

$$\text{Fresh air per person} = 20100 \text{ l} / 3600 \text{ s person} \sim 6 \text{ l/s pp}$$

There is insufficient fresh air in the non-weatherized building to provide the required hygienic ventilation to all occupants through infiltration when the windows are closed.

# Sizing an Air Handling Unit

How much fresh air does a forced air system need to supply?

❑ 27 occupants need  $20 \times 10 \text{ l} = 270 \text{ l/s} = 0.27 \text{ m}^3/\text{s}$ .

❑ A  $0.1 \text{ m}^2$  duct typically delivers around  $0.13 \text{ m}^3/\text{s}$ . This means that the building needs around  $0.2 \text{ m}^2$  of supply ducts.

❑ A central, roof-mounted Air Handling Unit (AHU) requires roughly equally sized supply and return ducts, i.e.  $2 \times 0.2 \text{ m}^2 = 0.4 \text{ m}^2$ .

# Natural Ventilation

# Excellent Reference

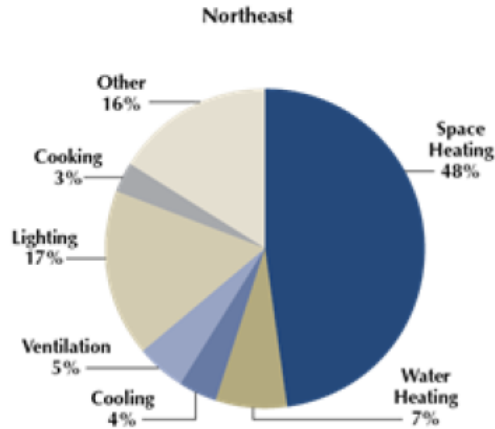
[CIBSE manual AM10: Natural Ventilation in Non-domestic Buildings](#)

ISBN 978-1903287569

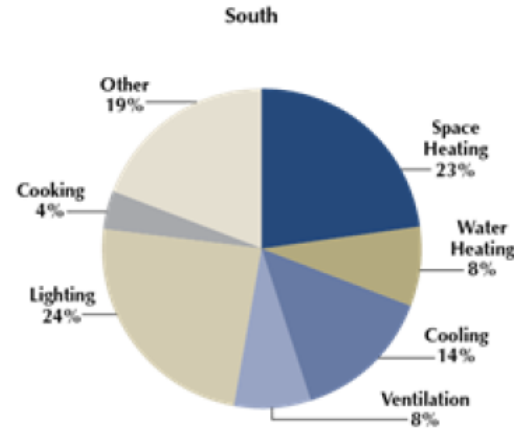
*Why are we so excited about  
natural ventilation?*

# Energy Used for Cooling and Ventilation in US Commercial Buildings

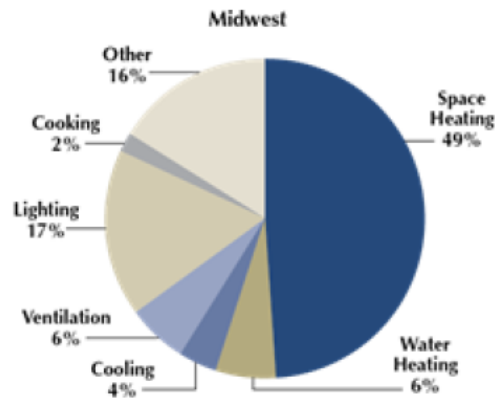
9%  
Cooling &  
Ventilations



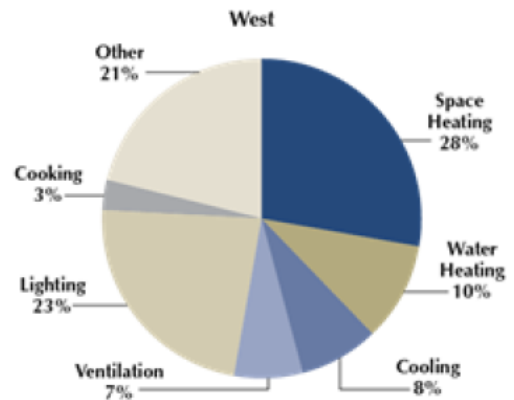
22%  
Cooling &  
Ventilations



10%  
Cooling &  
Ventilations



15%  
Cooling &  
Ventilations

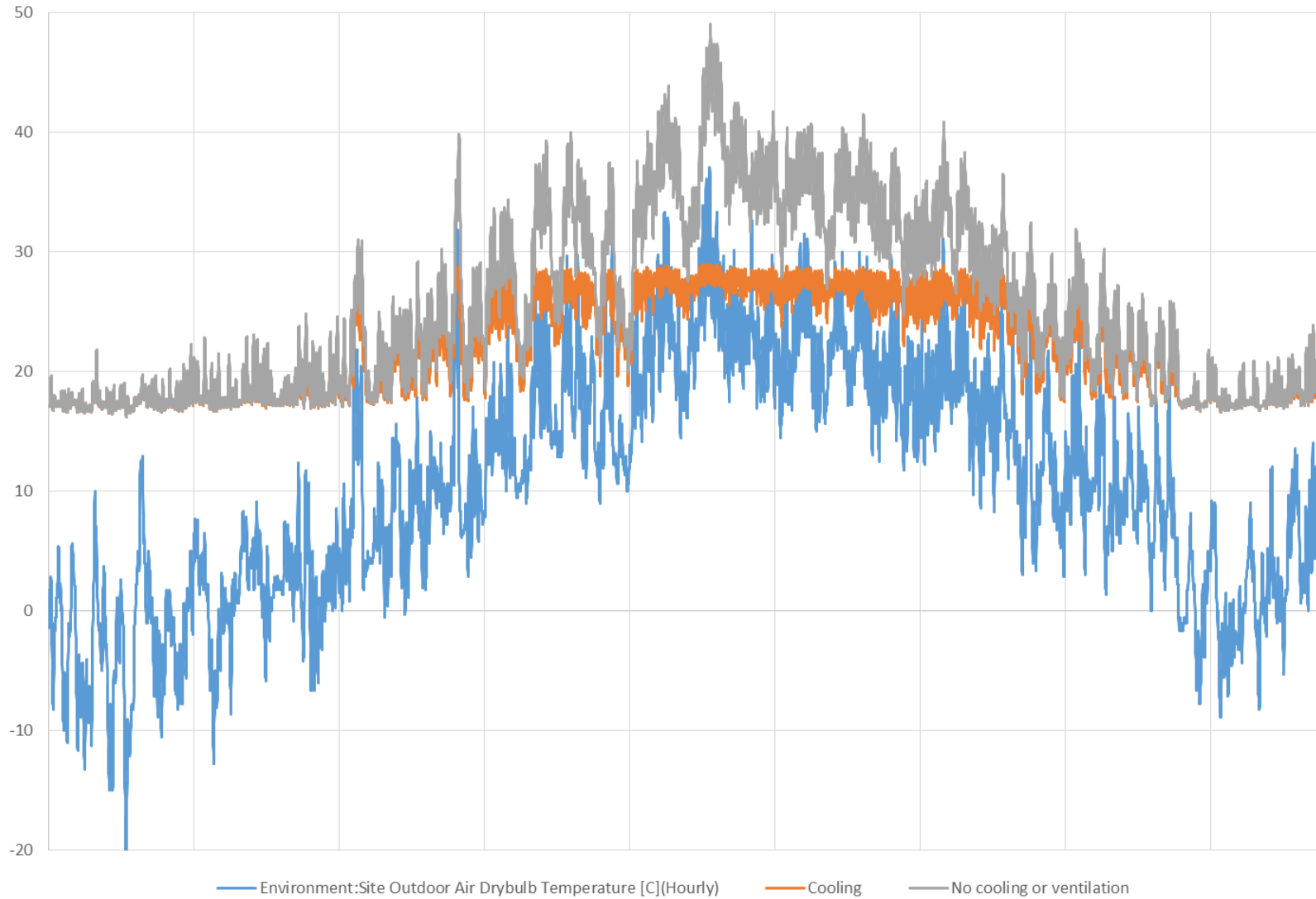


Source: Energy Information Administration, Commercial Buildings Energy Consumption Survey 2009, "Building Characteristics," Table E1a. Available at:

Slide courtesy of Diego Ibarra. Used with permission.

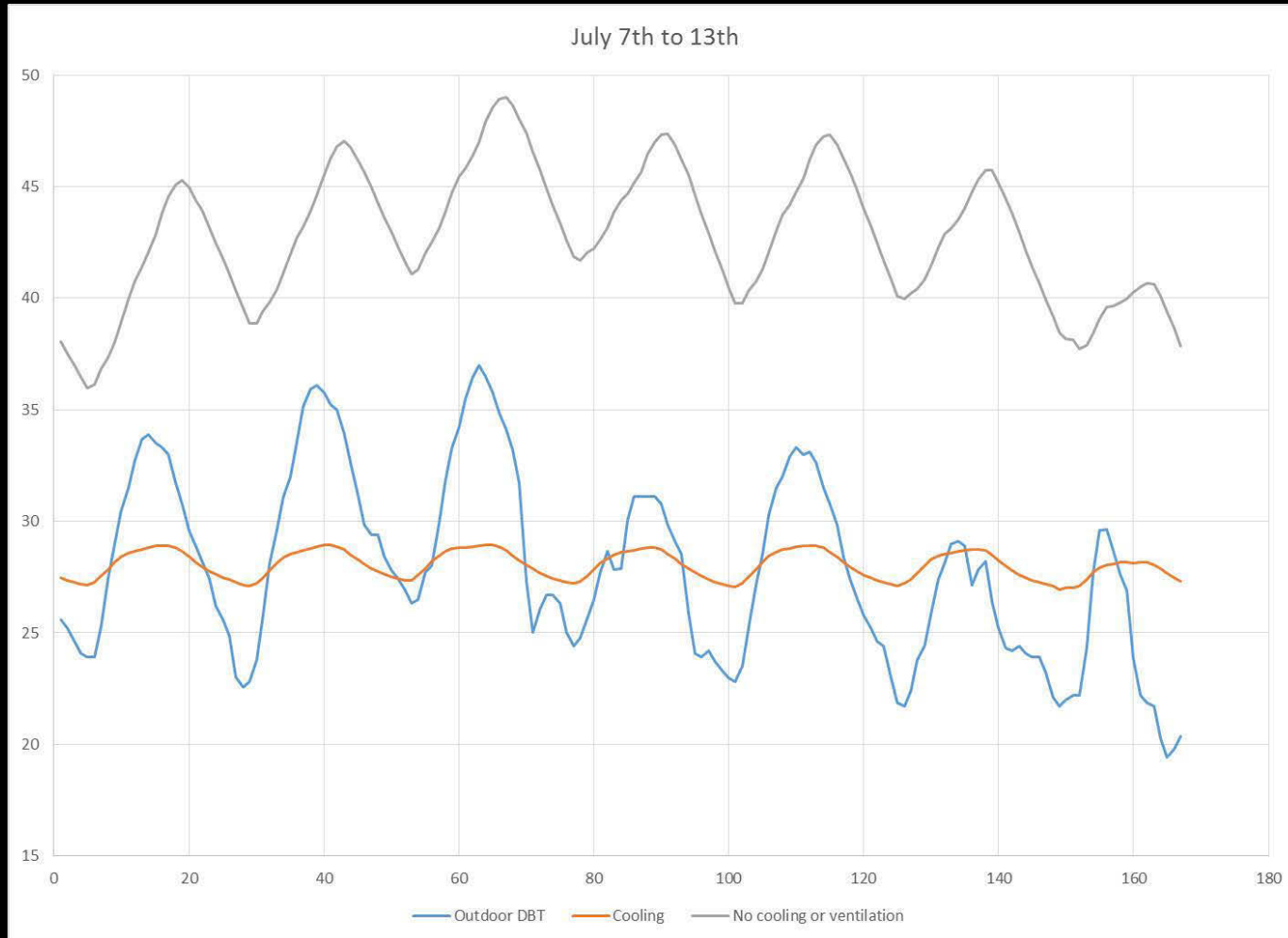
# Unfortunately, it gets a little warm...

Hourly Operative temperature distribution [°C]



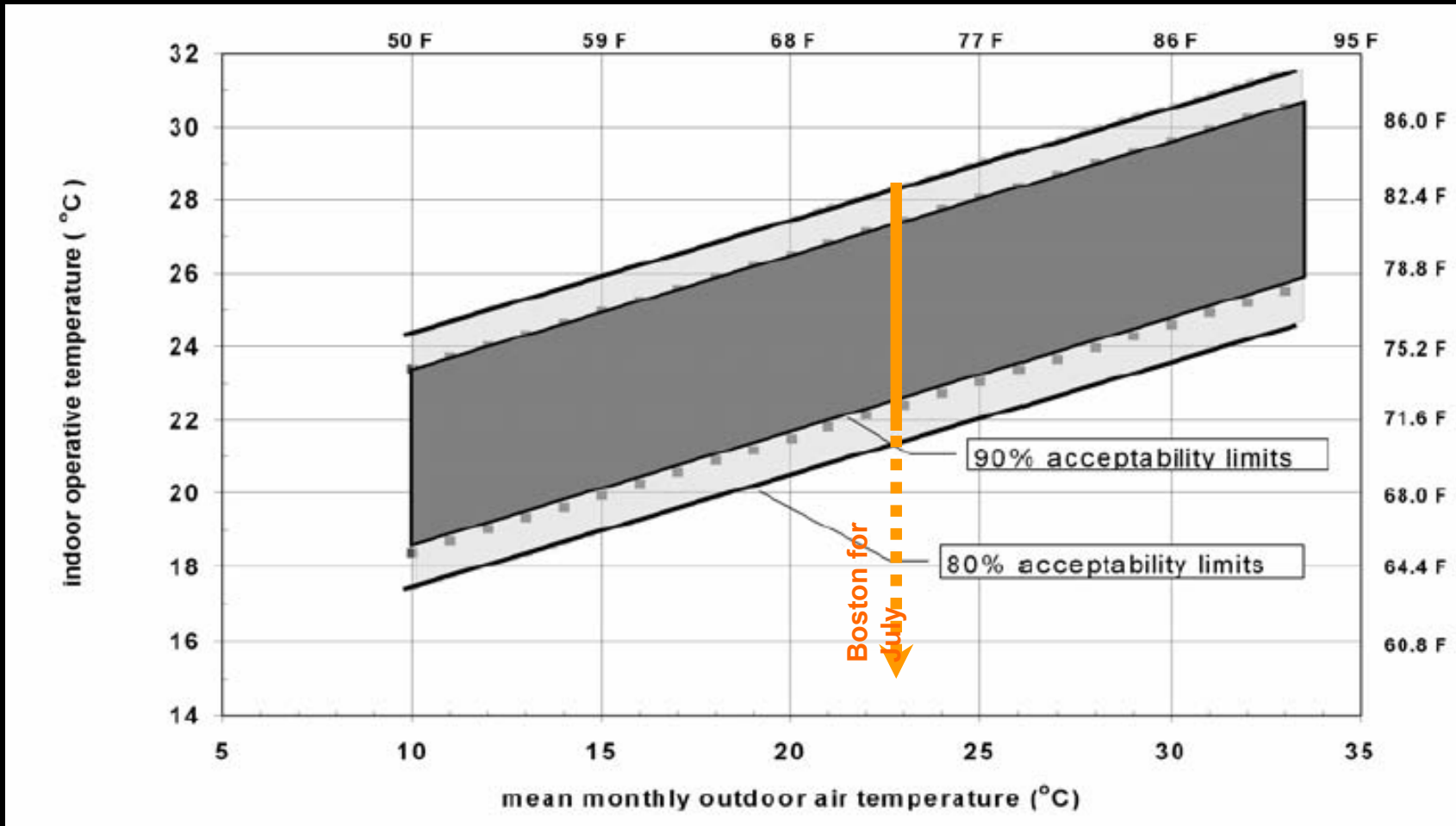


# Summer Design Week (July 7<sup>th</sup> to 13<sup>th</sup>)



Of course, the reason why we do not simply discard our active cooling systems is that indoor temperatures rise. The figure compares temperatures in the New England Home with and without active cooling. In the no-cooling scenario the windows are permanently closed (no natural ventilation). At what point are the interior temperatures too high to be comfortable?

# Acceptable Operative Temperature Ranges for Naturally Conditioned Spaces

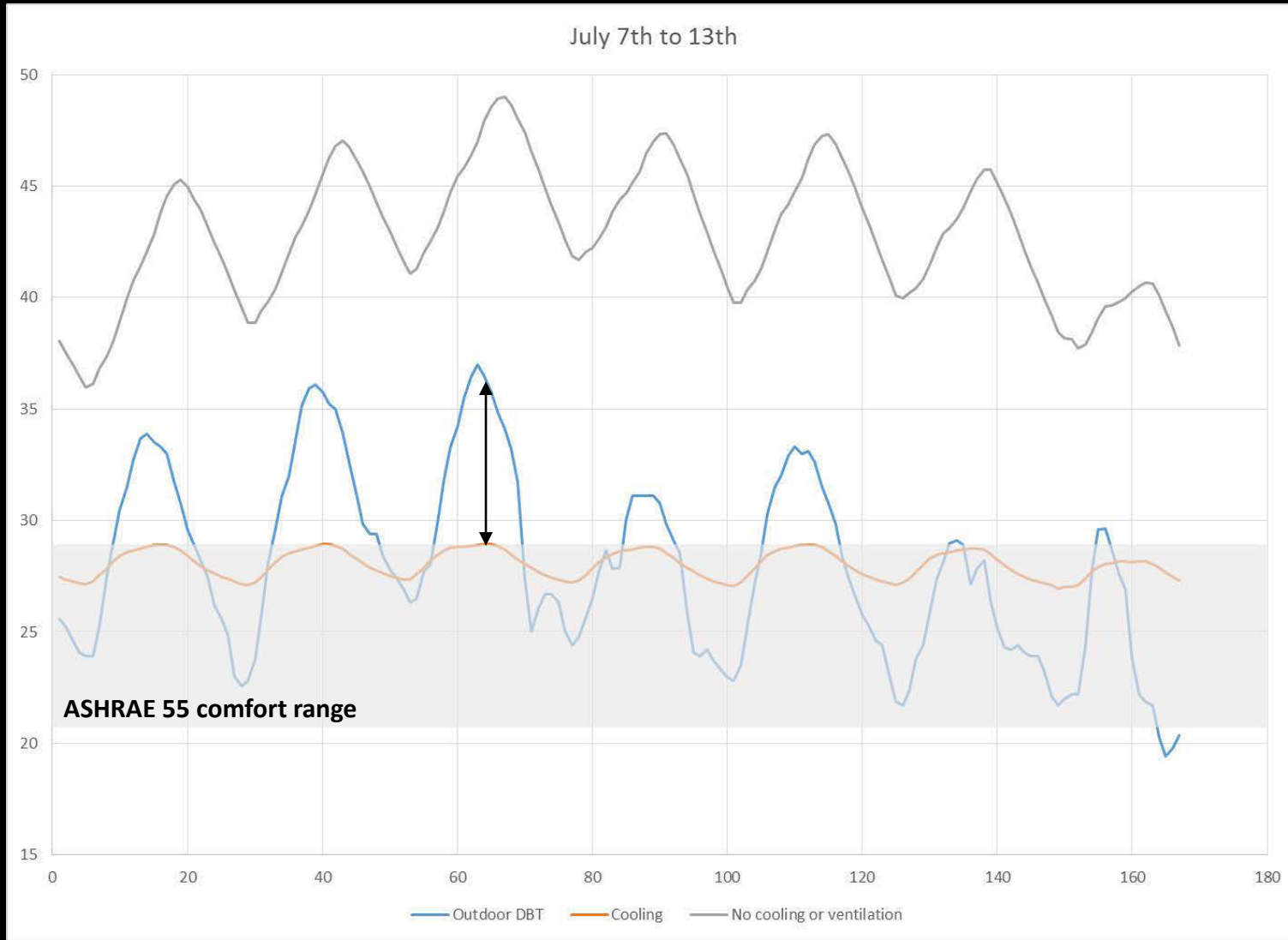


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The mean monthly temperature in Boston for the month of July is around 23° C. According to ASHRAE 55 this means that occupants are comfortable between 21° C and 28° C.

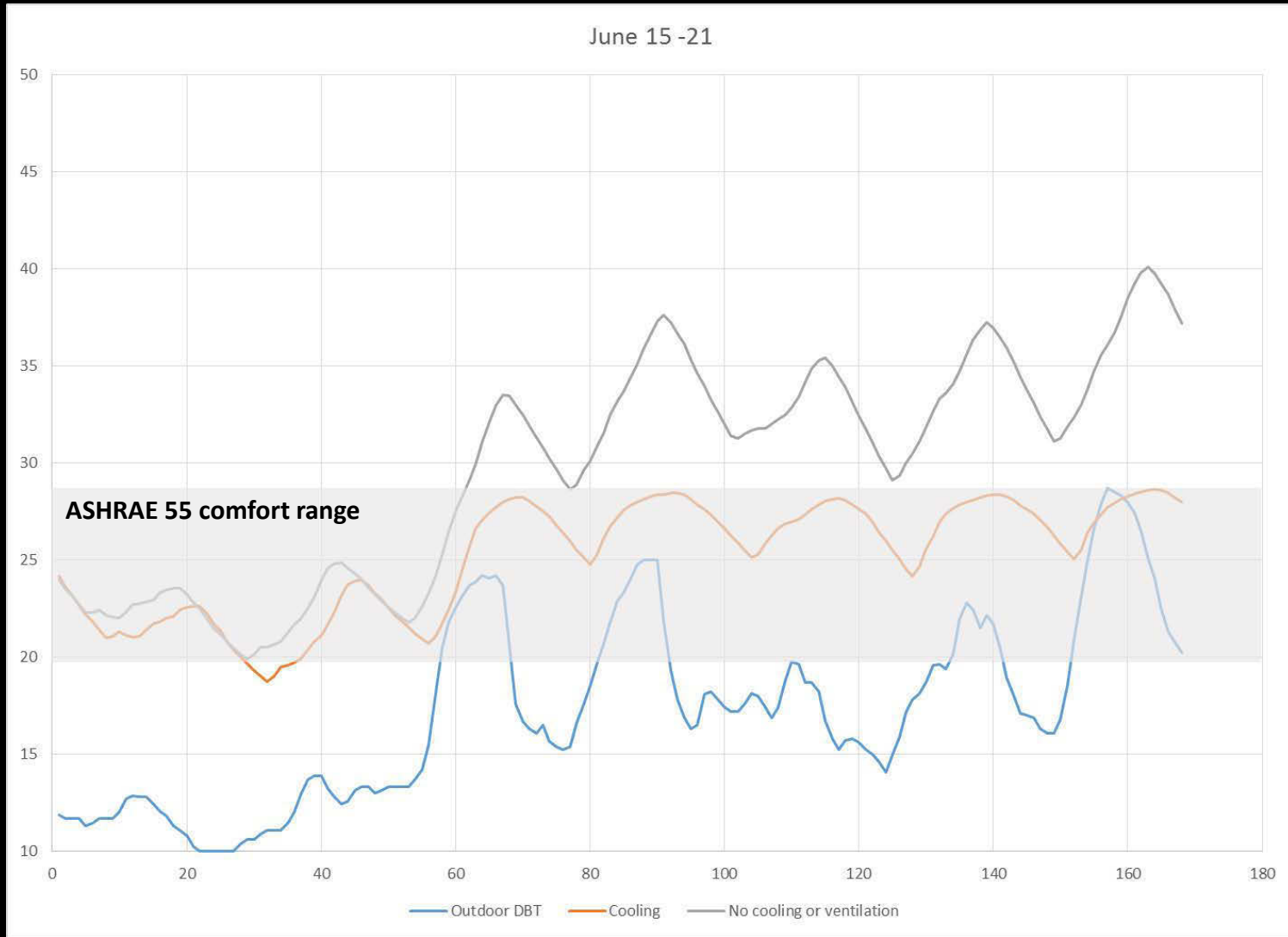
*Can we reduce the inside temperature by opening the window?*

# Summer Design Week



The operative temperature for active cooling is just in the comfort range. The outdoor temperature is mostly above the comfort range so natural ventilation will not help during those situations.

# Typical Design Week



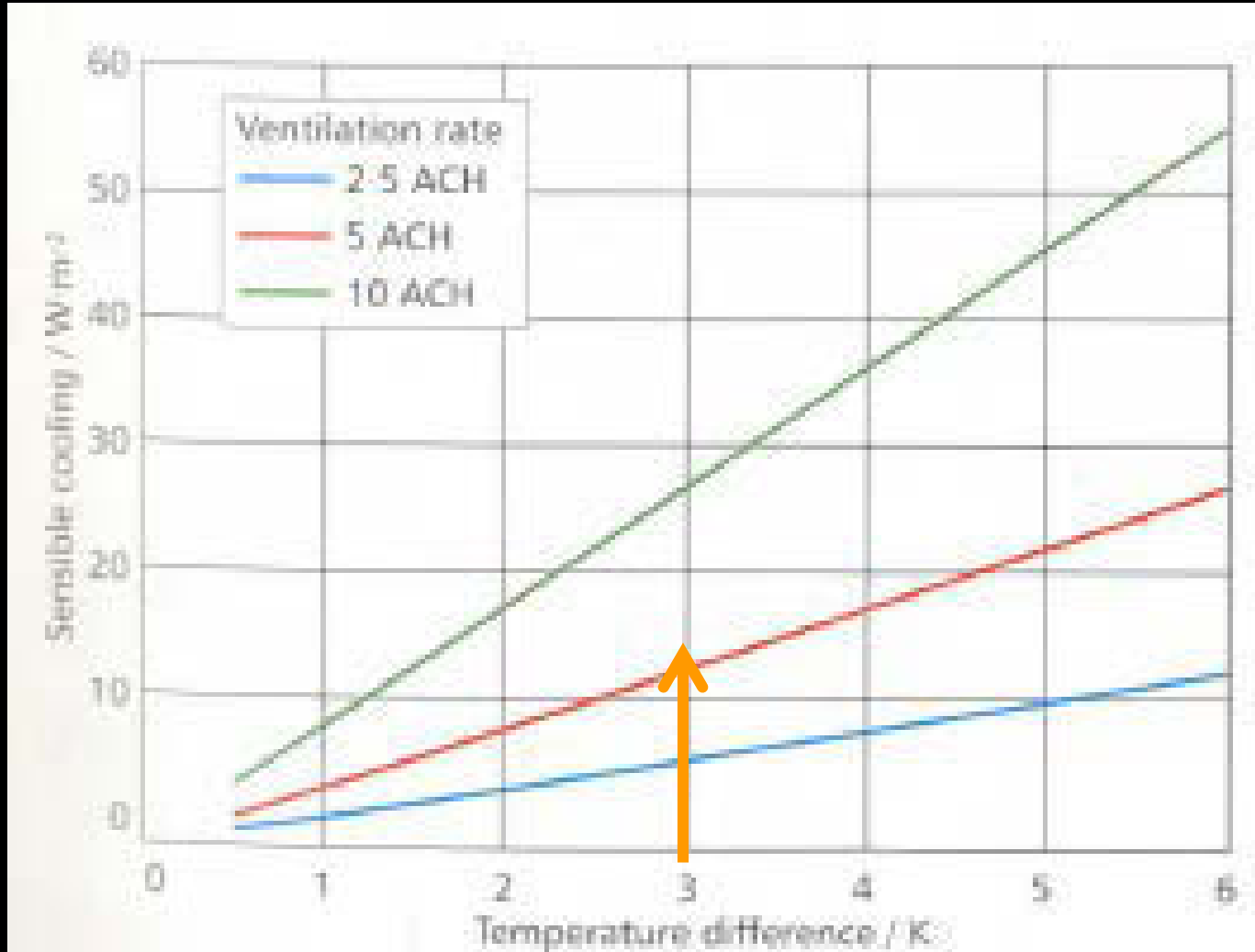
As a rule of thumb, we want the outside air at least 3 K below the maximum comfortable indoor temperature. During the typical summer week this is mostly the case, i.e. there is potential for natural ventilation during that week.

# What is the required cooling load?

As will be established in Lecture 16, the mean hourly internal loads and solar gains are 2008 W and 6140 W, respectively. Given a floor area of 511 m<sup>2</sup>, the typical load that has to be cooled away is:

$$\text{Average load} = (2008 \text{ W} + 6140 \text{ W}) / 511 \text{ m}^2 \sim 16 \text{ W/m}^2$$

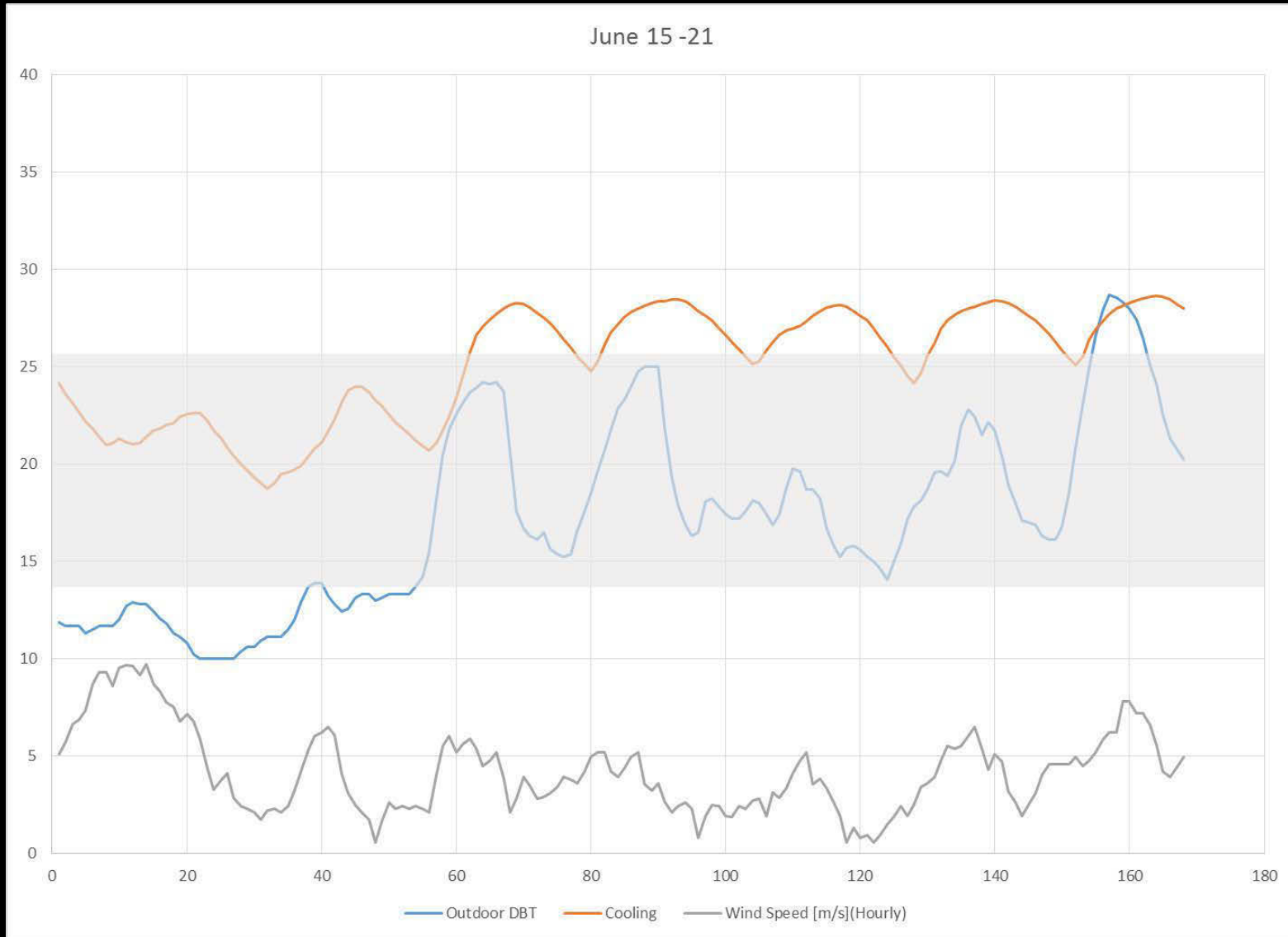
# Cooling From Natural Ventilation



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For a required cooling load of  $16 \text{ Wm}^{-2}$  and a temperature difference between inside and outside air (3K) the required air exchange rate is ACH  $\sim 6$ .

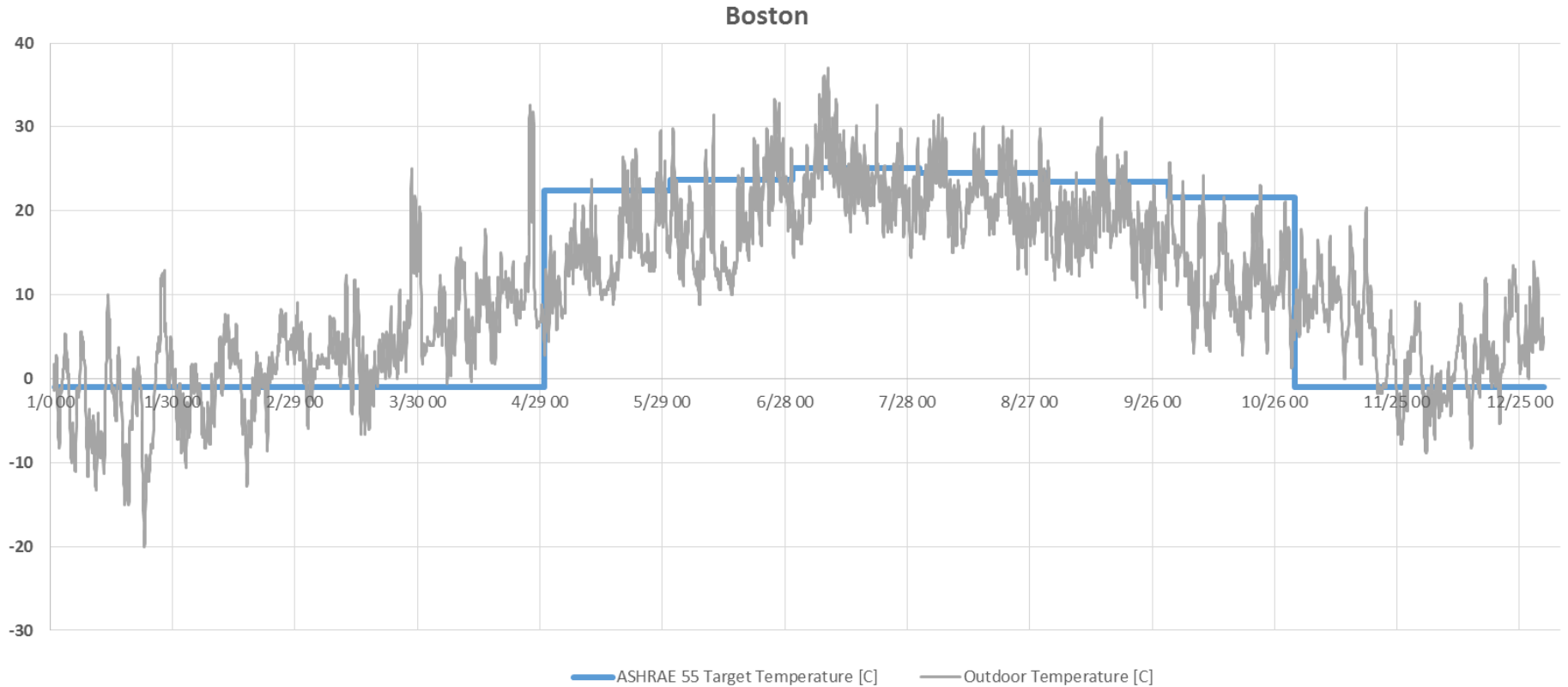
# Potential for Natural Ventilation



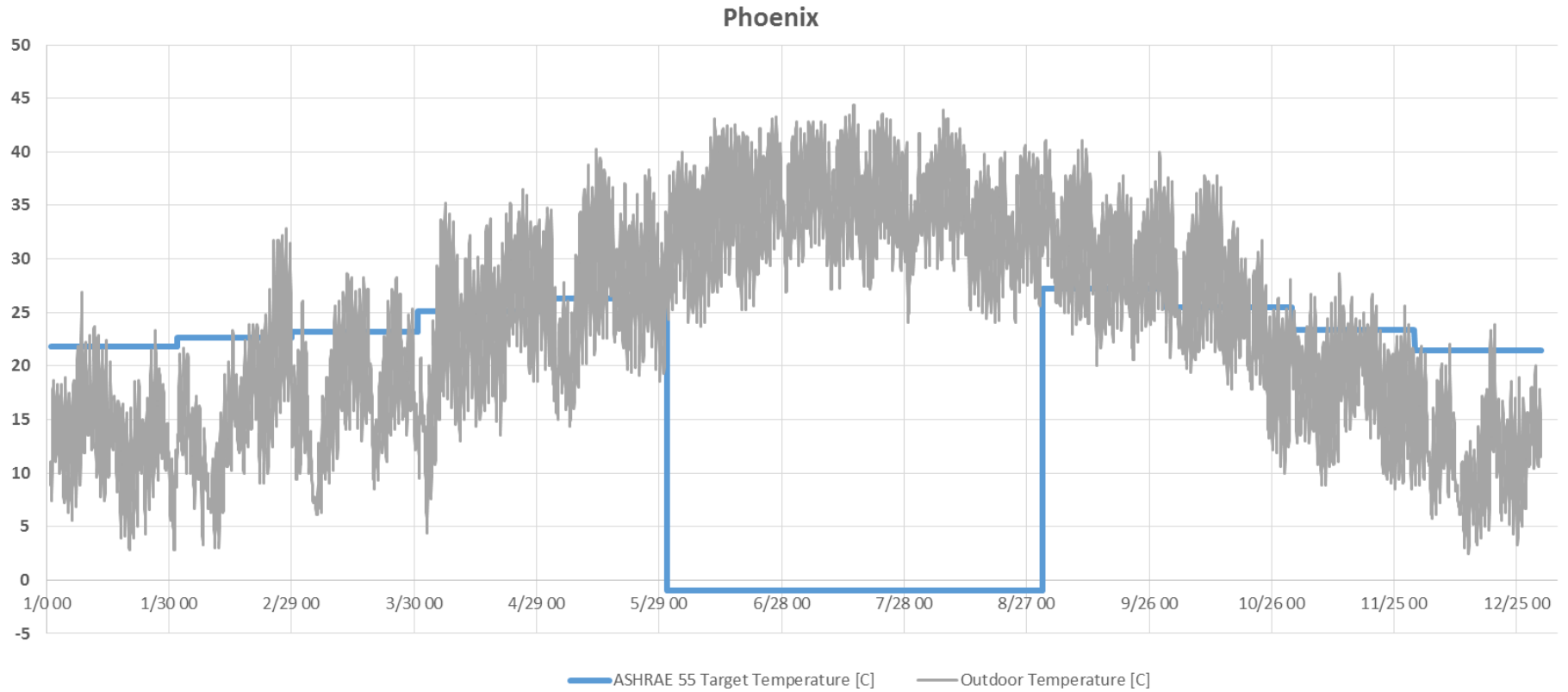
There is some wind (5 m/s) when outdoor temperatures are high.



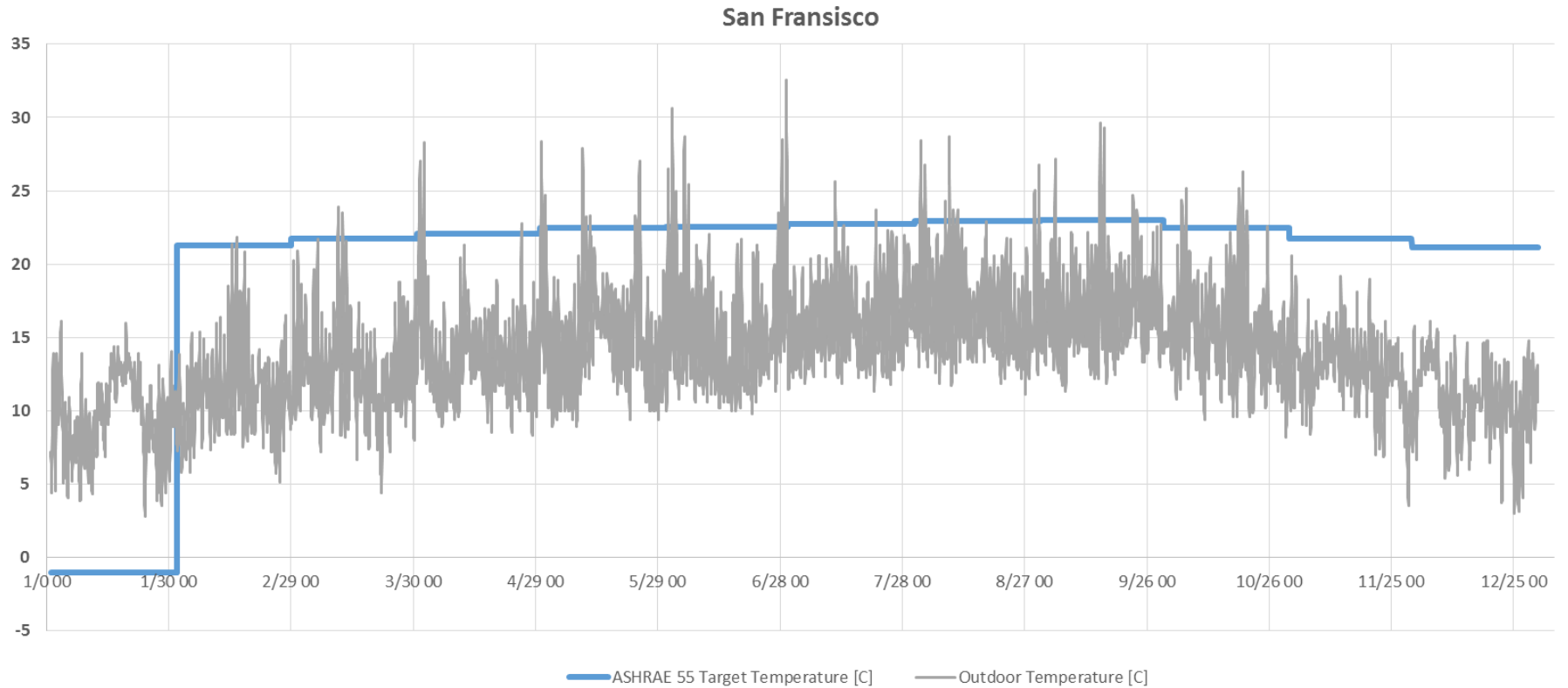
# Outdoor Dry Bulb Air Temperature vs. ASHRAE 55 Maximum Indoor Temperature



# Outdoor Dry Bulb Air Temperature vs. ASHRAE 55 Maximum Indoor Temperature



# Outdoor Dry Bulb Air Temperature vs. ASHRAE 55 Maximum Indoor Temperature



# Do we want the outside air?

The air intake here vents over  
my desk, so when you smoke, I smoke.  
And I don't smoke!  
Please smoke somewhere else. -E



# Natural Ventilation

Based on the example it becomes apparent that we have to know the following:

**Occupant Behavior:** When are occupants opening and closing their windows and by how much?

**Air Exchange Rate:** What is the air exchange rate resulting from the occupants opening their windows? This air exchange rate depends on:

- Indoor Temperature
- Outdoor Temperature
- Window Arrangement
- Ambient Wind pattern (direction and speed)

# Occupant Behavior – What do we know?

- ❑ Occupants open and close their windows *consciously* and *consistently*.
- ❑ The goal of opening the windows is to
  - create a connection to the outside (pleasant sounds, smells) and to
  - improve indoor environmental conditions (flush out VOCs, induce some air movement, replace inside air with fresh outside air).

# Fachhochschule Bonn-Rhein-Sieg



Completed 1999, HMP Architekten. (Public domain photo courtesy of Stefan Knauf on Wikipedia.)

When the operable windows are opened the heating system shuts off.

# Syracuse Center of Excellence



Completed in 2010, Toshiko Mori Architect

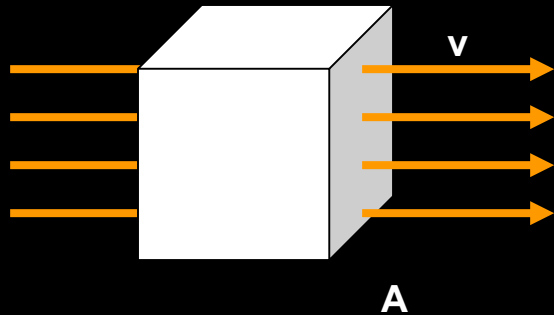
Occupants get a visual signal when opening windows is adequate due to benign outdoor conditions (low traffic).



*How do we get air to move?*

# Air Flow

Air flow or air movement is usually expressed through a **volume flow rate**,  $q$ . Typical units used are cubic feet per minute (cfm) and liters per second (L/s). Sometimes, the ventilation rate is also expressed on a per person or per unit floor area basis, such as cfm/p or cfm/ft<sup>2</sup>.



$$q = \text{area} * \text{velocity}$$

Note: When designing a ventilation system, the ventilation rates are required to determine the sizes of fans, openings, and air ducts.

# What causes air flow?

Air flow is caused by a pressure difference. Air will flow from a zone of high pressure to a zone of low pressure.

$$P_1 = P_2$$



no flow

$$P_1 > P_2$$



air flow

# Air Flow and Air Exchange Rate

Air flow,  $q$ , and air exchange rates, ACH, are closely related. The required air exchange rate during the typical summer week is 5 ACH.

The volume of the house is  $1559 \text{ m}^3$  so

Required flow rate =  $6 \text{ h}^{-1} \times 1559 \text{ m}^3 \sim 2.6 \text{ m}^3/\text{s}$

# Driving Forces for Airflow in Buildings

$$Q = (A C_d)_{eff} \sqrt{\frac{2}{\rho} \Delta P}$$

**Airflow**

=

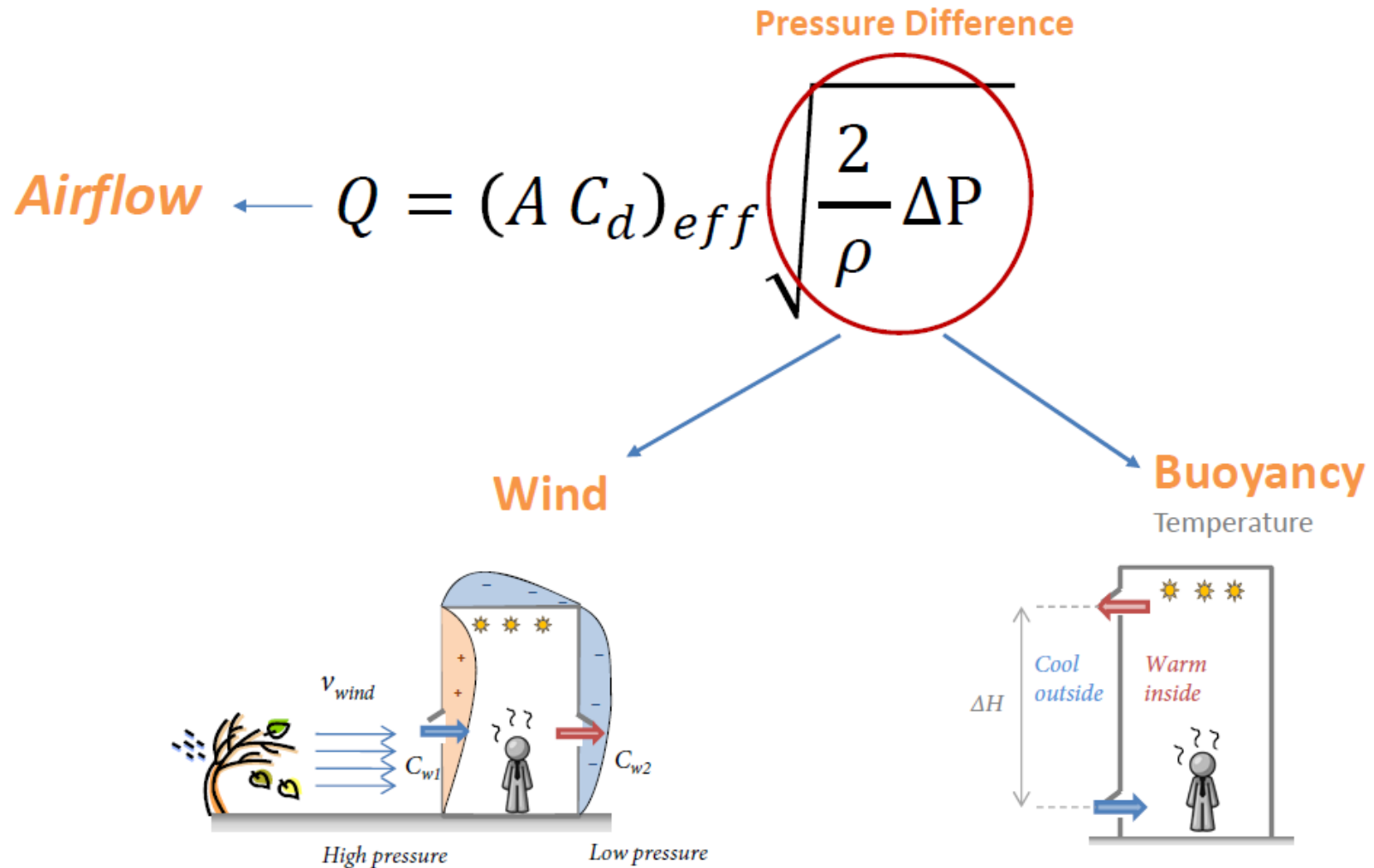
**Area effective**

- Opening Area [m<sup>2</sup>]
- Discharge Coefficient [~0.6]

×

**Pressure Difference**  
inside and outside

# Driving Forces for Airflow in Buildings



# Driving Forces for Airflow in Buildings

Pressure Difference

*Airflow* ←  $Q = (A C_d)_{eff} \sqrt{\frac{2}{\rho} \Delta P}$

**Wind**

**Buoyancy**

$$Q_w = (A C_d)_{eff} v_w \sqrt{C_{w1} - C_{w2}}$$

$$Q_B = (A C_d)_{eff} \sqrt{g 2 \Delta H \frac{\Delta T}{T_{in}}}$$

# Buoyancy



# Hydrostatic Pressure

$$P = h \times g \times \rho + P_a \text{ hydrostatic pressure}$$

Where:

$g$  = gravitational acceleration =  $9.81 \text{ m/s}^2$

$h$  = depth under water [m]

$\rho$  = density of water  $\text{kg/m}^3$

$P_a$  = Atmospheric Pressure

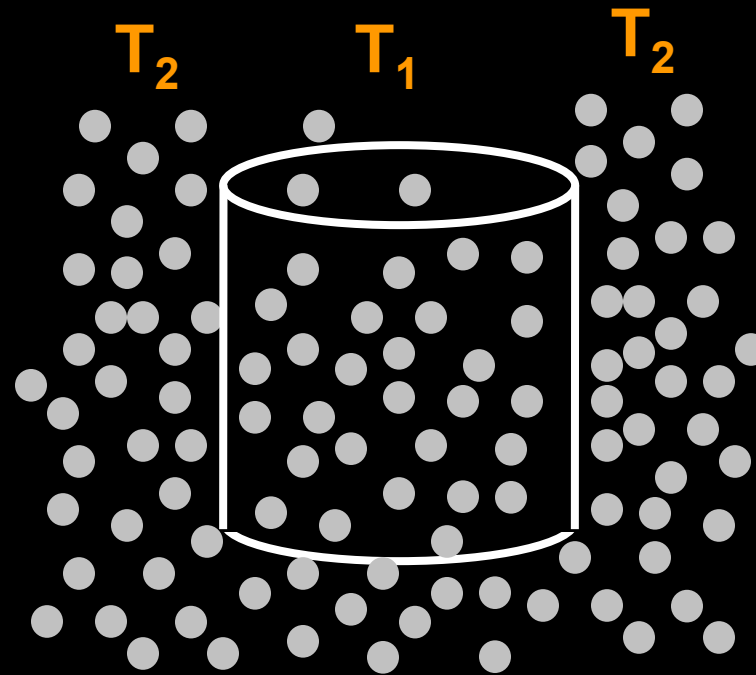
- Think of a diver under water.
- Same as water, the weight of the atmosphere also exerts pressure on objects at sea level.



Photo courtesy of [Mario R](#) on Flickr. License CC BY-NC-SA.

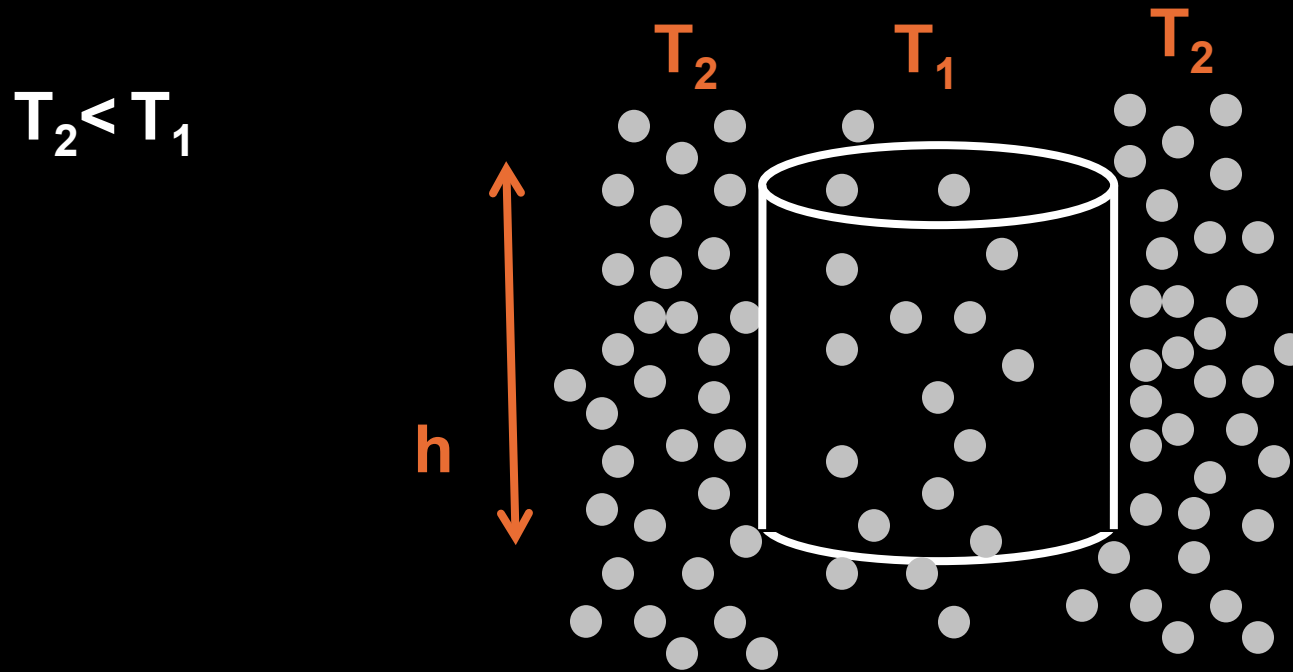
# Air Flow - Stack Effect (Chimney Effect)

$$T_2 = T_1$$



What happens to the air in the cylinder?

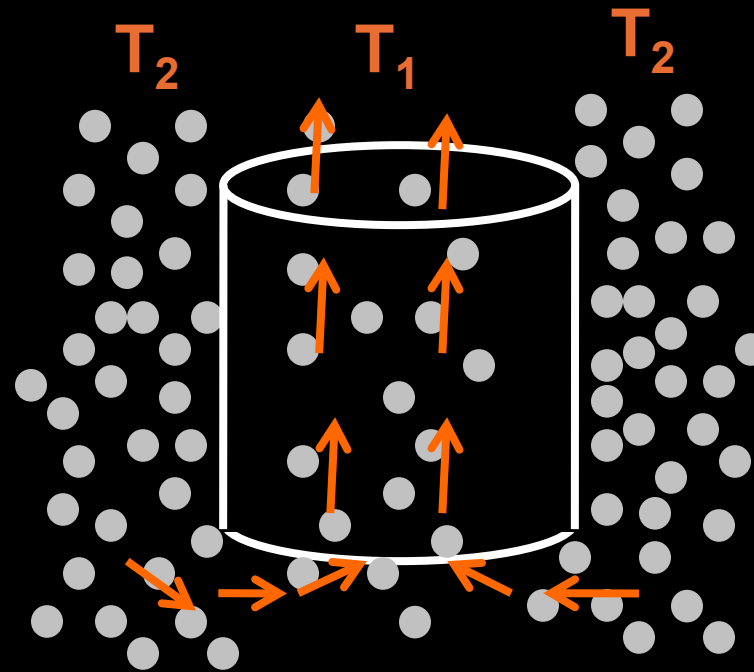
# Air Flow - Stack Effect (Chimney Effect)



Warm air has a lower density than colder air (more particle movements => less particles per space).

# Air Flow - Stack Effect (Chimney Effect)

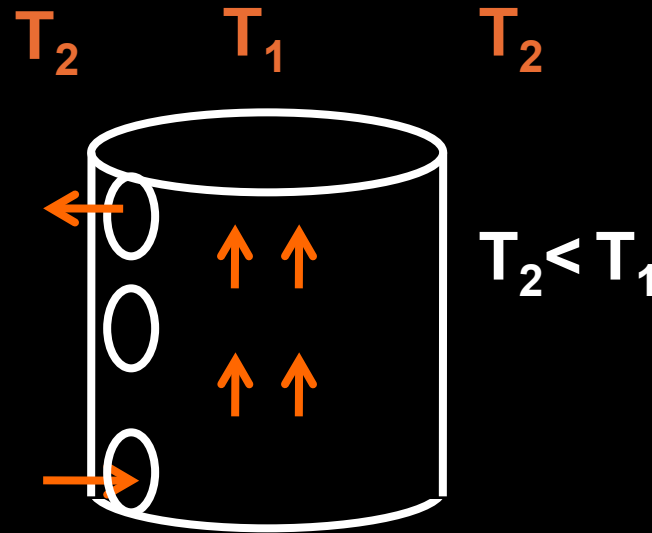
$$T_2 < T_1$$



In a cylinder with heated inside air the warmer/lighter inside air rises and the cooler/heavier air flow in through the bottom opening.

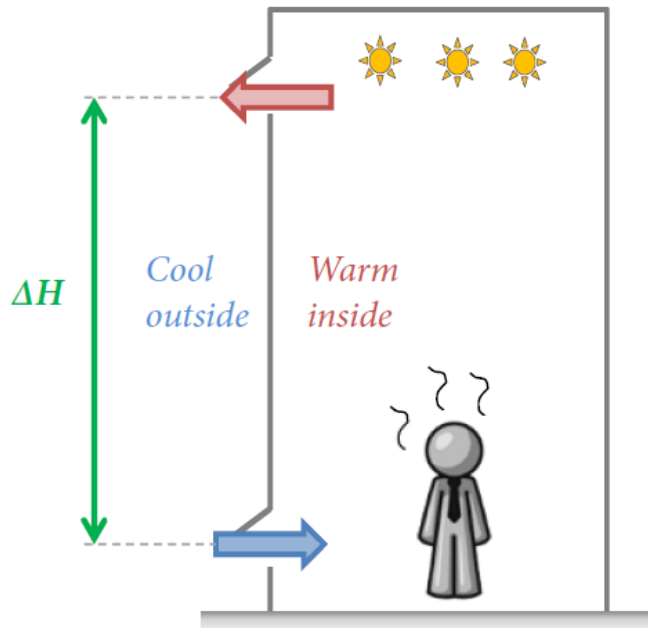
# Air Flow - Stack Effect (Chimney Effect)

Now think of the **cylinder as a building**. There will be one height at which there is no pressure difference between the outside and the inside. This is called the **neutral pressure level**.



During the winter the inside temperature is higher than the ambient temperature and the base of the building is depressurized whereas the top is pressurized. During the summer the relationship is reversed. As a consequence basements draw in cool air in the winter. During the summer moist air from the main living areas is pushed into the basement, which tends to be cooler than the rest of the house, which may in turn lead to condensation. The consequence is that dehumidifiers are often needed in basements in air-conditioned buildings.

# Stack Ventilation



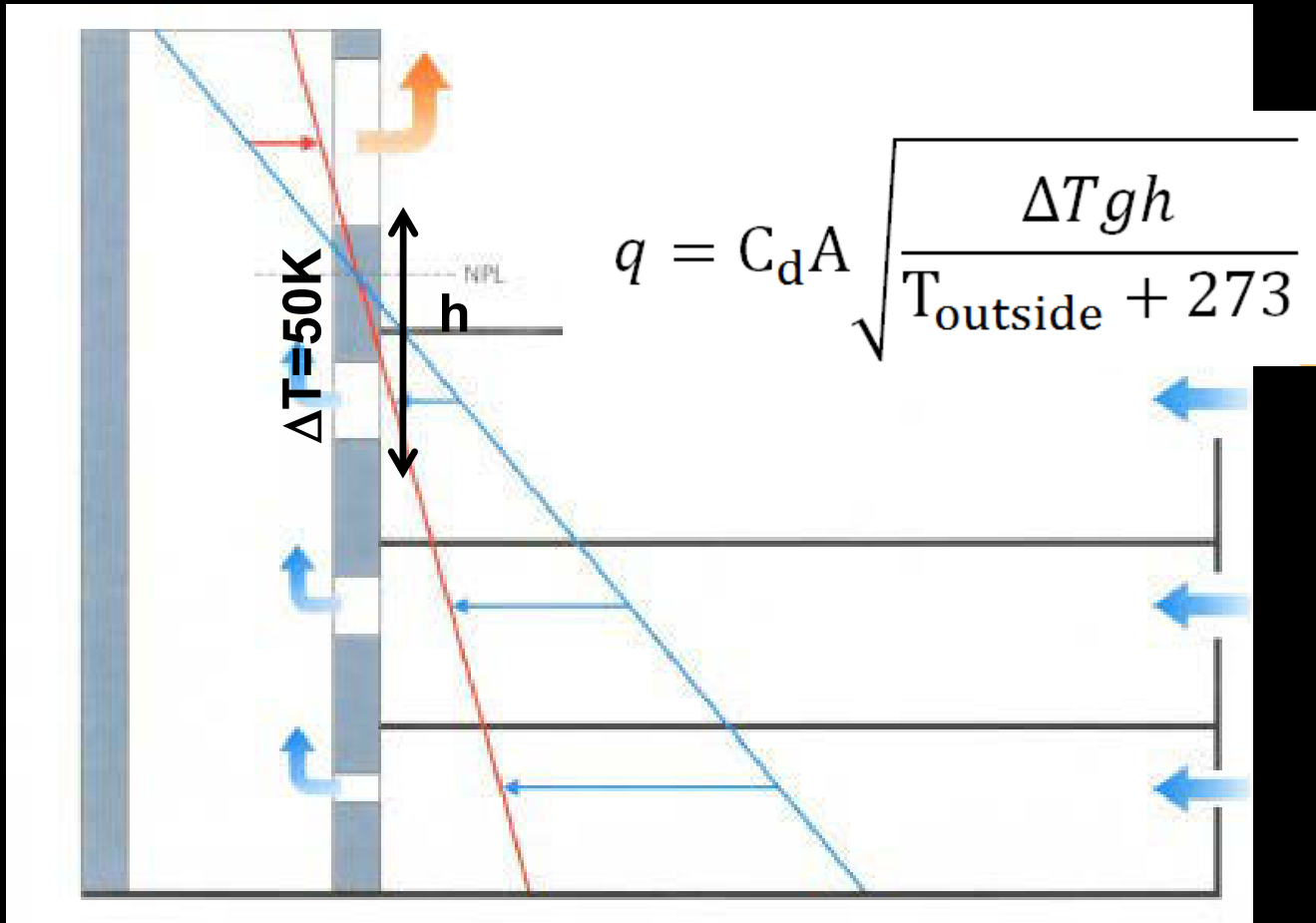
## Basic strategies

1. Maximize distance between inlet and exhaust (i.e. shafts, tall windows, vertically spaced openings)
2. Maximize inlet and exhaust area, minimize obstructions
3. Maximize heat gains inside *unoccupied spaces* using a solar chimney

$$Q_B = (AC_d)_{eff} \sqrt{g 2 \Delta H \frac{\Delta T}{T_{in}}}$$

Flowrate  $\sim A_{\text{openings/obstructions}} \sqrt{\Delta H * \text{heat gains}}$

# Principle of a Solar Chimney



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- Superheat the air in the solar chimney.
- Increase the height difference between air intake and exhaust.
- Move the neutral pressure level up.
- An effective stack is **twice as tall** as the tallest space it is ventilating.
- Stack can be interior (atrium) or exterior (chimney).

# BRE Environmental Building

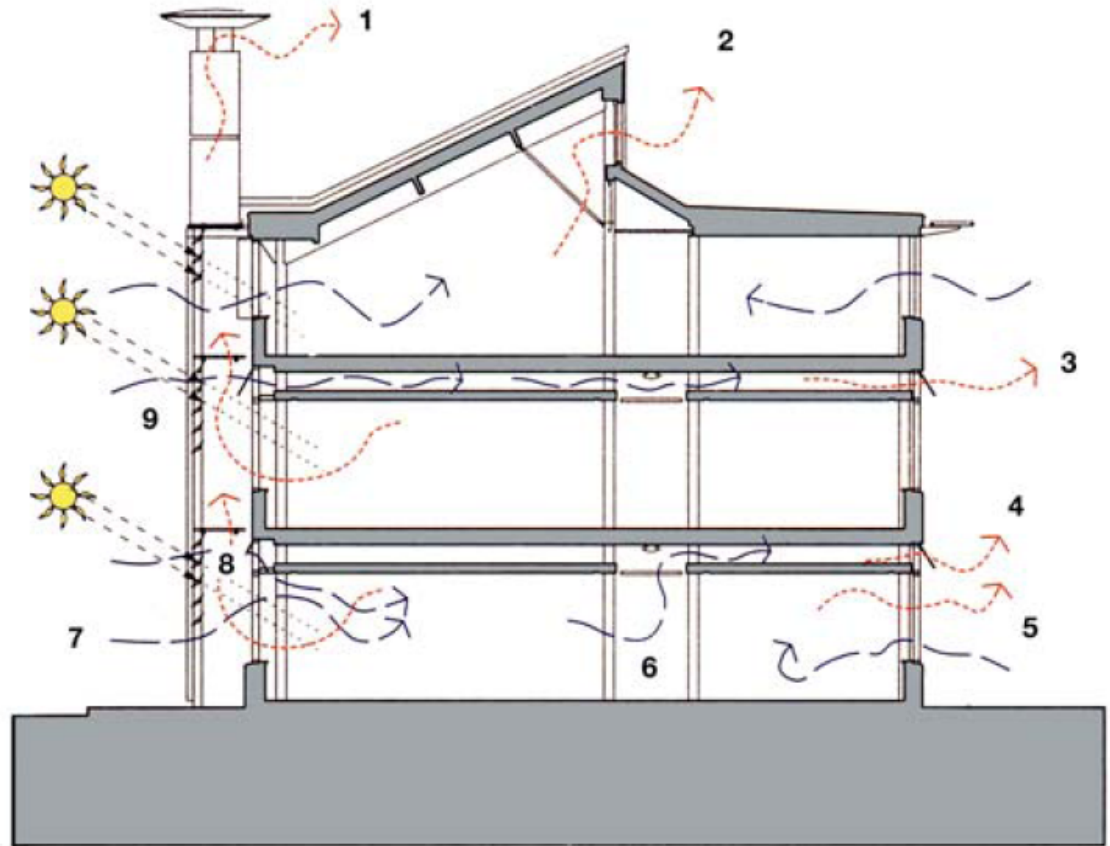
Architecture: Feilden Clegg Bradley Studios  
Image deleted due to copyright restrictions.



# BRE Environmental Building

## Office cross-section

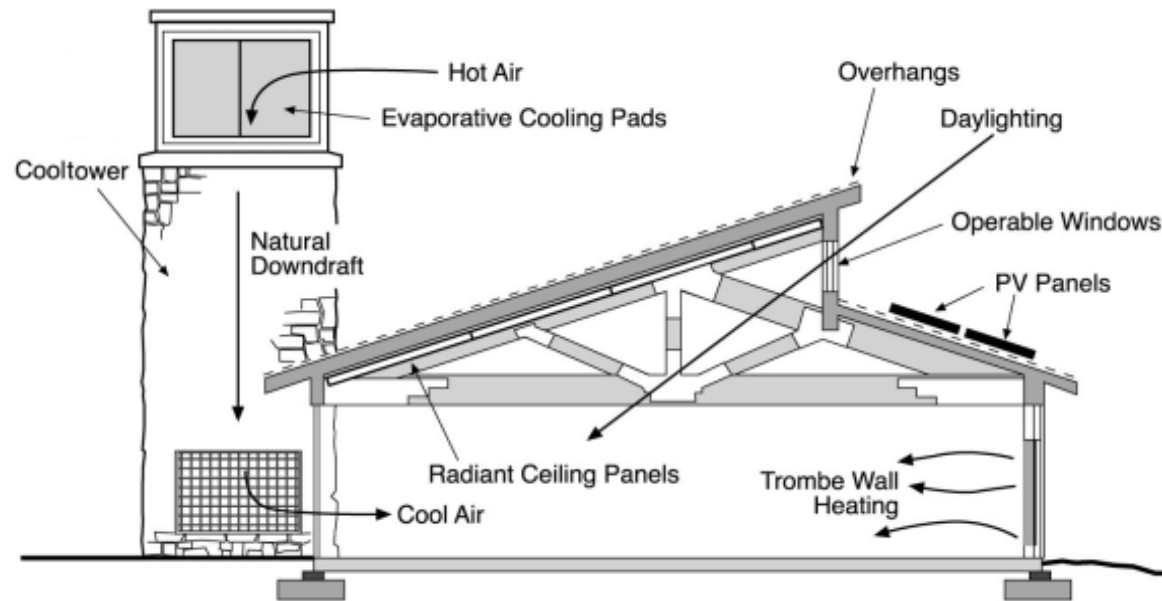
- 1 Stack ventilation for hot still conditions
- 2 High level BMS controlled ventilation
- 3 Night time purge through slab
- 4 Cross-ventilation bypass over cellular offices
- 5 Cellular office single sided ventilation
- 6 Corridor cross over zone
- 7 Low level manually operated windows
- 8 High level motorised windows
- 9 Motorised external glass shading louvres



Architecture: Feilden Clegg Bradley Studios.

Image courtesy of Feilden Clegg Bradley Studios. Used with permission.

# Evaporative Downdraft Cooling Tower

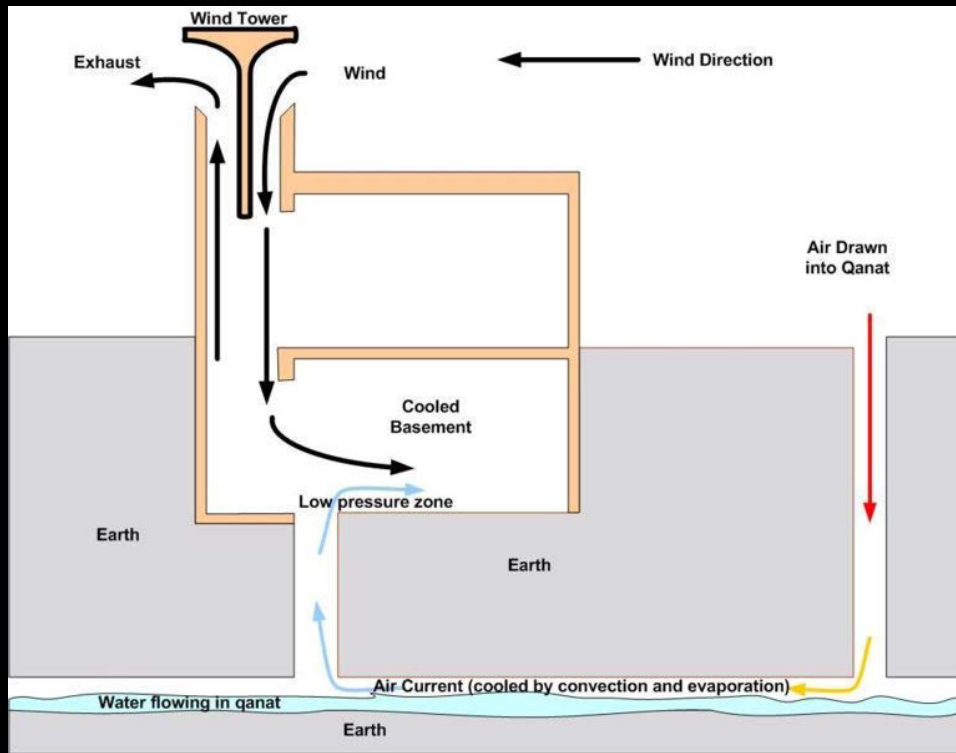


Visitor Center, Zion National Park (environmental design by NREL)  
Left: photo courtesy of [J. Stephen Conn](#) on Flickr. License: CC BY-NC.

Right: public domain image courtesy of NREL.

# Wind Catcher

Photo courtesy of [Matt Werner](#) on Flickr. License: CC BY-NC-SA.



Wind Tower and Qanat



Wind catcher in Dowlat-abad, Yazd, Iran

- Open the leeward side for updraft (works together with stack effect)
- Open the windward side for downdraft (works against the stack effect)
- Qanat (water reservoir) further cools and humidifies the air

# Calculation Procedures

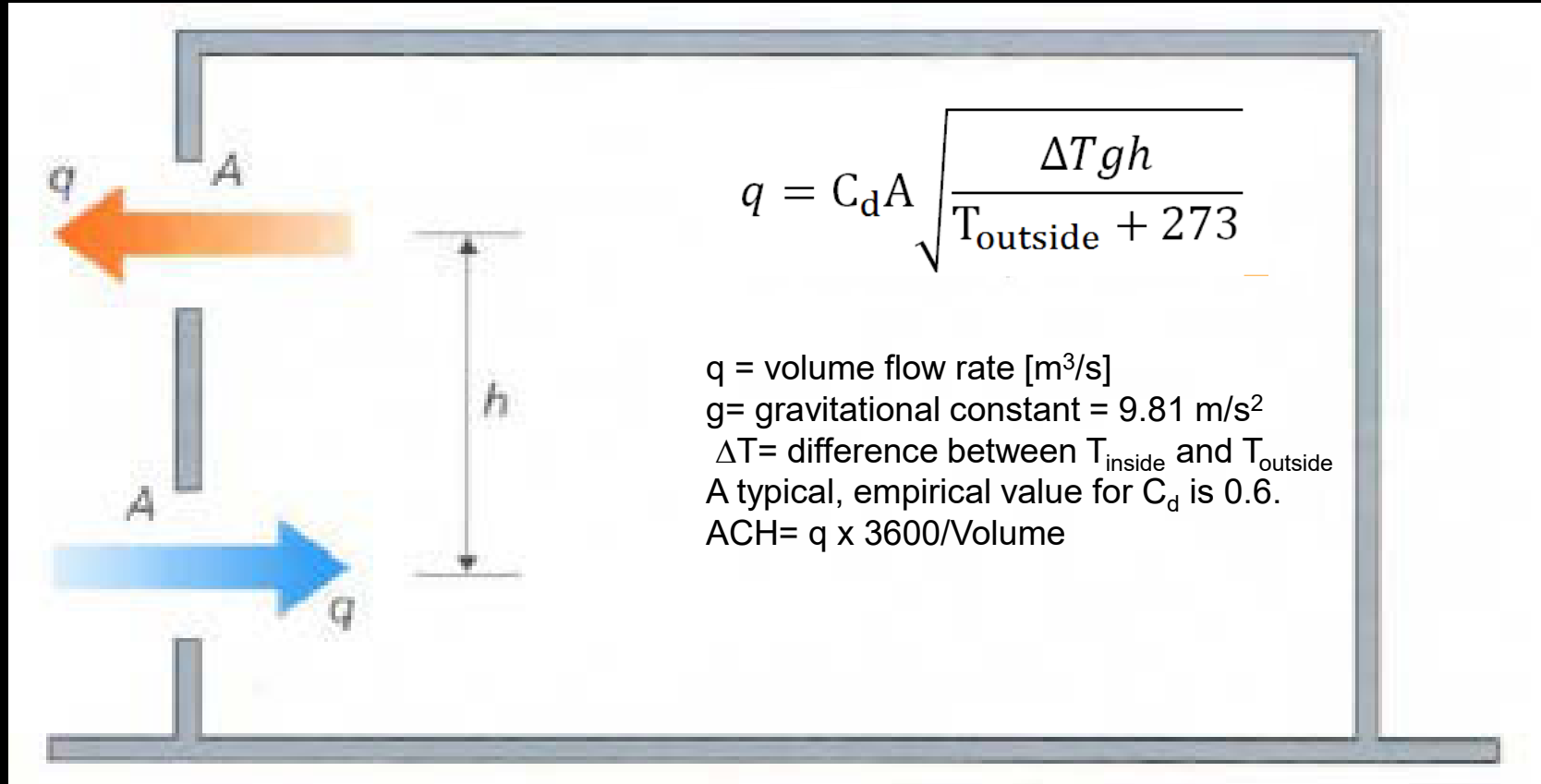
The previous slides have shown that following the air exchange rate is a key component in defining the cooling load of a natural ventilation concept.

There are a series of different calculation procedures that can be used to estimate air exchange rates in naturally ventilated spaces:

- Envelope flow models (semi-empirical models)
- Computational fluid dynamics (CFD)
- Combined thermal and ventilation models
- Physical scale models

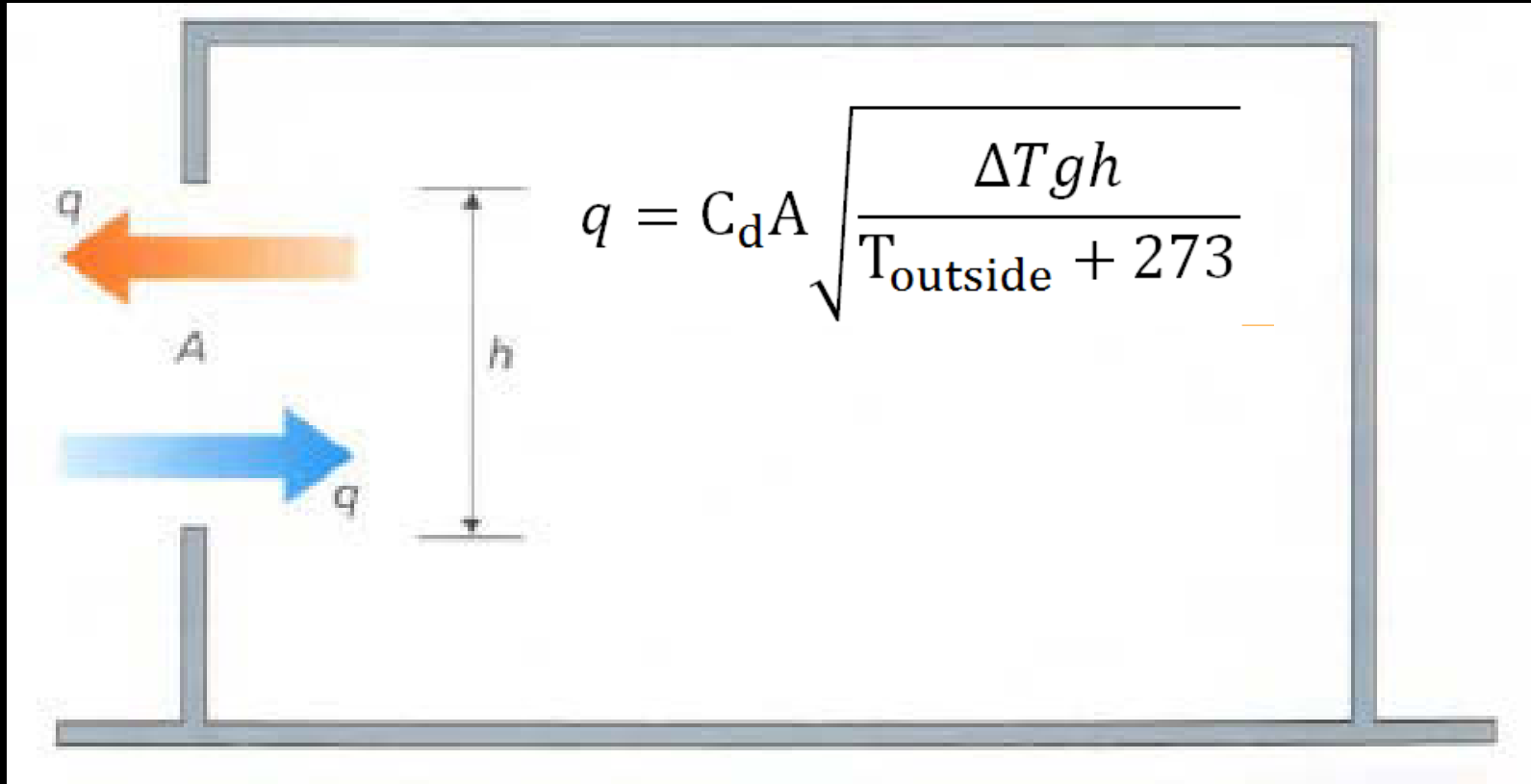
In the following slides, several envelope flow models are presented.

# Air Flow – Single sided, two vents, buoyancy driven



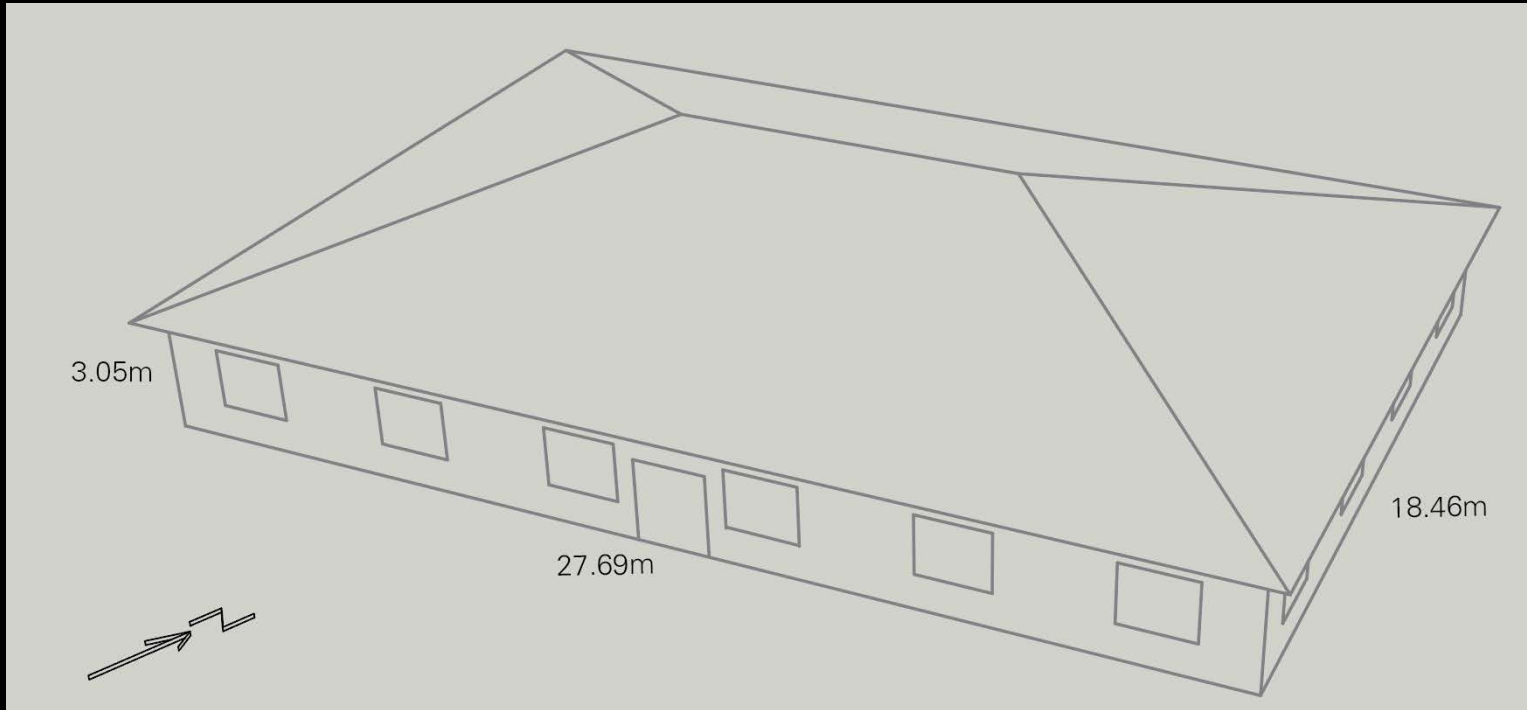
The concept only works if it is warmer inside than outside and if (in a side-vented space) the room depth is less than about **2.5 times** the window head height. In a space with vents on both sides the depth may be increased up to **5 times** the window head height.

# Air Flow – Single sided, single vent, buoyancy driven



A typical value for  $C_d$  is 0.25 as air only enters through parts of the window. This is an empirical formula.

# Example – DOE Benchmark Building



Assuming

$$T_{\text{outside}} = 27^{\circ} \text{C}$$

$$T_{\text{inside}} = 24^{\circ} \text{C}$$

$$A_{\text{windows}} = 2.4 \text{ m}^2$$

$$C_d = 0.25$$

$$q = C_d A \sqrt{\frac{\Delta T g h}{T_{\text{outside}} + 273}}$$

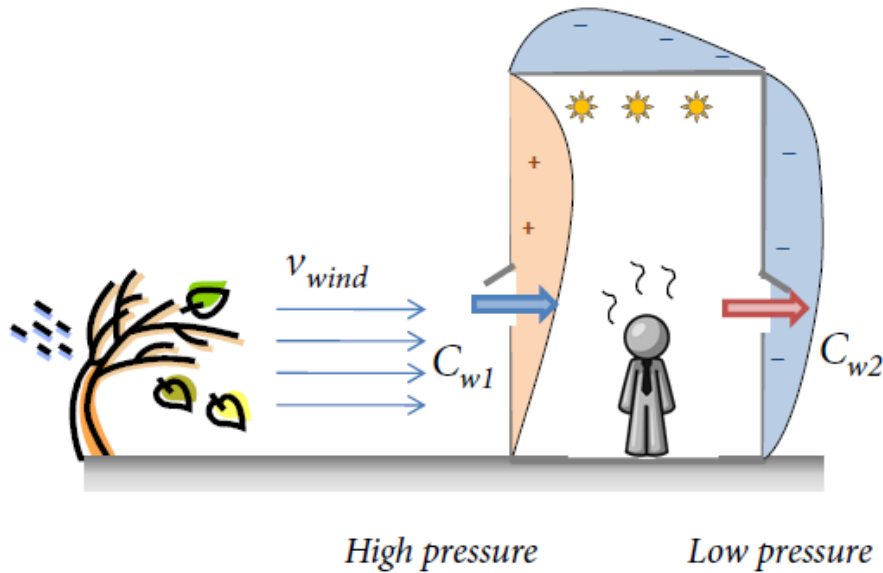
$$q = 0.25 \times 55.8 \text{ m}^2 \times \text{sqrt}(3\text{K} * 9.81 \text{ ms}^{-2} \times 1.5 \text{ m} / 297\text{K})$$
$$= 5.4 \text{ m}^3\text{s}^{-1}$$

$$\text{ACH} = 5.4 \text{ m}^3\text{s}^{-1} \times 3600 \text{ s/h} / 1559 \text{ m}^3$$
$$= 12.5 \text{ h}^{-1}$$

**Wind**



# Wind Driven Ventilation



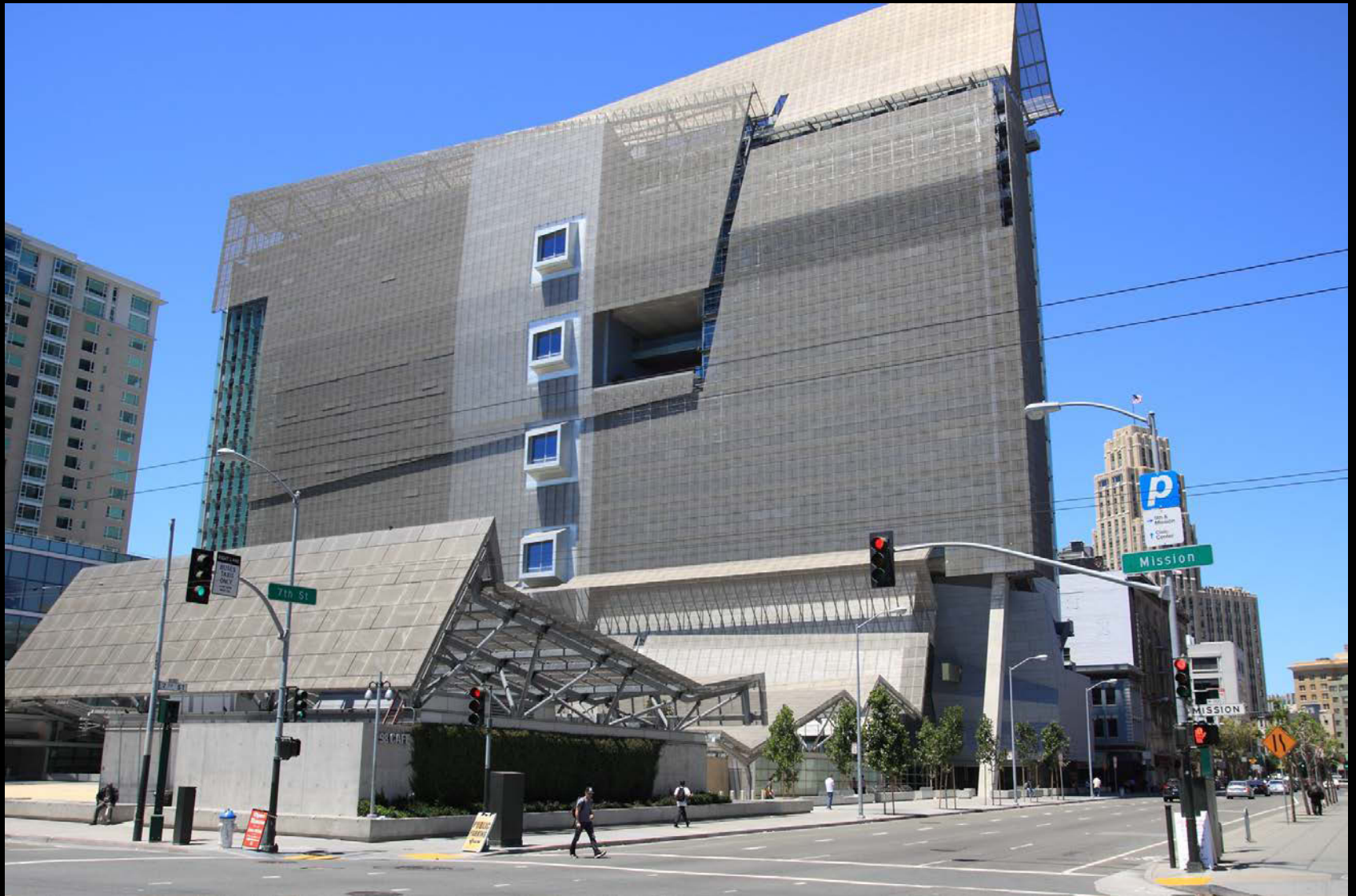
## Basic strategies

1. Maximize exposure to wind
2. Maximize inlet and exhaust area
3. Minimize obstructions

$$Q_w = (AC_d)_{eff} v_w \sqrt{C_{w1} - C_{w2}}$$

Flowrate  $\sim$   $A_{openings/obstructions}$   $v_{wind}$   $\sqrt{(C_{w1} - C_{w2})}$

# Wind Driven Ventilation- Case Studies



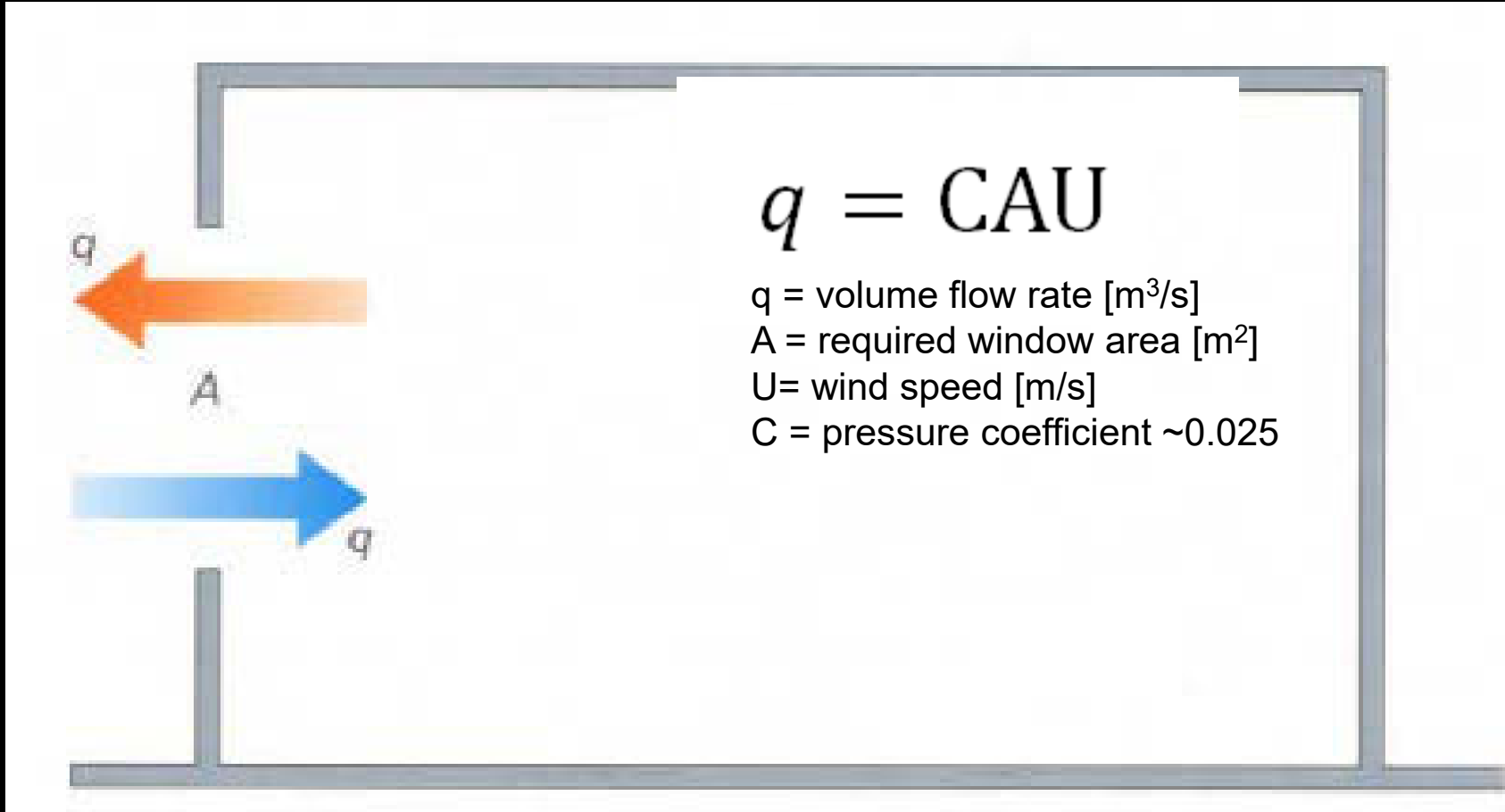
Thom Mayne - Federal Building - San Francisco

Photo courtesy of [Stuart Hamilton](#) on Flickr. License: CC BY-NC-SA.

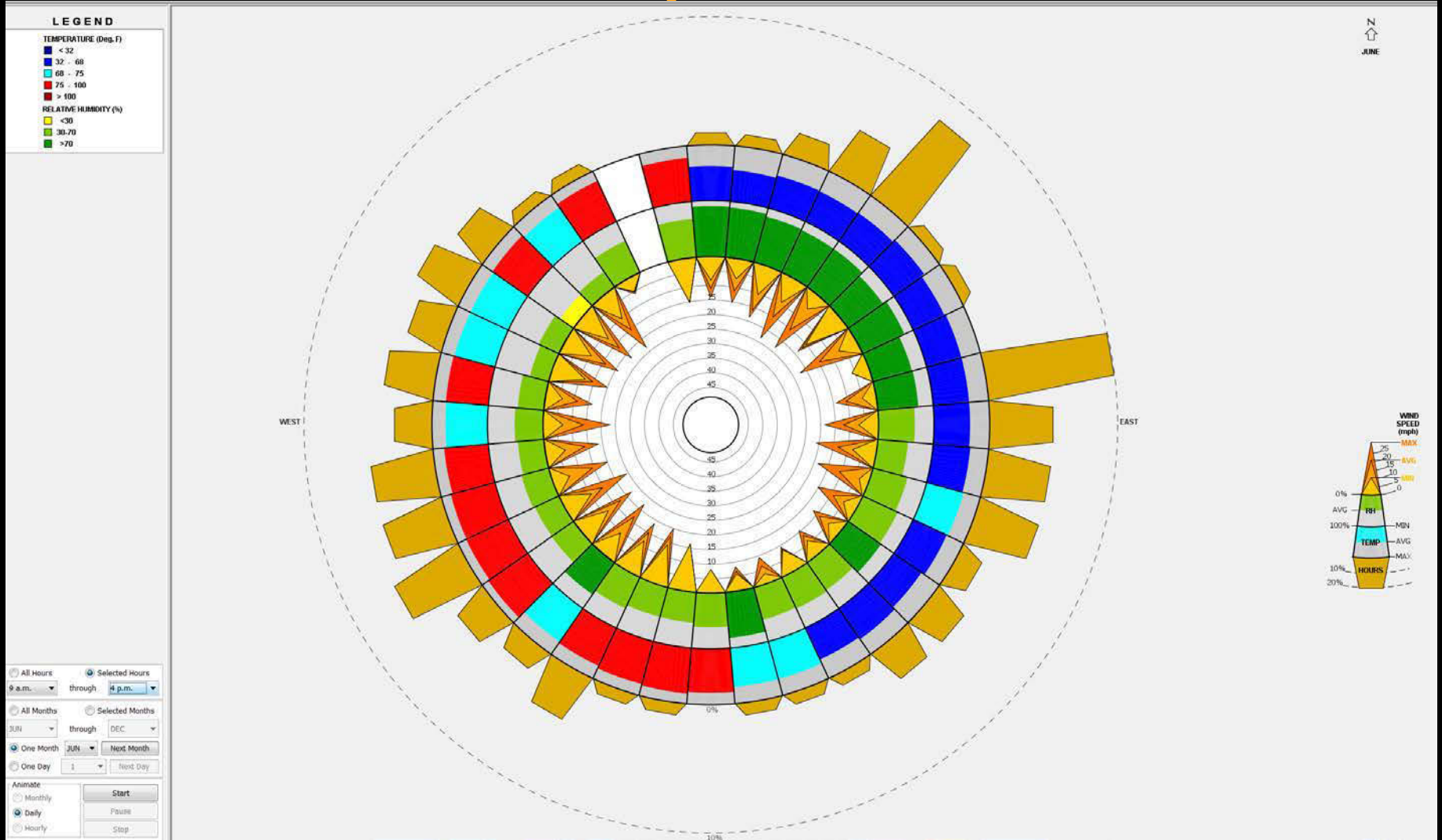
# Wind Driven Ventilation- Case Studies

Carrilho da Graça G.; Linden P. F.; McConahey E.; Haves P. , 2003, "DESIGN AND TESTING OF A CONTROL STRATEGY FOR A LARGE, NATURALLY VENTILATED OFFICE BUILDING," Building Simulation 2003, Eindhoven, The Netherlands, pp. 399-407

# Air Flow – Single sided, single vent, wind driven



# Mean outside wind speed & direction



The wind is primarily coming from west and east.

# Local Pressure Coefficients

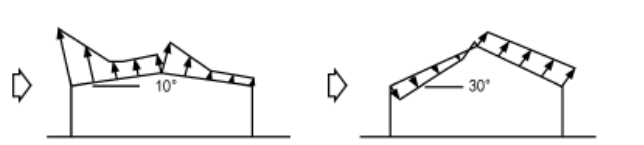
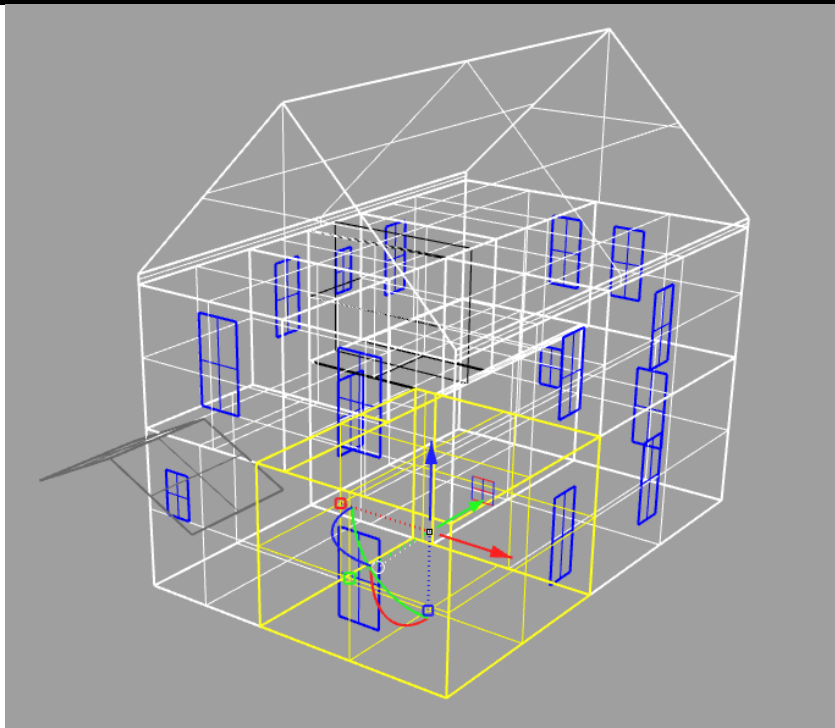
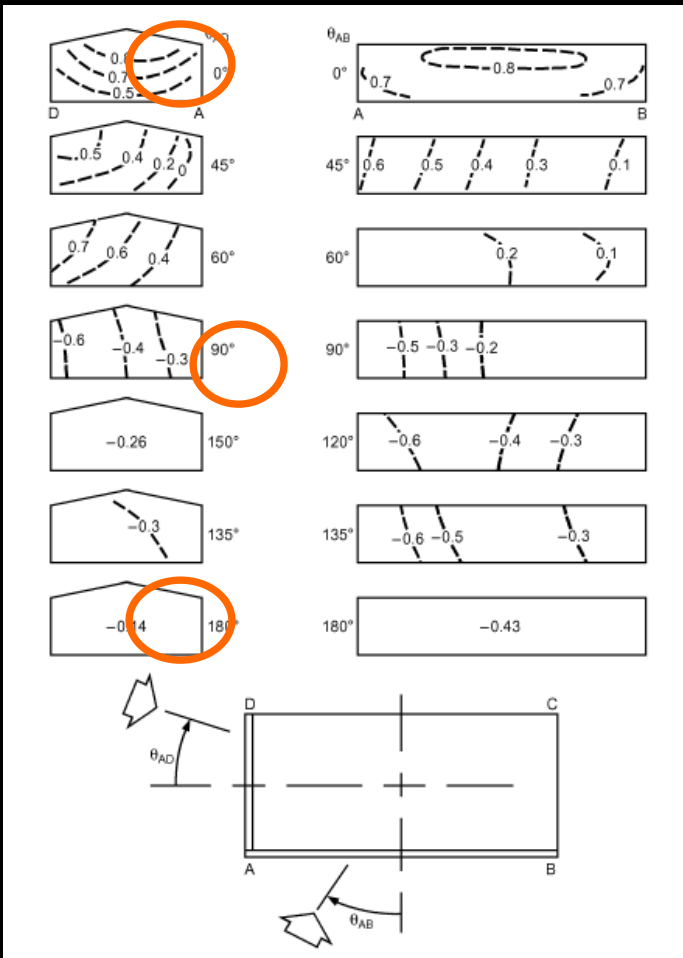


Fig. 8 Local Roof Pressure Coefficients for Roof of Low-Rise Buildings (Holmes 1986)

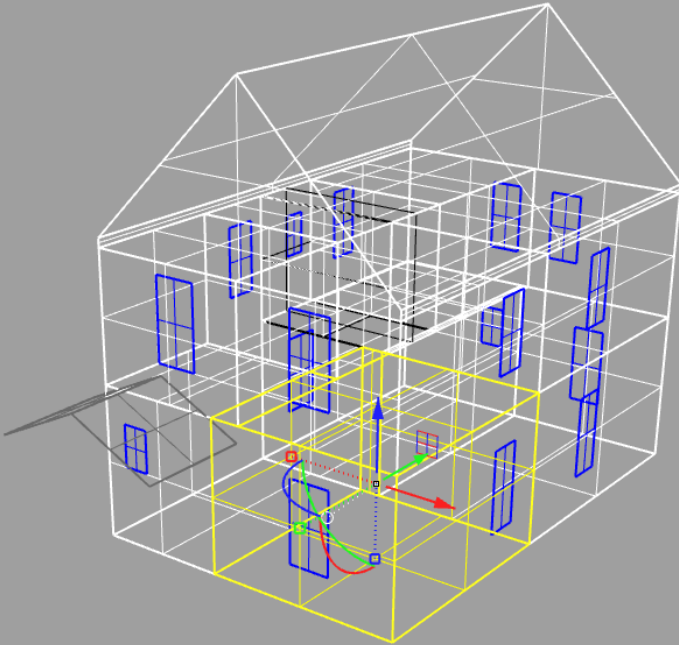
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Wind from west  
 $C_{East} = -0.3$   
 $C_{North} = -0.14$   
 $\Delta C = 0.16$

Wind from east  
 $C_{West} = 0.5$   
 $C_{North} = -0.3$   
 $\Delta C = 0.8$



# Example – New England Home



$$q = CAU$$

## Wind from West

$$q = 0.16 \times 1.2 \text{ m}^2 \times 7 \text{ ms}^{-1}$$
$$= 1.3 \text{ m}^3\text{s}^{-1}$$

$$\text{ACH} = 3.12 \text{ m}^3\text{s}^{-1} \times 3600 \text{ s/h} / 53 \text{ m}^3$$
$$= 91 \text{ h}^{-1}$$

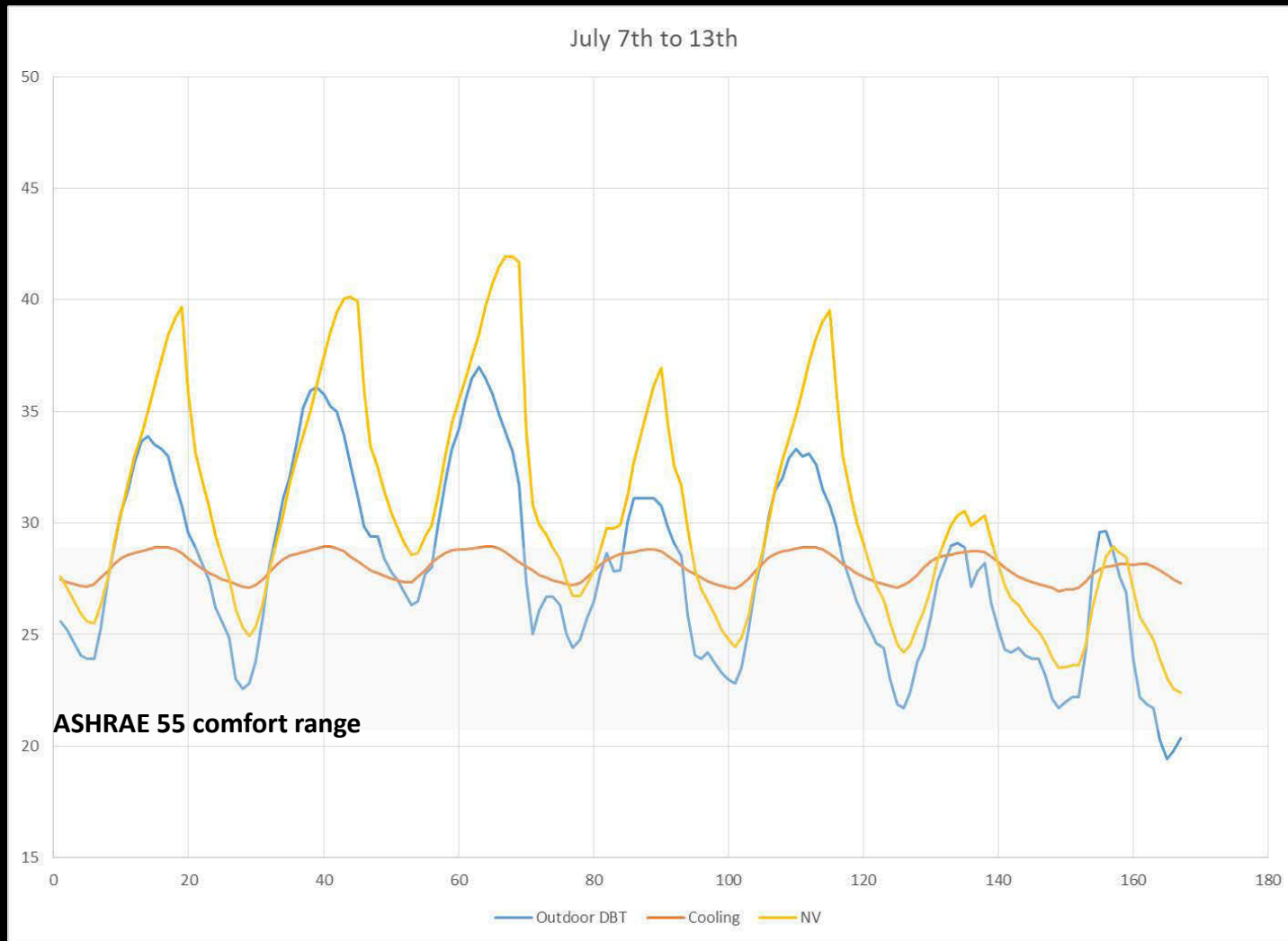
## Wind from East

$$q = 0.8 \times 1.2 \text{ m}^2 \times 7 \text{ ms}^{-1}$$
$$= 6.7 \text{ m}^3\text{s}^{-1}$$

$$\text{ACH} = 3.12 \text{ m}^3\text{s}^{-1} \times 3600 \text{ s/h} / 53 \text{ m}^3$$
$$= 456 \text{ h}^{-1}$$

If there is wind there is plenty of air exchange.

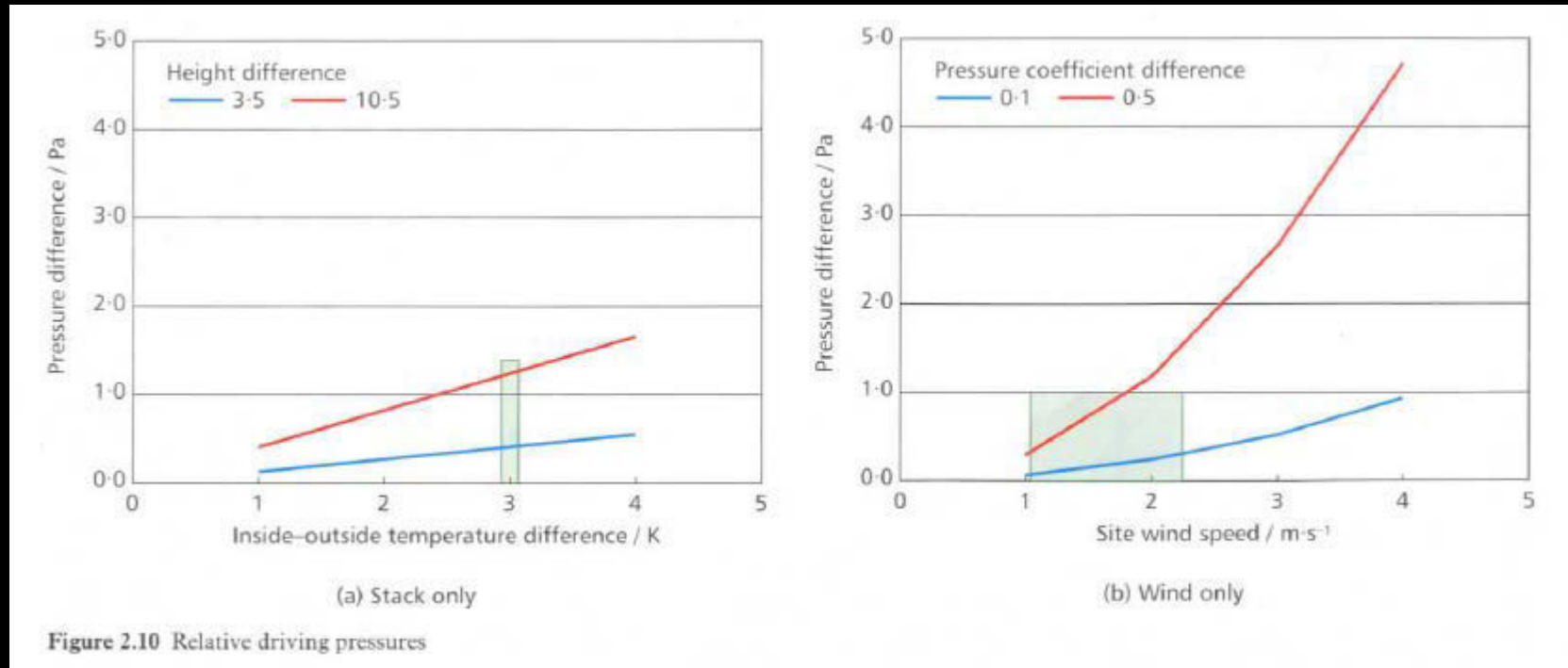
# Simulated Natural Ventilation Summer Design Week



NV cannot maintain thermal comfort during the summer design week since the outside air is too hot.



# Wind vs. Stack Effect



- ❑ Wind tends to be an **order of magnitude larger** than buoyancy.
- ❑ Stack does not rely on wind and therefore can take place on **still, hot summer days** when it is most needed. Stack is a relatively stable air flow (compared to wind) and offers greater flexibility in choosing areas of air intake. It relies on temperature differences (inside/outside).
- ❑ Stack may incur extra costs (ventilator stacks, taller spaces).
- ❑ Both effects are **difficult to predict** in urban settings due to microclimatic effects.

# Barriers to the application of natural ventilation

## During design

- Building and fire regulations
- Need for acoustic protection
- Designing a naturally ventilated building requires more work but can reduce mechanical system (design fee on a fixed percentage of system's cost)
- Increased risk for design team (occupant behavior)
- Difficult to predict pattern of use
- Devices for shading, privacy & daylighting may hamper the free flow of air
- Problems with automatic controls in openings

## During operation

- Occupants not understanding the system
- Safety concerns
- Noise from outdoors
- Dust and air pollution
- Solar shading covering the openings

# Questions?



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